

Start List - 10000m Men - Heat A

| Nr | Bib | LastName | FirstName | DOB | Country |
|----|-----|-------------------|--------------|------------|---------|
| 1 | 1 | Chatbi | Jamel | 4/30/1984 | ITA |
| 2 | 2 | Pfeiffer | Hendrik | 3/18/1993 | GER |
| 3 | 3 | Penas | Manuel Ángel | 11/9/1977 | ESP |
| 4 | 4 | Mandour | Yassine | 1/21/1985 | FRA |
| 5 | 5 | Girmalegese | Mert | 11/30/1987 | TUR |
| 6 | 6 | Platonau | Siarhei | 12/12/1990 | BLR |
| 7 | 7 | Ribas | Ricardo | 10/8/1977 | POR |
| 8 | 8 | Bommier | Timothée | 10/11/1986 | FRA |
| 9 | 9 | Alaiz | Roberto | 7/20/1990 | ESP |
| 10 | 10 | Marhum | Mohamed | 3/8/1991 | ESP |
| 11 | 11 | Griffiths | Dewi | 8/9/1991 | GBR |
| 12 | 12 | Chahdi | Hassan | 5/7/1989 | FRA |
| 13 | 13 | Arikan | Polat Kemboi | 12/12/1990 | TUR |
| 14 | 14 | Fernández | Alejandro | 8/8/1985 | ESP |
| 15 | 15 | Romanenko | Roman | 1/30/1988 | UKR |
| 16 | 16 | Koyuncu | Kemal | 1/25/1985 | TUR |
| 17 | 17 | Costa | Tiago | 8/8/1988 | POR |
| 18 | 18 | Akkaş | Halil | 7/1/1983 | TUR |
| 19 | 19 | El Mazoury | Ahmed | 3/15/1990 | ITA |
| 20 | 20 | Silva | Rui Pedro | 5/6/1981 | POR |
| 21 | 21 | Kaya | Ali | 4/20/1994 | TUR |
| 22 | 22 | Lashyn | Dmytro | 2/17/1988 | UKR |
| 23 | 23 | Hawkins | Callum | 6/22/1992 | GBR |
| 24 | 24 | Akkoyun | Mehmet | 2/28/1989 | TUR |
| 25 | 29 | Kipchirchir Komen | Daniel | 11/27/1984 | KEN |
| 26 | 30 | Wolde | Dawit | 5/10/1991 | ETH |

Start List - 10000m Men - Heat B

| Nr | Bib | LastName | FirstName | DOB | Country |
|----|-----|---------------|-------------------|------------|---------|
| 1 | 31 | Moreira | José | 8/20/1975 | POR |
| 2 | 32 | Slavinski | Illia | 8/2/1984 | BLR |
| 3 | 33 | Këllëzi | Ilir | 7/8/1988 | ALB |
| 4 | 34 | Kharazishvili | Daviti | 4/24/1992 | GEO |
| 5 | 35 | Buttazzo | Gian Marco | 8/23/1977 | ITA |
| 6 | 36 | Rahautsou | Stsiapan | 5/29/1986 | BLR |
| 7 | 37 | Kocourek | Milan | 12/6/1987 | CZE |
| 8 | 38 | Soare | Nicolae Alexandru | 8/25/1991 | ROU |
| 9 | 39 | Prodius | Roman | 4/12/1981 | MDA |
| 10 | 40 | Heletiy | Ihor | 10/17/1982 | UKR |
| 11 | 41 | Cominotto | Manuel | 12/18/1990 | ITA |
| 12 | 42 | Pankratau | Maksim | 2/8/1988 | BLR |
| 13 | 43 | Ribeiro | Pedro | 3/25/1981 | POR |
| 14 | 44 | Hynes | Matthew | 1/15/1988 | GBR |
| 15 | 45 | Ajanovski | Kokan | 1/17/1982 | MKD |
| 16 | 46 | Nikolov | Iolo | 2/4/1984 | BUL |
| 17 | 47 | Lejeune | Emmanuel | 6/29/1992 | BEL |
| 18 | 48 | Zanatta | Paolo | 4/10/1982 | ITA |
| 19 | 49 | Strebkov | Ivan | 9/28/1991 | UKR |
| 20 | 50 | Courcieres | Romaln | 3/23/1987 | FRA |

Start List - 10000m Women - Heat A

| Nr | Bib | LastName | FirstName | DOB | Country |
|----|-----|-------------|--------------|------------|---------|
| 1 | 102 | Traby | Laila | 3/26/1979 | FRA |
| 2 | 103 | Lewandowska | Iwona | 2/19/1985 | POL |
| 3 | 104 | Holovchenko | Tetyana | 2/13/1980 | UKR |
| 4 | 106 | Calvin | Clémence | 5/17/1990 | FRA |
| 5 | 107 | Jenni | Mirja | 4/10/1976 | SUI |
| 6 | 108 | Skrypak | Olha | 12/2/1990 | UKR |
| 7 | 109 | Pereira | Cláudia | 2/20/1976 | POR |
| 8 | 110 | González | Paula | 5/2/1985 | ESP |
| 9 | 111 | Rocha | Carla Salomé | 4/25/1990 | POR |
| 10 | 112 | Partridge | Lily | 3/9/1991 | GBR |
| 11 | 113 | Rodríguez | Lidia | 5/26/1986 | ESP |
| 12 | 114 | Moreira | Sara | 10/17/1985 | POR |
| 13 | 115 | Auckland | Rhona | 5/11/1993 | GBR |
| 14 | 116 | Barrachina | Gema | 4/10/1986 | ESP |
| 15 | 117 | Jarzynska | Karolina | 9/6/1981 | POL |
| 16 | 118 | Augusto | Jessica | 11/8/1981 | POR |
| 17 | 119 | Erdélyi | Zsófia | 12/10/1987 | HUN |
| 18 | 120 | Barros | Marisa | 2/25/1980 | POR |
| 19 | 121 | Balciunaite | Zivile | 4/3/1979 | LTU |
| 20 | 135 | Ribeiro | Sara | 5/31/1990 | POR |
| 21 | 130 | Kimutai | Alice | 9/7/1992 | KEN |

Start List - 10000m Women - Heat B

| Nr | Bib | LastName | FirstName | DOB | Country |
|----|-----|----------------|-----------------|------------|---------|
| 1 | 131 | Nowakowska | Dominika | 1/25/1985 | POL |
| 2 | 132 | KOSTOVA | Rosica | 1/14/1981 | MKD |
| 3 | 133 | Funten | Laure | 2/20/1988 | FRA |
| 4 | 134 | Widmer | Jasmin | 10/19/1988 | SUI |
| 5 | 136 | Burri | Livia | 1/27/1987 | SUI |
| 6 | 137 | Baierl | Anita | 6/18/1988 | AUT |
| 7 | 138 | Roffino | Valeria | 4/9/1990 | ITA |
| 8 | 139 | Büyükbezgin | Burcu | 9/15/1991 | TUR |
| 9 | 140 | Pinna | Claudia | 12/4/1977 | ITA |
| 10 | 141 | Florea | Monica Madalina | 2/3/1993 | ROU |
| 11 | 142 | Preibischová | Monika | 8/4/1985 | CZE |
| 12 | 143 | Drazdauskaite | Rasa | 3/20/1981 | LTU |
| 13 | 144 | García | Alba | 11/23/1983 | ESP |
| 14 | 145 | Polat-Karakaya | Dudu | 11/11/1985 | TUR |
| 15 | 146 | Danci | Liliana | 6/18/1990 | ROU |
| 16 | 147 | Nosenko | Anna | 10/1/1988 | UKR |
| 17 | 148 | Epis | Giovanna | 6/11/1988 | ITA |
| 18 | 149 | Bartholomew | Hanna | 3/14/1983 | SWE |
| 19 | 150 | Kiraz | Ümmü | 9/27/1982 | TUR |
| 20 | 151 | Khapilina | Viktoriya | 4/23/1992 | UKR |
| 21 | 129 | Cheptegei | Rebeca | 2/22/1991 | UGA |

10,000m WOMEN
TEAM RESULTS**1 Team: POR****Score: 1:36:53.43**

| Pos. | Bib | Name | DOB | Time |
|------|-----|------------------------|------------|----------|
| | 2 | 118 Augusto Jessica | 11/8/1981 | 31:55.56 |
| | 3 | 114 Moreira Sara | 10/17/1985 | 32:01.42 |
| | 7 | 135 Ribeiro Sara | 5/31/1990 | 32:56.45 |
| (11) | | 111 Rocha Carla Salomé | 4/25/1990 | 33:27.46 |
| (18) | | 120 Barros Marisa | 2/25/1980 | 34:13.59 |
| (22) | | 109 Pereira Cláudia | 2/20/1976 | 34:25.23 |

2 Team: FRA**Score: 1:39:34.38**

| Pos. | Bib | Name | DOB | Time |
|------|-----|---------------------|-----------|----------|
| | 1 | 106 Calvin Clémence | 5/17/1990 | 31:52.86 |
| | 6 | 102 Traby Laila | 3/26/1979 | 32:29.75 |
| | 29 | 133 Funten Laure | 2/20/1988 | 35:11.77 |

3 Team: ESP**Score: 1:40:16.15**

| Pos. | Bib | Name | DOB | Time |
|------|-----|---------------------|------------|----------|
| | 5 | 116 Barrachina Gema | 4/10/1986 | 32:25.07 |
| | 15 | 113 Rodríguez Lidia | 5/26/1986 | 33:51.61 |
| | 16 | 110 González Paula | 5/2/1985 | 33:59.47 |
| (25) | | 144 García Alba | 11/23/1983 | 34:34.04 |

4 Team: UKR**Score: 1:40:19.99**

| Pos. | Bib | Name | DOB | Time |
|------|-----|-------------------------|-----------|----------|
| | 8 | 108 Skrypak Olha | 12/2/1990 | 33:06.10 |
| | 9 | 104 Holovchenko Tetyana | 2/13/1980 | 33:06.42 |
| | 17 | 151 Khapilina Viktoriya | 4/23/1992 | 34:07.47 |
| (27) | | 147 Nosenko Anna | 10/1/1988 | 34:53.43 |

5 Team: TUR**Score: 1:43:36.84**

| Pos. | Bib | Name | DOB | Time |
|------|-----|-------------------------|------------|----------|
| | 10 | 150 Kiraz Ümmü | 9/27/1982 | 33:10.85 |
| | 19 | 139 Büyükbezgin Burcu | 9/15/1991 | 34:19.07 |
| | 34 | 145 Polat-Karakaya Dudu | 11/11/1985 | 36:06.92 |

6 Team: ITA**Score: 1:44:32.49**

| Pos. | Bib | Name | DOB | Time |
|------|-----|---------------------|-----------|----------|
| | 23 | 140 Pinna Claudia | 12/4/1977 | 34:25.59 |
| | 26 | 138 Roffino Valeria | 4/9/1990 | 34:46.19 |
| | 31 | 148 Epis Giovanna | 6/11/1988 | 35:20.71 |

Results - 10000m Women - Heat B

| Rank | Bib | Name | Country | Lap1 | Lap2 | Lap3 | Lap4 | Lap5 | Lap6 | Lap7 | Lap8 | Lap9 | Lap10 | Lap11 | Lap12 | Lap13 | Lap14 | Lap15 | Lap16 | Lap17 | Lap18 | Lap19 | Lap20 | Lap21 | Lap22 | Lap23 | Lap24 | Finish |
|------|-----|-----------------------|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|----------|
| 1 | 150 | Kiraz Ümmü | TUR | 01:11 | 02:28 | 03:47 | 05:05 | 06:23 | 07:42 | 09:02 | 10:22 | 11:42 | 13:04 | 14:23 | 15:46 | 17:04 | 18:23 | 19:43 | 21:03 | 22:26 | 23:47 | 25:08 | 26:29 | 27:50 | 29:12 | 30:33 | 31:54 | 33:10.85 |
| 2 | 151 | Khapilina Viktoriya | UKR | 01:21 | 02:43 | 04:04 | 05:25 | 06:47 | 08:10 | 09:33 | 10:58 | 12:21 | 13:44 | 15:07 | 16:33 | 17:55 | 19:15 | 20:35 | 21:57 | 23:19 | 24:38 | 26:00 | 27:23 | 28:46 | 30:09 | 31:31 | 32:54 | 34:07.47 |
| 3 | 139 | Buyukbezgin Burcu | TUR | 01:12 | 02:28 | 03:47 | 05:06 | 06:24 | 07:43 | 09:03 | 10:22 | 11:42 | 13:04 | 14:24 | 15:46 | 17:08 | 18:33 | 19:58 | 21:23 | 22:48 | 24:14 | 25:41 | 27:11 | 28:42 | 30:09 | 31:39 | 33:05 | 34:19.07 |
| 4 | 149 | Bartholomew Hanna | SWE | 01:21 | 02:43 | 04:04 | 05:26 | 06:47 | 08:10 | 09:34 | 10:59 | 12:21 | 13:44 | 15:07 | 16:33 | 17:57 | 19:20 | 20:45 | 22:09 | 23:33 | 24:57 | 26:19 | 27:42 | 29:04 | 30:27 | 31:49 | 33:08 | 34:20.78 |
| 5 | 137 | Baierl Anita | AUT | 01:20 | 02:40 | 04:01 | 05:22 | 06:44 | 08:06 | 09:26 | 10:47 | 12:11 | 13:34 | 14:57 | 16:22 | 17:45 | 19:08 | 20:32 | 21:56 | 23:20 | 24:44 | 26:09 | 27:35 | 29:00 | 30:21 | 31:45 | 33:09 | 34:21.23 |
| 6 | 140 | Pinna Claudia | ITA | 01:21 | 02:41 | 04:03 | 05:24 | 06:46 | 08:08 | 09:29 | 10:51 | 12:12 | 13:35 | 14:58 | 16:22 | 17:45 | 19:08 | 20:32 | 21:56 | 23:20 | 24:44 | 26:10 | 27:34 | 29:00 | 30:23 | 31:47 | 33:10 | 34:25.59 |
| 7 | 142 | Preibischová Monika | CZE | 01:20 | 02:40 | 04:02 | 05:23 | 06:45 | 08:05 | 09:26 | 10:47 | 12:10 | 13:34 | 14:57 | 16:22 | 17:45 | 19:09 | 20:32 | 21:56 | 23:20 | 24:44 | 26:10 | 27:35 | 29:00 | 30:21 | 31:45 | 33:10 | 34:28.79 |
| 8 | 144 | Garcia Alba | ESP | 01:19 | 02:39 | 03:58 | 05:18 | 06:38 | 08:00 | 09:21 | 10:44 | 12:05 | 13:28 | 14:50 | 16:14 | 17:38 | 19:02 | 20:28 | 21:52 | 23:18 | 24:44 | 26:09 | 27:36 | 29:01 | 30:26 | 31:50 | 33:15 | 34:34.04 |
| 9 | 138 | Roffino Valeria | ITA | 01:21 | 02:42 | 04:04 | 05:25 | 06:46 | 08:09 | 09:33 | 10:58 | 12:20 | 13:43 | 15:06 | 16:33 | 17:57 | 19:21 | 20:45 | 22:09 | 23:33 | 24:56 | 26:21 | 27:45 | 29:10 | 30:34 | 31:59 | 33:25 | 34:46.19 |
| 10 | 147 | Nosenko Anna | UKR | 01:20 | 02:41 | 04:02 | 05:24 | 06:45 | 08:09 | 09:32 | 10:57 | 12:20 | 13:43 | 15:06 | 16:33 | 17:56 | 19:20 | 20:44 | 22:08 | 23:33 | 24:57 | 26:22 | 27:48 | 29:15 | 30:42 | 32:08 | 33:34 | 34:53.43 |
| 11 | 143 | Drazdauskaitė Rasa | LTU | 01:18 | 02:39 | 04:00 | 05:23 | 06:44 | 08:06 | 09:28 | 10:52 | 12:16 | 13:42 | 15:06 | 16:33 | 17:56 | 19:22 | 20:48 | 22:14 | 23:41 | 25:07 | 26:33 | 27:58 | 29:24 | 30:49 | 32:14 | 33:37 | 34:56.37 |
| 12 | 133 | Funten Laure | FRA | 01:18 | 02:40 | 04:02 | 05:24 | 06:45 | 08:09 | 09:32 | 10:57 | 12:20 | 13:43 | 15:07 | 16:34 | 17:57 | 19:22 | 20:48 | 22:14 | 23:41 | 25:08 | 26:34 | 28:02 | 29:29 | 30:58 | 32:26 | 33:53 | 35:11.77 |
| 13 | 141 | Florea Monica Madalin | ROU | 01:21 | 02:41 | 04:03 | 05:24 | 06:46 | 08:07 | 09:28 | 10:49 | 12:12 | 13:35 | 14:58 | 16:23 | 17:46 | 19:09 | 20:33 | 21:57 | 23:23 | 24:54 | 26:24 | 27:54 | 29:24 | 30:58 | 32:29 | 33:55 | 35:17.86 |
| 14 | 148 | Epis Giovanna | ITA | 01:21 | 02:42 | 04:03 | 05:25 | 06:46 | 08:09 | 09:33 | 10:58 | 12:20 | 13:43 | 15:06 | 16:33 | 17:57 | 19:21 | 20:45 | 22:10 | 23:38 | 25:08 | 26:37 | 28:05 | 29:34 | 31:01 | 32:29 | 33:56 | 35:20.71 |
| 15 | 146 | Danci Liliana | ROU | 01:21 | 02:42 | 04:03 | 05:24 | 06:46 | 08:08 | 09:29 | 10:51 | 12:16 | 13:42 | 15:06 | 16:33 | 18:00 | 19:30 | 20:57 | 22:25 | 23:55 | 25:22 | 26:51 | 28:20 | 29:52 | 31:21 | 32:53 | 34:21 | 35:45.99 |
| 16 | 145 | Polat-Karakaya Dudu | TUR | 01:20 | 02:42 | 04:03 | 05:25 | 06:47 | 08:10 | 09:33 | 10:58 | 12:22 | 13:47 | 15:13 | 16:42 | 18:10 | 19:39 | 21:09 | 22:40 | 24:11 | 25:42 | 27:12 | 28:43 | 30:13 | 31:44 | 33:14 | 34:41 | 36:06.92 |
| 17 | 132 | KOSTOVA Rosica | MKD | 01:23 | 02:54 | 04:28 | 06:03 | 07:40 | 09:17 | 10:57 | 12:37 | 14:18 | 16:00 | 17:44 | 19:26 | 21:11 | 22:57 | 24:44 | 26:28 | 28:13 | 29:59 | 31:43 | 33:28 | 35:13 | 36:57 | 38:38 | 40:19 | 41:49.46 |
| - | 131 | Nowakowska Dominik | POL | 01:15 | 02:31 | 03:51 | 05:11 | 06:30 | 07:48 | 09:06 | 10:28 | 11:50 | 13:14 | 14:36 | 16:00 | 17:28 | 18:54 | 20:19 | 21:46 | 23:16 | 24:41 | 26:11 | n.a. | n.a. | n.a. | n.a. | n.a. | DNF |
| - | 136 | Burri Livia | SUI | 01:19 | 02:39 | 03:58 | 05:18 | 06:38 | 08:00 | 09:21 | 10:44 | 12:05 | 13:27 | 14:50 | 16:13 | 17:38 | 19:02 | 20:27 | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | DNF |
| - | 134 | Widmer Jasmin | SUI | 01:19 | 02:40 | 04:01 | 05:23 | 06:45 | 08:06 | 09:26 | 10:49 | 12:12 | 13:35 | 14:58 | 16:22 | 17:46 | 19:12 | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | DNF |
| - | 129 | Cheptegei Rebeca | UGA | 01:10 | 02:25 | 03:45 | 05:04 | 06:23 | 07:42 | 09:02 | 10:21 | 11:42 | 13:04 | 14:23 | 15:45 | 17:11 | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | DNF |

Results - 10000m Women - Heat A

| Rank | Bib | Name | Country | Lap1 | Lap2 | Lap3 | Lap4 | Lap5 | Lap6 | Lap7 | Lap8 | Lap9 | Lap10 | Lap11 | Lap12 | Lap13 | Lap14 | Lap15 | Lap16 | Lap17 | Lap18 | Lap19 | Lap20 | Lap21 | Lap22 | Lap23 | Lap24 | Finish |
|------|-----|---------------------|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|----------|
| 1 | 106 | Calvin Clémence | FRA | 01:14 | 02:34 | 03:51 | 05:09 | 06:26 | 07:43 | 08:59 | 10:17 | 11:33 | 12:49 | 14:07 | 15:24 | 16:41 | 17:56 | 19:14 | 20:31 | 21:48 | 23:05 | 24:22 | 25:40 | 26:57 | 28:13 | 29:26 | 30:41 | 31:52.86 |
| 2 | 118 | Augusto Jessica | POR | 01:15 | 02:34 | 03:52 | 05:09 | 06:26 | 07:43 | 09:00 | 10:17 | 11:34 | 12:50 | 14:07 | 15:25 | 16:42 | 17:58 | 19:15 | 20:33 | 21:51 | 23:08 | 24:25 | 25:43 | 27:00 | 28:17 | 29:31 | 30:45 | 31:55.56 |
| 3 | 114 | Moreira Sara | POR | 01:15 | 02:33 | 03:51 | 05:09 | 06:26 | 07:42 | 08:59 | 10:17 | 11:33 | 12:50 | 14:06 | 15:24 | 16:40 | 17:57 | 19:14 | 20:34 | 21:49 | 23:05 | 24:23 | 25:40 | 26:57 | 28:14 | 29:32 | 30:49 | 32:01.42 |
| 4 | 117 | Jarzynska Karolina | POL | 01:16 | 02:35 | 03:53 | 05:10 | 06:27 | 07:44 | 09:00 | 10:18 | 11:34 | 12:50 | 14:08 | 15:25 | 16:42 | 17:58 | 19:15 | 20:31 | 21:49 | 23:05 | 24:23 | 25:41 | 26:57 | 28:15 | 29:32 | 30:49 | 32:03.57 |
| 5 | 116 | Barrachina Gema | ESP | 01:16 | 02:35 | 03:52 | 05:10 | 06:27 | 07:43 | 09:00 | 10:17 | 11:34 | 12:51 | 14:08 | 15:25 | 16:42 | 17:59 | 19:16 | 20:35 | 21:54 | 23:13 | 24:34 | 25:53 | 27:13 | 28:32 | 29:53 | 31:11 | 32:25.07 |
| 6 | 102 | Traby Laila | FRA | 01:15 | 02:34 | 03:52 | 05:09 | 06:27 | 07:43 | 09:00 | 10:17 | 11:34 | 12:50 | 14:07 | 15:25 | 16:41 | 17:58 | 19:16 | 20:34 | 21:54 | 23:13 | 24:34 | 25:55 | 27:16 | 28:37 | 29:57 | 31:18 | 32:29.75 |
| 7 | 135 | Ribeiro Sara | POR | 01:16 | 02:37 | 03:55 | 05:14 | 06:31 | 07:50 | 09:10 | 10:30 | 11:48 | 13:08 | 14:27 | 15:46 | 17:06 | 18:25 | 19:44 | 21:04 | 22:24 | 23:44 | 25:05 | 26:25 | 27:45 | 29:05 | 30:24 | 31:41 | 32:56.45 |
| 8 | 108 | Skrypak Olha | UKR | 01:17 | 02:36 | 03:53 | 05:11 | 06:29 | 07:48 | 09:07 | 10:27 | 11:48 | 13:07 | 14:27 | 15:47 | 17:07 | 18:28 | 19:49 | 21:10 | 22:30 | 23:51 | 25:11 | 26:33 | 27:54 | 29:14 | 30:35 | 31:54 | 33:06.10 |
| 9 | 104 | Holovchenko Tetyana | UKR | 01:17 | 02:35 | 03:52 | 05:10 | 06:28 | 07:45 | 09:06 | 10:28 | 11:48 | 13:07 | 14:26 | 15:46 | 17:06 | 18:26 | 19:46 | 21:06 | 22:28 | 23:48 | 25:08 | 26:31 | 27:53 | 29:14 | 30:35 | 31:54 | 33:06.42 |
| 10 | 111 | Rocha Carla Salomé | POR | 01:17 | 02:36 | 03:54 | 05:11 | 06:29 | 07:47 | 09:06 | 10:27 | 11:48 | 13:07 | 14:27 | 15:46 | 17:06 | 18:25 | 19:45 | 21:06 | 22:28 | 23:50 | 25:13 | 26:38 | 28:02 | 29:25 | 30:48 | 32:10 | 33:27.46 |
| 11 | 115 | Auckland Rhona | GBR | 01:16 | 02:36 | 03:53 | 05:11 | 06:29 | 07:47 | 09:07 | 10:27 | 11:48 | 13:07 | 14:26 | 15:46 | 17:04 | 18:24 | 19:44 | 21:04 | 22:26 | 23:49 | 25:14 | 26:37 | 28:00 | 29:24 | 30:46 | 32:08 | 33:28.74 |
| 12 | 103 | Lewandowska Iwona | POL | 01:18 | 02:37 | 03:54 | 05:12 | 06:30 | 07:48 | 09:07 | 10:25 | 11:48 | 13:07 | 14:25 | 15:46 | 17:05 | 18:25 | 19:45 | 21:07 | 22:31 | 23:55 | 25:20 | 26:44 | 28:07 | 29:30 | 30:51 | 32:14 | 33:32.08 |
| 13 | 119 | Erdélyi Zsófia | HUN | 01:17 | 02:37 | 03:54 | 05:12 | 06:30 | 07:51 | 09:11 | 10:31 | 11:50 | 13:11 | 14:30 | 15:50 | 17:11 | 18:32 | 19:54 | 21:18 | 22:40 | 24:01 | 25:24 | 26:47 | 28:10 | 29:33 | 30:56 | 32:19 | 33:36.33 |
| 14 | 113 | Rodríguez Lidia | ESP | 01:17 | 02:37 | 03:54 | 05:12 | 06:29 | 07:48 | 09:07 | 10:28 | 11:48 | 13:08 | 14:28 | 15:48 | 17:10 | 18:33 | 19:54 | 21:18 | 22:41 | 24:06 | 25:31 | 26:57 | 28:21 | 29:45 | 31:11 | 32:32 | 33:51.61 |
| 15 | 110 | González Paula | ESP | 01:18 | 02:37 | 03:55 | 05:13 | 06:30 | 07:50 | 09:10 | 10:30 | 11:50 | 13:10 | 14:32 | 15:55 | 17:17 | 18:41 | 20:06 | 21:30 | 22:54 | 24:18 | 25:42 | 27:08 | 28:33 | 29:58 | 31:21 | 32:42 | 33:59.47 |
| 16 | 120 | Barros Marisa | POR | 01:15 | 02:34 | 03:52 | 05:10 | 06:28 | 07:45 | 09:07 | 10:27 | 11:48 | 13:09 | 14:32 | 15:56 | 17:23 | 18:47 | 20:13 | 21:38 | 23:04 | 24:29 | 25:54 | 27:17 | 28:42 | 30:06 | 31:29 | 32:51 | 34:13.59 |
| 17 | 109 | Pereira Cláudia | POR | 01:18 | 02:38 | 03:56 | 05:15 | 06:36 | 07:58 | 09:21 | 10:45 | 12:10 | 13:35 | 14:59 | 16:24 | 17:49 | 19:14 | 20:37 | 22:01 | 23:25 | 24:49 | 26:13 | 27:37 | 29:00 | 30:23 | 31:43 | 33:06 | 34:25.23 |
| 18 | 121 | Balciunaite Zivile | LTU | 01:17 | 02:38 | 03:57 | 05:19 | 06:46 | 08:12 | 09:40 | 11:09 | 12:36 | 14:05 | 15:34 | 17:02 | 18:30 | 19:58 | 21:28 | 22:56 | 24:24 | 25:51 | 27:19 | 28:48 | 30:18 | 31:45 | 33:13 | 34:41 | 36:02.43 |
| - | 112 | Partridge Lily | GBR | 01:16 | 02:35 | 03:53 | 05:11 | 06:29 | 07:47 | 09:07 | 10:28 | 11:49 | 13:11 | 14:35 | 16:00 | 17:27 | 18:55 | 20:25 | 21:55 | 23:27 | 24:58 | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | DNF |
| - | 130 | Kimutai Alice | KEN | 01:12 | 02:32 | 03:51 | 05:08 | 06:26 | 07:42 | 08:59 | 10:16 | 11:33 | 12:49 | 14:06 | 15:24 | 16:45 | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | DNF |
| - | 107 | Jenni Mirja | SUI | 01:19 | 02:39 | 04:00 | 05:23 | 06:48 | 08:13 | 09:39 | 11:06 | 12:33 | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | DNF |

10,000m MEN TEAM RESULTS

1 Team: TUR
Score: 1:25:30.44

| Pos. | Bib | Name | DOB | Time |
|------|-----|------------------------|------------|----------|
| | 1 | 13 Arıkan Polat Kemboi | 12/12/1990 | 28:17.14 |
| | 2 | 21 Kaya Ali | 4/20/1994 | 28:17.82 |
| | 7 | 24 Akkoyun Mehmet | 2/28/1989 | 28:55.48 |
| (18) | | 16 Koyuncu Kemal | 1/25/1985 | 29:52.99 |
| --- | | 18 Akkaş Halil | 7/1/1983 | DNF |
| --- | | 5 Girmalegese Mert | 11/30/1987 | DNF |

2 Team: ITA
Score: 1:27:36.24

| Pos. | Bib | Name | DOB | Time |
|------|-----|------------------------|------------|----------|
| | 4 | 1 Chatbi Jamel | 4/30/1984 | 28:38.03 |
| | 8 | 19 El Mazoury Ahmed | 3/15/1990 | 28:58.01 |
| | 25 | 35 Buttazzo Gian Marco | 8/23/1977 | 30:00.20 |
| (29) | | 41 Cominotto Manuel | 12/18/1990 | 30:19.91 |
| (31) | | 48 Zanatta Paolo | 4/10/1982 | 30:21.86 |

3 Team: UKR
Score: 1:27:57.97

| Pos. | Bib | Name | DOB | Time |
|------|-----|--------------------|------------|----------|
| | 6 | 15 Romanenko Roman | 1/30/1988 | 28:50.34 |
| | 12 | 49 Strebkov Ivan | 9/28/1991 | 29:33.38 |
| | 13 | 22 Lashyn Dmytro | 2/17/1988 | 29:34.25 |
| (16) | | 40 Heletiy Ihor | 10/17/1982 | 29:37.69 |

4 Team: ESP
Score: 1:28:10.22

| Pos. | Bib | Name | DOB | Time |
|------|-----|------------------------|-----------|----------|
| | 5 | 9 Alaiz Roberto | 7/20/1990 | 28:49.51 |
| | 9 | 3 Penas Manuel Ángel | 11/9/1977 | 29:21.27 |
| | 24 | 10 Marhum Mohamed | 3/8/1991 | 29:59.44 |
| --- | | 14 Fernández Alejandro | 8/8/1985 | DNF |

5 Team: FRA
Score: 1:28:10.61

| Pos. | Bib | Name | DOB | Time |
|------|-----|----------------------|------------|----------|
| | 3 | 4 Mandour Yassine | 1/21/1985 | 28:22.30 |
| | 19 | 12 Chahdi Hassan | 5/7/1989 | 29:53.45 |
| | 21 | 8 Bommier Timothée | 10/11/1986 | 29:54.86 |
| (32) | | 50 Courcieres Romaln | 3/23/1987 | 30:26.05 |

10,000m MEN
TEAM RESULTS

6 Team: POR

Score: 1:29:31.06

| Pos. | Bib | Name | DOB | Time |
|------|-----|--------------------|-----------|----------|
| | 10 | 20 Silva Rui Pedro | 5/6/1981 | 29:23.47 |
| | 17 | 7 Ribas Ricardo | 10/8/1977 | 29:47.14 |
| | 30 | 31 Moreira José | 8/20/1975 | 30:20.45 |
| | --- | 17 Costa Tiago | 8/8/1988 | DNF |
| | --- | 43 Ribeiro Pedro | 3/25/1981 | DNF |

7 Team: BLR

Score: 1:29:32.17

| Pos. | Bib | Name | DOB | Time |
|------|------|-----------------------|------------|----------|
| | 11 | 6 Platonau Siarhei | 12/12/1990 | 29:29.14 |
| | 22 | 32 Slavinski Illia | 8/2/1984 | 29:57.29 |
| | 26 | 42 Pankratau Maksim | 2/8/1988 | 30:05.74 |
| | (34) | 36 Rahautsou Stsiapan | 5/29/1986 | 30:54.55 |

Results - 10000m Men - Heat A

| Rank | Bib | Name | Country | Lap1 | Lap2 | Lap3 | Lap4 | Lap5 | Lap6 | Lap7 | Lap8 | Lap9 | Lap10 | Lap11 | Lap12 | Lap13 | Lap14 | Lap15 | Lap16 | Lap17 | Lap18 | Lap19 | Lap20 | Lap21 | Lap22 | Lap23 | Lap24 | Finish |
|------|-----|-----------------------|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|----------|
| 1 | 13 | Arkan Polat Kemboi | TUR | 01:07 | 02:15 | 03:23 | 04:31 | 05:39 | 06:46 | 07:54 | 09:00 | 10:06 | 11:13 | 12:20 | 13:27 | 14:36 | 15:46 | 16:54 | 18:03 | 19:10 | 20:19 | 21:28 | 22:37 | 23:47 | 24:57 | 26:06 | 27:15 | 28:17.14 |
| 2 | 21 | Kaya Ali | TUR | 01:08 | 02:16 | 03:23 | 04:32 | 05:39 | 06:47 | 07:54 | 09:01 | 10:07 | 11:13 | 12:20 | 13:27 | 14:36 | 15:46 | 16:54 | 18:02 | 19:11 | 20:19 | 21:29 | 22:37 | 23:47 | 24:57 | 26:07 | 27:15 | 28:17.82 |
| 3 | 4 | Mandour Yassine | FRA | 01:09 | 02:16 | 03:24 | 04:33 | 05:41 | 06:47 | 07:55 | 09:01 | 10:09 | 11:18 | 12:27 | 13:36 | 14:44 | 15:53 | 17:02 | 18:11 | 19:19 | 20:27 | 21:36 | 22:45 | 23:54 | 25:04 | 26:12 | 27:21 | 28:22.30 |
| 4 | 1 | Chatbi Jamel | ITA | 01:08 | 02:15 | 03:23 | 04:31 | 05:39 | 06:47 | 07:54 | 09:01 | 10:07 | 11:14 | 12:22 | 13:32 | 14:42 | 15:51 | 17:02 | 18:12 | 19:22 | 20:33 | 21:43 | 22:53 | 24:04 | 25:14 | 26:24 | 27:33 | 28:38.03 |
| 5 | 9 | Alaiz Roberto | ESP | 01:10 | 02:18 | 03:26 | 04:34 | 05:42 | 06:49 | 07:57 | 09:06 | 10:17 | 11:26 | 12:36 | 13:46 | 14:56 | 16:07 | 17:18 | 18:28 | 19:39 | 20:50 | 22:01 | 23:11 | 24:21 | 25:32 | 26:41 | 27:50 | 28:49.51 |
| 6 | 15 | Romanenko Roman | UKR | 01:11 | 02:19 | 03:27 | 04:36 | 05:44 | 06:52 | 08:02 | 09:11 | 10:20 | 11:30 | 12:40 | 13:49 | 14:59 | 16:08 | 17:18 | 18:28 | 19:38 | 20:50 | 22:01 | 23:11 | 24:21 | 25:32 | 26:42 | 27:51 | 28:50.34 |
| 7 | 24 | Akkoyun Mehmet | TUR | 01:08 | 02:17 | 03:24 | 04:32 | 05:41 | 06:48 | 07:55 | 09:02 | 10:11 | 11:21 | 12:32 | 13:42 | 14:52 | 16:02 | 17:14 | 18:25 | 19:36 | 20:47 | 21:58 | 23:09 | 24:20 | 25:32 | 26:41 | 27:51 | 28:55.48 |
| 8 | 19 | El Mazoury Ahmed | ITA | 01:09 | 02:17 | 03:25 | 04:33 | 05:41 | 06:49 | 07:56 | 09:06 | 10:16 | 11:27 | 12:37 | 13:46 | 14:56 | 16:07 | 17:18 | 18:29 | 19:39 | 20:50 | 22:01 | 23:11 | 24:22 | 25:33 | 26:44 | 27:55 | 28:58.01 |
| 9 | 3 | Penas Manuel Ángel | ESP | 01:09 | 02:18 | 03:26 | 04:34 | 05:43 | 06:50 | 07:58 | 09:07 | 10:17 | 11:28 | 12:39 | 13:48 | 14:59 | 16:13 | 17:28 | 18:40 | 19:50 | 21:00 | 22:11 | 23:23 | 24:37 | 25:51 | 27:05 | 28:18 | 29:21.27 |
| 10 | 20 | Silva Rui Pedro | POR | 01:09 | 02:17 | 03:25 | 04:33 | 05:42 | 06:49 | 07:56 | 09:03 | 10:14 | 11:26 | 12:38 | 13:50 | 15:03 | 16:16 | 17:28 | 18:40 | 19:50 | 21:00 | 22:11 | 23:23 | 24:37 | 25:51 | 27:05 | 28:18 | 29:23.47 |
| 11 | 6 | Platonau Sjarhei | BLR | 01:10 | 02:18 | 03:27 | 04:35 | 05:44 | 06:53 | 08:04 | 09:15 | 10:26 | 11:36 | 12:48 | 14:00 | 15:11 | 16:24 | 17:36 | 18:46 | 19:57 | 21:08 | 22:20 | 23:34 | 24:47 | 26:00 | 27:12 | 28:24 | 29:29.14 |
| 12 | 22 | Lashyn Dmytro | UKR | 01:08 | 02:16 | 03:25 | 04:34 | 05:42 | 06:51 | 07:59 | 09:10 | 10:20 | 11:30 | 12:40 | 13:52 | 15:05 | 16:17 | 17:29 | 18:40 | 19:53 | 21:06 | 22:19 | 23:33 | 24:48 | 26:01 | 27:12 | 28:25 | 29:34.25 |
| 13 | 11 | Griffiths Dewi | GBR | 01:10 | 02:20 | 03:27 | 04:36 | 05:44 | 06:53 | 08:02 | 09:12 | 10:20 | 11:31 | 12:41 | 13:53 | 15:05 | 16:17 | 17:30 | 18:40 | 19:53 | 21:06 | 22:20 | 23:34 | 24:48 | 26:00 | 27:14 | 28:26 | 29:36.63 |
| 14 | 7 | Ribas Ricardo | POR | 01:10 | 02:18 | 03:26 | 04:35 | 05:43 | 06:51 | 08:00 | 09:10 | 10:20 | 11:30 | 12:41 | 13:53 | 15:04 | 16:15 | 17:28 | 18:39 | 19:52 | 21:06 | 22:19 | 23:34 | 24:48 | 26:03 | 27:19 | 28:34 | 29:47.14 |
| 15 | 16 | Koyuncu Kemal | TUR | 01:09 | 02:18 | 03:26 | 04:34 | 05:42 | 06:50 | 07:57 | 09:06 | 10:17 | 11:28 | 12:40 | 13:52 | 15:06 | 16:21 | 17:36 | 18:53 | 20:07 | 21:22 | 22:38 | 23:55 | 25:10 | 26:24 | 27:36 | 28:47 | 29:52.99 |
| 16 | 12 | Chahdi Hassan | FRA | 01:08 | 02:17 | 03:24 | 04:33 | 05:41 | 06:48 | 07:55 | 09:04 | 10:14 | 11:26 | 12:36 | 13:50 | 15:04 | 16:16 | 17:32 | 18:47 | 20:04 | 21:21 | 22:38 | 23:55 | 25:11 | 26:27 | 27:39 | 28:49 | 29:53.45 |
| 17 | 8 | Bommier Timothée | FRA | 01:10 | 02:18 | 03:26 | 04:35 | 05:44 | 06:53 | 08:04 | 09:15 | 10:26 | 11:38 | 12:50 | 14:03 | 15:17 | 16:29 | 17:43 | 18:57 | 20:11 | 21:26 | 22:41 | 23:56 | 25:11 | 26:25 | 27:40 | 28:52 | 29:54.86 |
| 18 | 2 | Pfeiffer Hendrik | GER | 01:11 | 02:20 | 03:28 | 04:36 | 05:45 | 06:55 | 08:05 | 09:15 | 10:26 | 11:36 | 12:47 | 13:59 | 15:11 | 16:24 | 17:37 | 18:51 | 20:06 | 21:20 | 22:35 | 23:51 | 25:05 | 26:20 | 27:35 | 28:51 | 29:58.20 |
| 19 | 10 | Marhum Mohamed | ESP | 01:09 | 02:17 | 03:25 | 04:34 | 05:42 | 06:48 | 07:56 | 09:02 | 10:11 | 11:21 | 12:32 | 13:43 | 14:53 | 16:08 | 17:22 | 18:37 | 19:53 | 21:09 | 22:26 | 23:45 | 25:05 | 26:22 | 27:39 | 28:51 | 29:59.44 |
| - | 29 | Kipchirchir Komen Dar | KEN | 01:07 | 02:15 | 03:23 | 04:31 | 05:39 | 06:46 | 07:53 | 09:00 | 10:06 | 11:13 | 12:20 | 13:27 | 14:36 | 15:46 | 16:54 | 18:02 | 19:10 | 20:19 | 21:28 | 22:37 | n.a. | n.a. | n.a. | n.a. | DNF |
| - | 14 | Fernández Alejandro | ESP | 01:11 | 02:20 | 03:29 | 04:38 | 05:48 | 06:57 | 08:08 | 09:21 | 10:32 | 11:44 | 12:56 | 14:08 | 15:20 | 16:33 | 17:47 | 19:01 | 20:14 | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | DNF |
| - | 23 | Hawkins Callum | GBR | 01:10 | 02:19 | 03:29 | 04:38 | 05:47 | 06:57 | 08:06 | 09:18 | 10:31 | 11:45 | 13:01 | 14:18 | 15:34 | 16:52 | 18:10 | 19:29 | 20:48 | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | DNF |
| - | 18 | Akkaş Halil | TUR | 01:08 | 02:16 | 03:24 | 04:32 | 05:40 | 06:47 | 07:55 | 09:02 | 10:09 | 11:18 | 12:27 | 13:36 | 14:44 | 15:54 | 17:07 | 18:26 | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | DNF |
| - | 5 | Girmalegese Mert | TUR | 01:10 | 02:18 | 03:24 | 04:32 | 05:42 | 06:50 | 07:59 | 09:10 | 10:19 | 11:30 | 12:39 | 13:48 | 14:59 | 16:13 | 17:29 | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | DNF |
| - | 30 | Wolde Dawit | ETH | 01:06 | 02:15 | 03:22 | 04:31 | 05:38 | 06:46 | 07:53 | 09:00 | 10:06 | 11:12 | 12:19 | 13:26 | 14:35 | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | DNF |
| - | 17 | Costa Tiago | POR | 01:11 | 02:19 | 03:27 | 04:35 | 05:43 | 06:52 | 08:03 | 09:15 | 10:27 | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | n.a. | DNF |