

2019 TURKISH ATHLETICS TOP LIST (Women)

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U23	Under-23 level (born in 1996-98)
U20	Under-20 level (born in 1999-00)
U18	Under-18 level (born after 2001)

Mark	Wind	Note	No	Name	Surname	DOB	Place	Competition	Venue	Day/Mo
60 METRES INDOOR										
7.37	(i)	NU20Ri	1	Mizgin	Ay	2000	1h1	Balkan Indoor	İstanbul	16/02
7.48	(i)	PB	2	Burcu	Erdemir	1996	3=	Gugl Indoor	Linz, AUT	09/02
7.63	(i)		3	Melike	Malkoç	2000	1h2	Balkan U20 Indoor	İstanbul	10/02
7.68	(i)		4	Yudum	İliksiz	1997	4A	İstanbul Indoor Cup	İstanbul	17/02
7.69	(i)		5	Simay	Özçiftçi	2003	1h5	Fed Inv Indoor-U18	İstanbul	13/01
7.72	(i)		6	Zülha	Armutçu	2002	3	NC-Indoor	İstanbul	02/02
7.77	(i)		7	Şevval	Ayaz	2000	1	Fed Inv Indoor-U20	İstanbul	26/01
7.79	(i)		8	Edanur	Kılıç	1999	3	Fed Inv Indoor	İstanbul	26/01
7.87	(i)		9	Beyzanur	Seylan	2004	2	Fed Inv Indoor	İstanbul	26/01
7.88	(i)		10	Yaren	Açar	1997	3h2	Fed Inv Indoor	İstanbul	13/01
100 METRES										
11.56	0.1		1	Mizgin	Ay	2000	2h5	Universiade	Napoli, ITA	08/07
11.71	0.5	PB	2	Burcu	Erdemir	1996	1A	NC	Bursa	03/08
11.75	0.7		3	Hilal	Durmaz	2004	3	Queensland CH	Brisbane, AUS	09/05
11.81	0.5		4	Elif	Polat	1999	2A	NC	Bursa	03/08
11.95	0.2		5	Simay	Özçiftçi	2003	1	U18 League	Kütahya	29/05
12.14	1.2		6	Zülha	Armutçu	2002	1-ex	U18 League	Kütahya	29/05
12.14	-0.2		7	Edanur	Kılıç	1999	2	NC-U23	Bursa	24/06
12.34	0.7		8	Melike	Malkoç	2000	1-ex	U20 League	Eskişehir	16/08
12.34	1.8		9	Gülşah	Kızıtaş	1991	1-ext1	Super League	Bursa	20/06
12.34	0.5		10	Meryem	Kemeç	2000	3A	NC	Bursa	03/08
200 METRES										
23.56	0.3	PB	1	Mizgin	Ay	2000	1	ECCC-U20	Leiria, POR	21/09
24.16	-1.2	PB	2	Simay	Özçiftçi	2003	2	U20 League	Eskişehir	16/08
24.17	1.4	PB	3	Burcu	Erdemir	1996	2	Erzurum Sprint Cup	Erzurum	25/07
24.32	1.4		4	Elif	Polat	1999	3	Erzurum Sprint Cup	Erzurum	25/07
24.44	1.4		5	Edanur	Kılıç	1999	4	Erzurum Sprint Cup	Erzurum	25/07
24.56	1.5		6	Hilal	Durmaz	2004	4rB	Classic	Brisbane, AUS	23/03
24.61	0.0		7	Berfe	Sancak	1994	2	Super League	Bursa	20/06
24.80	0.7		8	Derya	Yıldırım	1994	8h1	NC-ROU	Cluj, ROU	08/06
24.87	1.4		9	Habibe	Okçu	2003	5	Erzurum Sprint Cup	Erzurum	25/07
24.90	1.4		10	Hatice Ceren	Palalı	2004	6	Erzurum Sprint Cup	Erzurum	25/07
400 METRES										
53.67	A	PB	1	Emel	Şanlı-Kırçın	1993	1A	Erzurum Sprint Cup	Erzurum	24/07
53.77	A	PB	2	Derya	Yıldırım	1994	2A	Erzurum Sprint Cup	Erzurum	24/07
55.29			3	Berfe	Sancak	1994	3	Super League	Bursa	20/08
55.61			4	Zeynep	Baş	1996	1	Fed Inv	Ankara	14/06
55.63			5	Meryem	Kasap	1992	1B	Erzurum Sprint Cup	Erzurum	24/07
56.28			6	Yaren	Açar	1997	4f2	NC	Bursa	03/08
56.36			7	Büşra	Yıldırım	1996	4h2	Fed Inv	Ankara	18/05
56.52			8	Zehra	Oral	2003	1f2	Schools CH Finals	Mersin	10/04
56.58	(i)		9	Meryem	Kemeç	2000	1D	İstanbul Indoor Cup	İstanbul	17/02
56.79		PB	10	Zeynep	Kuran	2002	1	U18 League	Kütahya	29/05
800 METRES										
2:06.74			1	Aslı	Arık	1995	2	Super League	Bursa	20/06
2:08.15			2	Rahime	Tekin	1998	3	Super League	Bursa	20/06
2:08.45		PB	3	Tuğba	Toptaş	2000	2	Balkan U20 CH	Cluj, ROU	02/07
2:08.87	(i)		4	Semra	Karaslan	1998	1	NC-Indoor	İstanbul	03/02
2:09.06			5	Meryem	Akdağ	1992	1	Super League	Bursa	20/08
2:09.41			6	Damla	Çelik	1997	2	Super League	Bursa	20/08
2:10.72			7	Burcu	Subatan	1998	4	Super League	Bursa	20/06
2:10.97	(i)		8	Şevval	Özdoğan	2002	2	Fed Inv Indoor	İstanbul	22/12
2:11.06			9	Hatice	Ünzir	1995	2	NC	Bursa	03/08
2:11.35			10	Seray	Şentürk	1996	1	Fed Inv	Ankara	19/05
1500 METRES										
4:16.37			1	Yasemin	Can	1996	1	ECCC	Castellon, ESP	26/05
4:19.09			2	Burcu	Subatan	1997	2	Super League	Bursa	19/06

4:19.58		3	Meryem	Akdağ	1992	3	Super League	Bursa	19/06
4:23.84	(i)	4	Emine Hatun	Tuna	1995	4	Balkan Indoor	İstanbul	16/02
4:25.04		5	Semra	Karaslan	1998	1	Fed Inv	Trabzon	20/07
4:25.77	(i)	6	Fatma	Arık	1997	3	NC-Indoor	İstanbul	02/02
4:25.96		7	Tuğba	Toptaş	2000	1	Fed Inv	İstanbul	26/05
4:28.31		8	Rahime	Tekin	1998	3	Super League	Bursa	21/08
4:28.46	(i)	9	Damla	Çelik	1997	8	Istanbul Indoor Cup	İstanbul	17/02
4:29.50	(i)	10	Özlem	Kaya	1990	7h2	Euro Indoor	Glasgow, GBR	01/03

3000 METRES

8:33.29		1	Yasemin	Can	1996	8	Diamond League	Doha, QAT	03/05
9:28.89	+	2	Yayla	Kılıç	1997	-	Euro U23 CH	Gavle, SWE	14/07
9:37.28	(i)	3	Burcu	Subatan	1997	1	Fed Inv Indoor	İstanbul	06/01
9:41.33	(i)	4	Derya	Kunur	1999	4	Balkan Indoor	İstanbul	16/02
9:41.68	(i)	5	Emine	Akbingöl	2000	2	Fed Inv Indoor	İstanbul	06/01
9:46.08	(i)	6	Urkuş	Işık	2002	1	Balkan U20 Indoor	İstanbul	10/02
9:51.24	(i)	7	Kader	Güvenç	1998	2	NC-Indoor	İstanbul	03/02
9:51.94		8	Fatma	Arık	1997	1	NC-Uni	Samsun	14/05
9:52.01		9	İnci	Kalkan	2001	1	Balkan U20 CH	Cluj, ROU	02/07
9:53.76	+	10	Sevilay	Eytemiş	1993	-	Euro Cup 10K	London, GBR	06/07

5000 METRES

14:53.92		1	Yasemin	Can	1996	9	Diamond League	Stockholm, SWE	30/05
15:52.88	PB	2	Yayla	Kılıç	1997	7	Euro U23 CH	Gavle, SWE	14/07
16:28.83	+	3	Sevilay	Eytemiş	1993	-	Euro Cup 10K	London, GBR	06/07
16:40.29		4	Fadime	Suna-Çelik	1986	3	ECCC	Castellon, ESP	26/05
16:44.98		5	Fatma	Demir	1996	1	NC	Bursa	04/08
16:46.01		6	Burcu	Subatan	1997	1	Fed Inv	İzmir	26/05
16:47.22		7	Sebahat	Akpınar	1993	2	Super League	Bursa	21/08
16:48.32		8	Bahar	Atalay	1998	2	Fed Inv	İzmir	26/05
16:48.41		9	Semra	Karaslan	1998	2	NC	Bursa	04/08
16:53.52		10	Emine	Akbingöl	2000	1-U20	Fed Inv	Mersin	15/06

10,000 METRES

30:59.20		1	Yasemin	Can	1996	10	Ethiopian Trials-Int	Hengelo, NED	17/07
32:54.66	PB	2	Sevilay	Eytemiş	1993	3B	Euro Cup 10K	London, GBR	06/07
33:41.14	PB	3	Yayla	Kılıç	1997	4	Euro U23 CH	Gavle, SWE	12/07
34:08.71		4	Nuran	Satılmış	1997	9	Euro U23 CH	Gavle, SWE	12/07
42:40.12		5	Betül	Turan	2001	1-U20	Fed Inv	İzmir	25/05

HALF MARATHON

1:08:29	PB	1	Yasemin	Can	1996	5	Vodafone İstanbul HM	İstanbul	07/04
1:13:20	PB	2	Sevilay	Eytemiş	1993	3	Balkan Half Mar CH	Kiev, UKR	07/04
1:14:25		3	Meryem	Erdoğan	1990	7	Lille HM	Lille, FRA	31/08
1:14:50		4	Fadime	Suna-Çelik	1986	11	Vodafone İstanbul HM	İstanbul	07/04
1:16:14		5	Şeyma	Yıldız	1987	5	24 Şubat HM	Trabzon	24/02
1:17:07	PB	6	Fatma	Demir	1996	3	Sfax Int HM	Sfax, TUN	07/04
1:17:30		7	Fatma	Arık	1997	13	Vodafone İstanbul HM	İstanbul	07/04
1:17:42		8	Büşra Nur	Koku	1996	-	HASPA Hamburg Mar	Hamburg, GER	28/04
1:18:04	+	9	Ümmü	Kiraz	1982	-	METRO Düsseldorf Mar	Düsseldorf, GER	28/04
1:18:27		10	Meryem	Kılınc-Gündoğdu	1984	14	Vodafone İstanbul HM	İstanbul	07/04

MARATHON

2:34:37	PB	1	Ümmü	Kiraz	1982	3	METRO Düsseldorf Mar	Düsseldorf, GER	28/04
2:35:27	PB	2	Fadime	Suna-Çelik	1986	12	HASPA Hamburg Mar	Hamburg, GER	28/04
2:35:54	PB	3	Büşra Nur	Koku	1996	13	HASPA Hamburg Mar	Hamburg, GER	28/04
2:40:03		4	Tubay	Erdal	1995	9	Vodafone İstanbul Mar	İstanbul	03/11
2:41:24		5	Yasemin	Can-Arslan	1992	10	Vodafone İstanbul Mar	İstanbul	03/11
2:44:00		6	Meryem	Kılınc-Gündoğdu	1984	7h2	Volksbank Münster Mar	Munster, GER	08/09
2:56:54		7	Dilan	Atak	1998	11	Vodafone İstanbul Mar	İstanbul	03/11
3:05:18		8	Bahar	Doğan	1974	13	Vodafone İstanbul Mar	İstanbul	03/11

100M ENGELLİ / HURDLES (83.8 cm)

13.52	0.6		1	Şevval	Ayaz	2000	1h2	U20 League	Kütahya	04/05
13.58	0.9	PB	2	Nefise	Karatay	2000	1	Erzurum Sprint Cup	Erzurum	25/07
14.04	1.7		3	Özge	Soylu	1995	2	NC	Bursa	04/08
14.38	0.2		4	Emel	Şanlı-Kırçın	1993	6	European Games-DNA (SF)	Minsk, BLR	26/06
14.75	1.7		5	Beyzanur	Yavuz	2000	3	NC	Bursa	04/08
14.76	0.6		6	Cansu Nimet	Sayın	2003	2h2	U20 League	Kütahya	04/05
14.80	1.8		7	Yaren	Yıldırım	2003	2h2	NC-U20	Bursa	25/06
14.87	0.4		8	Beyza	Tilki	1994	1A	NC-Uni	Samsun	11/05
14.94	0.4		9	Ezgi	Şayir	1993	2A	NC-Uni	Samsun	11/05
14.94	1.7		10	Hayrunisa	Kapar	2001	4	NC	Bursa	04/08

60M ENGELLİ / HURDLES – INDOOR (83.8 cm)

8.21	(i)	NU20Ri	1	Şevval	Ayaz	2000	1A	Balkan Indoor	İstanbul	16/02
8.40	(i)		2	Özge	Soylu	1995	1	NC-Indoor	İstanbul	03/02
8.51	(i)		3	Nefise	Karatay	2000	1f2	ELAN Indoor	Bratislava, SVK	27/01
9.10	(i)		4	Hayrunisa	Kapar	2001	1	Fed Inv Indoor	İstanbul	24/02
9.14	(i)		5	Ezgi	Şayir	1993	P	Komple Atlet 2/NC-Multi	İstanbul	09/02
9.24	(i)		6	Beyzanur	Yavuz	2000	P	Komple Atlet-U20 1	İstanbul	13/01
9.37	(i)		7	Nihan	Akaman	2003	1	NC-Indoor-U20	İstanbul	03/02
9.39	(i)		8	Emine Selda	Kırdemir	1998	P	Komple Atlet 2/NC-Multi	İstanbul	09/02
9.41	(i)		9	Buket Katya	Orhonsayın	1999	P	Komple Atlet 2/NC-Multi	İstanbul	09/02
9.44	(i)		10	Sudenaz	Gürbüzkol	2001	2	NC-Indoor-U20	İstanbul	03/02

400M ENGELLİ / HURDLES (76.2 cm)

57.20			1	Elif	Yıldırım-Gören	1990	1	Super League	Bursa	19/06
57.51		PB	2	Emel	Şanlı-Kırçın	1993	1	Super League	Bursa	20/08
59.79			3	Meryem	Kasap	1992	3	Super League	Bursa	19/06
1:01.22			4	Derya	Yıldırım	1994	1f2	NC-Uni	Samsun	13/05
1:01.77		PB	5	Büşra	Altınbaş	2002	1	U18 League	Kütahya	30/05
1:03.31		PB	6	Gizem Duygu	Güney	2002	3	U18 Match	Kiev, UKR	29/06
1:03.41			7	Leyla	Yanardağ	2000	1	U20 League	Eskişehir	16/08
1:03.44			8	Ezgi	Kol	2004	1-U18	Fed Inv	Trabzon	21/07
1:03.90			9	Berfin	Boduç	2000	1-U20	Fed Inv	Antalya	28/04
1:03.94			10	Meryem	Aygün	2001	2-U20	Fed Inv	Antalya	28/04

3000M SU ENGELLİ / STEEPLECHASE (76.2 cm)

9:40.33			1	Tuğba	Güvenç	1994	2	ECCC	Castellon, ESP	25/05
9:44.00			2	Özlem	Kaya	1990	11	Pfingstsportfest	Rehlingen, GER	09/06
9:58.25		PB	3	Semra	Karaslan	1998	6	Euro U23 CH	Gavle, SWE	13/07
9:59.39			4	Sümeyye	Erol	1997	6	IFAM Meeting	Oordegem-Lede, BEL	26/05
9:59.79			5	Elif	Karabulut-Dağdelen	1991	16	Pfingstsportfest	Rehlingen, GER	09/06
10:02.57			6	Sebahat	Akpınar	1993	2	NC	Bursa	03/08
10:03.73			7	Gülnaz	Uskun	1998	1	Fed Inv	Mersin	15/06
10:04.04			8	Meryem	Akdağ	1994	15	Int Meet	Rovereto, ITA	27/08
10:12.85			9	Fatma	Demir	1996	4	NC	Bursa	03/08
10:39.89			10	Kader	Güvenç	1998	1	Fed Inv	İzmir	25/05

YÜKSEK ATLAMA / HIGH JUMP

1.86			1	Kadriye	Aydın	1995	1	Super League	Bursa	20/06
1.83		PB	2	Buse	Savaşkan	1999	2	NC-U23	Bursa	25/06
1.82	(i)	NU20Ri	3	Rümeysa	Ökdem	2000	1	Fed Inv Indoor	İstanbul	13/01
1.82			3	Sibel	Çınar	1987	1	Orhan Altan Cup	Ankara	19/01
1.81			5	Esmenur	Alkaç	1996	1	Fed Inv	İzmir	26/05
1.80	(i)	PB	6	Merve	Menekşe	1998	2	NC-Indoor	İstanbul	03/02
1.78			7	Miray	Akbulut	1998	2	Fed Inv	İzmir	26/05
1.74			8	Senanur	Akgün	2002	1	Schools CH Finals	Mersin	10/04
1.74			9	Emine Selda	Kırdemir	1998	H	Balkan CH	Pravets, BUL	02/09
1.73	(i)		10	Zeynep	Çaylak	2002	P	U18 Indoor Match	İstanbul	06/03

SIRIKLA ATLAMA / POLE VAULT

4.40		NR	1	Buse	Arıkazan	1994	1	Super League	Bursa	19/06
4.22		NU20R	2	Mesure Tutku	Yılmaz	2000	1	NC-U20	Bursa	24/06
4.10			3	Demet	Parlak	1996	2	NC-Uni	Samsun	12/05
3.90	(i)		4	Büşra	Pekşirin	1998	2	NC-Indoor	İstanbul	02/02
3.70			5	Dilan	Erdemir	1997	1	NC-U23	Bursa	24/06
3.50	(i)		6	Sümeyye	Kınar	2001	1	Fed Inv Indoor-U20	İstanbul	26/01
3.50			7	Sude Elif	Serdar	2003	2	Fed Inv	Ankara	14/06
3.40	(i)		8	Sıla Simay	Harman	2004	1	NC-Indoor-U16	İstanbul	20/01
3.30	(i)		9	Elif	Özelçi	2002	1	NC-Indoor-U18	İstanbul	17/02
3.30			10	Beyza	Baş	2003	2	U18 League	Antalya	27/04

UZUN ATLAMA / LONG JUMP

6.42	0.8	PB	1	Tuğba	Danışmaz	1999	1	Super League	Bursa	19/06
6.26	-2.1	PB	2	Ecem	Çalağan	1998	2	Erzurum Sprint Cup	Erzurum	24/07
6.03	(i)		3	Tuğba	Aydın	1994	1	Ruhi Sarialp Cup	İstanbul	20/02
5.91	1.4	PB	4	Nefise	Karatay	2000	1	NC-U20	Bursa	25/06
5.89	0.5		5	Beyza	Tilki	1994	1	Fed Inv	Antalya	28/04
5.86	(i)		6	Ezgi	Şayir	1993	P	Komple Atlet 1	İstanbul	13/01
5.81	1.8	PB	7	Emine Selda	Kırdemir	1998	2	NC-U23	Bursa	25/06
5.72	(i)	PB	8	Fatmanur	Akça	2000	1	Fed Inv Indoor-U20	İstanbul	22/12
5.69	(i)		9	Buket Katya	Orhonsayın	1999	5	NC-Indoor	İstanbul	03/02
5.69	0.8		10	Gizem	Akgöz	2001	3	NC-U20	Bursa	25/06

ÜÇ ADIM ATLAMA / TRIPLE JUMP

13.85	1.5	NU23R	1	Tuğba	Danışmaz	1999	2	Euro U23 CH	Gavle, SWE	12/07
13.54	0.8	PB	2	Beyza	Tilki	1994	1	Super League	Bursa	21/08
13.19	1.2		3	Esra	Yılmaz	2000	2	Erzurum Sprint Cup	Erzurum	25/07
13.13	(i)		4	Tuğba	Aydın	1994	2	NC-Indoor	İstanbul	02/02
12.45	0.5	PB	5	Melek Zübeyde	Şahinoğlu	1999	4	Super League	Bursa	20/06
12.43	-0.6		6	Cemre	Bitgin	1996	1	Fed Inv	Ankara	14/06
12.31	0.3		7	Gizem	Akgöz	2001	2	NC-U20	Bursa	24/06
12.06	(i)		8	Ela Alina	Atam	2003	2	NC-Indoor-U20	İstanbul	02/02
12.06			9	Yağmur	Menteş	2003	1-OC	Schools CH Finals	Mersin	09/04
11.99	1.5		10	Hayriye Nur	Arı	2002	3	NC-U20	Bursa	24/06

GÜLLE ATMA / SHOT PUT (4 KG)

18.11			1	Emel	Dereli	1996	2	ETCH-1L	Sandnes, NOR	10/08
16.26		PB	2	Pınar	Akyol	2003	1	U20 League	Eskişehir	16/08
15.23		PB	3	Aysel	Yılmaz	1999	11q	Euro U23 CH	Gavle, SWE	12/07
14.88			4	Sinem	Yıldırım	1998	1	NC-U23	Bursa	25/06
14.80			5	Sare	Bostancı	1995	2	Fed Inv	Ankara	18/05
13.87	(i)		6	Ece	Narttürk	2003	4	Int U20 Match	Minsk, BLR	26/02
13.51			7	Raziye	Çoban	1998	3	Seyfi Alanya Cup	Mersin	24/02
13.27			8	Büşra Hatun	Ekinci	2003	1	NC-U20	Bursa	25/06
13.20			9	İlayda	Ertunç	2000	1	Nurullah İvak Cup	Bursa	20/04
12.83			10	Gamze	Andıç	2001	2	Nurullah İvak Cup	Bursa	20/04

DİSK ATMA / DISCUS THROW (1 KG)

57.50		NU20R	1	Özlem	Becerek	2002	1	U18 Match	Kiev, UKR	29/06
53.86		PB	2	Nurten	Mermer	1995	2	Super League	Bursa	20/08
50.98			3	Semra	Türk	1990	3	Super League	Bursa	20/08
46.25			4	Handenur	Güler	1998	2	Fed Inv	Ankara	19/05
46.26		PB	5	Edanur	Şimşek	2003	1	NC-U18	Ankara	13/06
43.57			6	Elçin	Kaya	1993	3	Fed Inv	Ankara	19/05
42.61			7	Didem Berfin	Konuk	2002	1	Fed Inv-U18	Ankara	19/05
41.75			8	Sinem	Yıldırım	1998	3	NC-Uni	Samsun	13/05
40.39			9	Aysel	Yılmaz	1999	3	Nurullah İvak Cup	Bursa	21/04
40.22			10	Dila Asya	Üçgün	2002	2	Fed Inv-U18	Ankara	19/05

ÇEKİÇ ATMA / HAMMER THROW (4 KG)

70.08			1	Kıvılcım	Kaya-Salman	1992	1	Super League	Bursa	21/08
68.03			2	Tuğçe	Şahutoğlu	1988	2	Super League	Bursa	20/06
62.88			3	Zeliha	Uzunbilek	1991	1	Seyfi Alanya Cup	Mersin	23/02
62.45		PB	4	Deniz	Yaylacı	1998	1	Fed Inv	İzmir	26/05
57.18			5	Dünya Ezgi	Sayan	2000	1	Fed Inv-U20	Ankara	18/05
55.91			6	Merve	Yılmazer	1998	3	Fed Inv	Ankara	14/06
50.91			7	Vildan	Kelek	2002	1-U20	Fed Inv	Antalya	28/04
50.21			8	Gizem	İlgar	2001	3	NC-U20	Bursa	25/06
49.79			9	Ece	Narttürk	2003	4	NC-U20	Bursa	25/06
49.57			10	Beyzanur	Boztrak	2002	5	NC-U20	Bursa	25/06

ÇİRİT ATMA / JAVELIN THROW (600 G)

64.83			1	Eda	Tuğsuz	1997	3	Euro Winter Throws	Samorin, SVK	09/03
55.48		PB	2	Selena	Durna	1992	2	Balkan CH	Pravets, BUL	02/09
52.51			3	Esra	Türkmen	2002	2	Fed Inv	Ankara	18/05
51.71			4	Münevver	Hancı	2001	1-U20	Nurullah İvak Cup	Bursa	21/04
47.97			5	Rabia	Karaman	1998	1	Nurullah İvak Cup	Bursa	21/04
47.30			6	Selma	Davulcu	2003	3	NC-U20	Bursa	24/06
46.49			7	Songül	Çalparmak	1998	2	Nurullah İvak Cup	Bursa	21/04
45.08			8	Gönül	Demir	2001	1-U20	Fed Inv	İzmir	25/05
43.78			9	Cansu	Tekçam	2002	2	Fed Inv	Ankara	14/06
43.14			10	Aysel	Boztaş	1994	4	Seyfi Alanya Cup	Mersin	24/02

HEPTATHLON

4711		PB	1	Emine Selda	Kirdemir	1998	5	Balkan CH	Pravets, BUL	03/09
										15.40 – 1.74 – 9.93 – 28.14 / 5.29 – 36.20 – 2:34.49
4702		PB	2	Hülya	Gezeroğlu	2001	2	Balkan CH Trials	Bursa	04/08
										15.06 – 1.65 – 10.07 – 26.18 / 5.33 – 25.43 – 2:28.10
4654			3	Ezgi	Şayir	1993	1	Komple Atlet 1	Mersin	21/04
										15.10 – 1.50 – 9.72 – 27.09 / 5.68 – 34.73 – 2:31.74
4370			4	Buket Katya	Orhonsayın	1999	22	Euro Combined Cup 2 nd League	Ribeira Brava, POR	07/07
										15.63 – 1.54 – 8.01 – 27.01 – 5.65 – 26.15 – 2:30.61
4304			5	Leyla	Yanardağ	2001	1-U20	Komple Atlet 2/NC-Multi	İzmir	26/05
										16.76 – 1.59 – 7.79 – 26.67 / 5.39 – 29.36 – 2:29.58
4057		PB	6	Asya	Çulhaoğlu	1999	23	Euro Combined Cup 2 nd League	Ribeira Brava, POR	07/07

			16.48 – 1.57 – 8.56 – 29.00 / 5.02 – 34.32 – 2:38.97					
3446		7	Havvanur Sakık	1999	4	Komple Atlet 1	Mersin	21/04
			16.78 – 1.47 – 7.62 – 29.51 / 4.34 – 25.03 – 2:39.96					
3126		8	Seda Albayrak	2001	3	Komple Atlet 2/NC-Multi	İzmir	26/05
			18.38 – 1.29 – 8.16 – 28.74 / 4.59 – 21.50 – 2:44.28					
2382		9	Tuhana Begüm Apay	2001	3-U20	Komple Atlet 1	Mersin	21/04
			17.23 – NM - 6.86 – 27.01 / 4.22 – 8.39 – 3:03.01					

PENTATHLON – INDOOR

3548	(i)	1	Emine Selda Kırdemir	1998	1	Komple Atlet 2/NC-Multi	İstanbul	09/02
			9.39 – 1.71 – 9.30 – 5.54 – 2:33.09					
3491	(i)	2	Ezgi Şayir	1993	1	Komple Atlet 1	İstanbul	13/01
			9.17 – 1.50 – 9.88 – 5.86 – 2:32.19					
3339	(i)	3	Buket Katya Orhonsayın	1999	2	Komple Atlet 2/NC-Multi	İstanbul	09/02
			9.41 – 1.50 – 8.85 – 5.57 – 2:28.00					
3239	(i)	4	Leyla Yanardağ	2000	1	Komple Atlet-U20 1	İstanbul	13/01
			9.75 – 1.56 – 8.56 – 5.28 – 2:28.02					
3237	(i)	5	Hülya Gezeroğlu	2001	1	Komple Atlet-U20 2/NC-Multi	İstanbul	09/02
			9.83 – 1.68 – 8.57 – 5.32 – 2:39.48					
3094	(i)	6	Beyzanur Yavuz	2000	2	Komple Atlet 1	İstanbul	13/01
			9.24 – 1.47 – 9.48 – 5.10 – 2:40.76					

10K RACE WALKING

44:11	+	NR	1	Meryem Bekmez	2000	-	Int de Marcha Cantones	La Coruna, ESP	08/06
45:14	+		2	Ayşe Tekdal	1999	-	NC-Walking	İzmir	03/03
45:54			3	Evin Demir	2001	1	Balkan Walking U20	Alexandroupolis, GRE	20/04
46:46			4	Kader Dost	2000	2	Balkan Walking U20	Alexandroupolis, GRE	20/04
51:51			5	Bedriye Tekin	2001	4	NC-Walking U20	İzmir	03/03
52:02			6	Ayşe Kılıç	2001	5	NC-Walking U20	İzmir	03/03
55:33			7	Merve Çetin	2000	6	NC-Walking U20	İzmir	03/03
56:56			8	İnci Çiçek	2000	7	NC-Walking U20	İzmir	03/03

20K RACE WALKING

1:29:36		NR	1	Meryem Bekmez	2000	13	Int de Marcha Cantones	La Coruna, ESP	08/06
1:32:01		PB	2	Ayşe Tekdal	1999	1	NC-Walking	İzmir	03/03
2:00:03			3	Seçil Akpınar	1999	2	NC-Walking	İzmir	03/03
2:09:29			4	Kibar Gergin	1999	3	NC-Walking	İzmir	03/03

35K RACE WALKING

3:04:38			1	Semiha Mutlu-Özdemir	1987	1	NC-Walking	İzmir	03/03
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10,000M TRACK WALKING

44:44.50			1	Meryem Bekmez	2000	1	Euro U20 CH	Boras, SWE	21/07
46:38.68			2	Evin Demir	2001	2	Euro U20 CH	Boras, SWE	21/07
47:18.03		NU23R	3	Ayşe Tekdal	1999	1	NC	Bursa	04/08
48:06.09			4	Kader Dost	2000	7	Euro U20 CH	Boras, SWE	21/07
52:55.71			5	Seçil Akpınar	1999	3	TAF Walking Cup	Eskişehir	24/08
54:41.59			6	Bedriye Tekin	2001	1	NC-U20	Bursa	24/06
56:12.91			7	Ayşe Kılıç	2001	2	NC-U20	Bursa	24/06
57:21.22			8	Nuray Eylül Şimşek	2002	3	NC	Bursa	04/08
59:42.96			9	İrem Kula	2003	4	NC	Bursa	04/08
1:01:03.17			10	Songül Koçer	2002	3	NC-U20	Bursa	24/06
1:01:30.71			11	Elifnur Erarslan	2003	6	TAF Walking Cup	Eskişehir	24/08