

# 2020 TURKISH ATHLETICS TOP 10 LIST (Men)

(Starting from 14 December 2019) – LAST UPDATE: 23/09/2020

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U23	Under-23 level (born in 1998-00)
U20	Under-20 level (born in 2001-02)
U18	Under-18 level (born after 2003)
	Recorded before 1 Jan 2020

Mark	Wind	Note	No	Name	Surname	DOB	Place	Competition	Venue	Day/Mo
<b>60 METRES INDOOR</b>										
										<b>TOP 10</b>
6.60	(i)		1	Emre Zafer	Barnes	1988	1	Int Meet	Berlin, GER	14-02-20
6.66	(i)	NU20Ri	2	Umut	Uysal	2002	1	Fed Inv Indoor	Istanbul	25-01-20
6.71	(i)	PB	3	Kayhan	Özer	1998	1A	NC-Indoor	Istanbul	01-02-20
6.84	(i)	PB	4	Mustafa Onur	Sadikoğlu	1999	1	Fed Inv Indoor	Istanbul	11-01-20
6.84	(i)		5	Ertan	Özkan	1996	2A	NC-Indoor	Istanbul	01-02-20
6.86	(i)	PB=	6	Fatih	Aktaş	1995	2h8	NC-Indoor	Istanbul	01-02-20
6.88	(i)	PB	7	Aşkın Sadi	Aşkın	2000	3A	NC-Indoor	Istanbul	01-02-20
6.89	(i)		8	Furkan	Yıldırım	1999	4A	NC-Indoor	Istanbul	01-02-20
6.92	(i)		9	Abdülkadir	Göğalp	1995	3	Fed Inv Indoor	Istanbul	19-01-20
6.95	(i)	PB	10	Berkay	Özkum	2000	5A	NC-Indoor	Istanbul	01-02-20
<b>100 METRES</b>										
										<b>TOP 10</b>
10.23	1.2		1	Ramil	Guliyev	1990	1	Super League	Bursa	28-08-20
10.30	1.2		2	Jak Ali	Harvey	1989	2	Super League	Bursa	28-08-20
10.43	nwi		3	Kayhan	Özer	1998	1	Fed Inv	Ankara	25-07-20
10.43	1.0	NU20R	4	Umut	Uysal	2002	1-ex	Super League	Bursa	29-08-20
10.49	1.0	PB	5	Furkan	Yıldırım	1999	1h2	Fed Inv	Eskişehir	25-07-20
10.49	1.5		6	Aykut	Ay	1995	1h7	NC	Istanbul	04-05-20
10.56	1.0		7	İzzet	Safer	1990	2-ex	Super League	Bursa	29-08-20
10.60	1.5		8	Ertan	Özkan	1996	3	Super League	Bursa	19-08-20
10.62	-0.3	PB	9	Oğuz	Uyar	2001	1	Fed Inv	Istanbul	06-08-20
10.77	0.9		10	Aşkın Sadi	Aşkın	2000	1h4	Fed Inv	Eskişehir	25-07-20
<b>* RÜZGAR YARDIMI / WIND ASSISTED PERFORMANCES</b>										
10.35	3.0		x	Umut	Uysal	2002	1	Balkan U20	Istanbul, E.Kocak	12-09-20
10.44	3.5		x	Kayhan	Özer	1999	1h5	NC	Istanbul	04-05-09
10.51	2.7		x	Ertan	Özkan	1996	2	NC	Istanbul	04-05-09
10.52	2.7		x	İzzet	Safer	1990	3	NC	Istanbul	04-05-09
<b>200 METRES</b>										
										<b>TOP 10</b>
20.73	1.2	(0.724)	1	Ramil	Guliyev	1990	1	Super League	Bursa	29-08-20
20.73	1.2	(0.728)	2	Jak Ali	Harvey	1989	2	Super League	Bursa	29-08-20
21.32	1.4	PB	3	Oğuz	Uyar	2001	1	NC-Int	Istanbul, E.Kocak	05-09-20
21.35	0.0	PB	4	Akın	Özyürek	1999	1h5	Fed Inv	Ankara	19-07-20
21.41	0.3		5	Kayhan	Özer	1998	1h4	Fed Inv	Ankara	19-07-20
21.45	(i)		6	Batuhan	Altıntaş	1996	1	Fed Inv Indoor	Istanbul	26-01-20
21.47	0.0		7	İzzet	Safer	1990	2h5	Fed Inv	Ankara	19-07-20
21.48	(i)	PB	8	Oğuz	Akgül	1988	1h3	Fed Inv Indoor	Istanbul	23-02-20
21.52	0.0	PB	9	İlyas	Çanakçı	2001	3h5	Fed Inv	Ankara	19-07-20
21.52	1.3	PB=	10	Ertan	Özkan	1996	3	Super League	Bursa	29-08-20
<b>* RÜZGAR YARDIMI / WIND ASSISTED PERFORMANCES</b>										
21.27	3.2		x	Yiğitcan	Hekimoğlu	1992	1h5	NC	Istanbul	05-09-20
21.41	3.2		x	Batuhan	Altıntaş	1996	1h4	NC	Istanbul	05-09-20
21.44	3.2		x	İlyas	Çanakçı	2001	2h5	NC	Istanbul	05-09-20
21.57	2.8		x	Yavuz	Can	1987	3	Super League	Bursa	20-08-20
21.70	2.8		x	Kubilay	Ençü	2001	5	Super League	Bursa	20-08-20
<b>300 METRES</b>										
										<b>TOP 10</b>
32.46		NR	1	Sinan	Ören	1998	1f4	Fed Inv	Ankara	18-07-20
32.53			2	Yasmani	Copello	1987	2f4	Fed Inv	Ankara	18-07-20
33.27			3	Akın	Özyürek	1999	3f4	Fed Inv	Ankara	18-07-20
33.30	(i)	NR-i	4	Batuhan	Altıntaş	1996	1	Fed Inv Indoor	Istanbul	12-01-20
33.41	(i)	NU20R-i	5	İlyas	Çanakçı	2001	1	Fed Inv Indoor	Istanbul	18-01-20
33.55			6	Oğuz	Akgül	1988	2	Fed Inv Indoor	Istanbul	18-01-20
34.40			7	Berke	Akçam	2002	6f4	Fed Inv	Ankara	18-07-20
34.55			8	Cafer	Güneş	1999	1f3	Fed Inv	Ankara	18-07-20
34.56			9	İsa	Görel	1998	1f1	Fed Inv	Ankara	18-07-20
34.83	(i)		10	Emirhan	Koş	2002	3f3	Fed Inv	Ankara	18-07-20
<b>400 METRES</b>										
										<b>TOP 10</b>
46.56			1	İlyas	Çanakçı	2001	2f8	NC-Int	Istanbul, E.Kocak	04-09-20
46.95		PB	2	Sinan	Ören	1998	2	BLR-NC International	Minsk, BLR	01-08-20
47.07			3	Batuhan	Altıntaş	1996	1	Fed Inv	Ankara	06-08-20

47.30		4	Yasmani	Copello	1987	2	Super League	Bursa	28-08-20
47.50		5	Yavuz	Can	1987	6f8	NC-Int	İstanbul, E.Kocak	04-09-20
47.48	PB	6	Berke	Akçam	2002	1f2	Fed Inv	Eskişehir	25-07-20
47.58	(i)	7	Oğuz	Akgül	1988	1fB	Balkan Indoor	İstanbul	15-02-20
47.93		8	Akın	Özyürek	1999	1f1	Fed Inv	Eskişehir	25-07-20
48.25		9	Kubilay	Ençü	2001	1f9	NC-U20	İstanbul, E.Kocak	01-09-20
48.33		10	Oğuzhan	Kaya	2001	4	Super League	Bursa	19-08-20

## 800 METRES

TOP 10

1:48.87		1	Mehmet	Çelik	2001	3f7	NC-Int	İstanbul, E.Kocak	05-09-20
1:49.22	PB	2	Murat	Yalçinkaya	2000	4f7	NC-Int	İstanbul, E.Kocak	05-09-20
1:50.72		3	Süleyman	Bekmezci	1995	2	Super League	Bursa	29-08-20
1:51.05		4	Ramazan	Barbaros	1998	3	Super League	Bursa	29-08-20
1:51.94		5	Abdullah	Özdemir	1999	4	Super League	Bursa	29-08-20
1:52.07	(i)	6	Sercan	Basım	1997	1	Fed Inv Indoor	İstanbul	12-01-20
1:52.16	PB	7	Berke	Akçam	2002	1f6	NC-Int	İstanbul, E.Kocak	05-09-20
1:52.80		8	Mehmet	Körpe	2000	2f6	NC-Int	İstanbul, E.Kocak	05-09-20
1:53.90	(i)	9	Tolga	İpek	2000	4f5	NC-Indoor	İstanbul	02-02-20
1:54.23		10	Muzaffer	Altındaş	2001	1f7	NC-U20	İstanbul, E.Kocak	02-09-20

## 1500 METRES

TOP 10

3:45.02		1	Ramazan	Barbaros	1998	1	Super League	Bursa	28-08-20
3:45.48		2	Mehmet	Çelik	2001	1f4	NC-Int	İstanbul, E.Kocak	04-09-20
3:46.19		3	Ramazan	Özdemir	1991	3	Super League	Bursa	28-08-20
3:47.50	PB	4	Devrim	Kazan	2002	4f4	NC-Int	İstanbul, E.Kocak	04-09-20
3:48.37	(i)	5	Abdurrahman	Gediklioğlu	1998	1	Fed Inv Indoor	İstanbul	22-02-20
3:49.03	(i)	6	Abdullah	Özdemir	1999	1f2	NC-Indoor	İstanbul	01-02-20
3:49.47		7	Hilal	Yego	1992	4	Super League	Bursa	28-08-20
3:49.98	PB	8	İbrahim	Erata	1998	6f4	NC-Int	İstanbul, E.Kocak	04-09-20
3:54.34	PB	9	İslam	Taşçı	2001	2f4	NC-U20	İstanbul, E.Kocak	01-09-20
3:54.92	PB	10	Hakan	Buğanlı	2002	3f4	NC-U20	İstanbul, E.Kocak	01-09-20

## 3000 METRES

TOP 10

7:57.67		1	Aras	Kaya	1994	1	Super League	Bursa	29-08-20
8:05.74	PB	2	Abdurrahman	Gediklioğlu	1998	2	Super League	Bursa	29-08-20
8:08.73		3	Ali	Kaya	1994	1f3	NC-Int	İstanbul, E.Kocak	05-09-20
8:11.41	(i)	4	Ramazan	Özdemir	1991	1f3	NC-Indoor	İstanbul	02-02-20
8:13.66		5	Ömer	Amaçtan	2001	3	Balkan CH	Cluj-Napoca, ROU	20-09-20
8:13.93	(i)	6	Süleyman	Bekmezci	1995	2	Balkan Indoor	İstanbul	15-02-20
8:14.04	PB	7	Devrim	Kazan	2002	1f3	NC-U20	İstanbul, E.Kocak	02-09-20
8:16.79	PB	8	Turgay	Bayram	1996	4	Super League	Bursa	20-08-20
8:17.61	(i)	9	Alper	Demir	1990	3f3	NC-Indoor	İstanbul	02-02-20
8:20.49	(i)	10	Murat	Emektar	1998	4f3	NC-Indoor	İstanbul	02-02-20

## 5000 METRES

TOP 10

13:31.50		1	Aras	Kaya	1994	1f2	NC-Int	İstanbul, E.Kocak	04-09-20
13:51.98		2	Ali	Kaya	1994	2f2	NC-Int	İstanbul, E.Kocak	04-09-20
14:11.74		3	Ömer	Amaçtan	2001	3f2	NC-Int	İstanbul, E.Kocak	04-09-20
14:20.37	PB	4	Turgay	Bayram	1996	2	Super League	Bursa	19-08-20
14:25.80	PB	5	Murat	Emektar	1998	4f2	NC-Int	İstanbul, E.Kocak	04-09-20
14:26.41		6	Abdurrahman	Gediklioğlu	1998	2	Super League	Bursa	29-08-20
14:27.85	PB	7	Onur	Aras	1996	3	Super League	Bursa	19-08-20
14:41.19	PB	8	Halil	Yaşın	1999	1f1	NC-Int	İstanbul, E.Kocak	04-09-20
14:43.48	PB	9	Ahmet	Alkanoğlu	1999	4	Super League	Bursa	19-08-20
14:45.72	PB	10	Hüseyin İbrahim	Öztürk	2000	5f2	NC-Int	İstanbul, E.Kocak	04-09-20

## 10,000 METRES

30:27.74		1	Halil	Yaşın	1999	1	NC-Int	İstanbul, E.Kocak	05-09-20
33:54.20		2	Fatih	Korkunç	1993	2	NC-Int	İstanbul, E.Kocak	05-09-20
36:41.40		3	Ömer Faruk	Uğurlu	2003	3	NC-Int	İstanbul, E.Kocak	05-09-20

## HALF MARATHON

TOP 10

1:03:16	PB	1	Sezgin	Ataç	1998	1	Vodafone İstanbul HM	İstanbul	20-09-20
1:05:21	+	2	Ercan	Arslan	1995	-	Sevilla Marathon	Seville, ESP	23-02-20
1:05:22	+	3	Ömer	Alkanoğlu	1991	-	Sevilla Marathon	Seville, ESP	23-02-20
1:05:22		4	Saffet	Elkatmış	1995	5	Vodafone İstanbul HM	İstanbul	20-09-20
1:05:26	+	5	Yavuz	Ağralı	1994	-	Sevilla Marathon	Seville, ESP	23-02-20
1:05:26		6	Yusuf	Alıcı	1991	4	Trabzon HM	Trabzon	23-02-20
1:06:09		7	Mert	Girmalegesse	1987	7	Vodafone İstanbul HM	İstanbul	20-09-20
1:06:23		8	Abdullah	Tuğluk	1999	8	Vodafone İstanbul HM	İstanbul	20-09-20
1:06:27		9	Ersin	Tekal	1995	5	Trabzon HM	Trabzon	23-02-20
1:06:30		10	Murat	Emektar	1998	6	Trabzon HM	Trabzon	23-02-20

**MARATHON**

2:10:41	PB	1	Yavuz	Ağralı	1994	28	Sevilla Marathon	Seville, ESP	23-02-20
2:14:29	PB	2	Ömer	Alkanoğlu	1991	38	Sevilla Marathon	Seville, ESP	23-02-20
2:20:57		3	Ercan	Arslan	1994	50	Sevilla Marathon	Seville, ESP	23-02-20
2:30:01		4	Üzeyir	Söylemez	1988	2	Balkan Marathon CH	Kyustendil, BUL	13-09-20

**3000M SU ENGELLİ/STEEPLECHASE**

8:36.29		1	Hilal	Yego	1992	1	Super League	Bursa	20-08-20
8:48.04		2	Turgay	Bayram	1996	2	NC-Int	İstanbul, E.Kocak	05-09-20
9:00.19		3	Ersin	Tekal	1995	3	NC-Int	İstanbul, E.Kocak	05-09-20
9:01.00		4	Murat	Yalçınkaya	2000	2	Super League	Bursa	20-08-20
9:03.66		5	Abdullah	Tuğluk	1999	4	NC-Int	İstanbul, E.Kocak	05-09-20
9:11.43	PB	6	Murat	Emektar	1998	5	NC-Int	İstanbul, E.Kocak	05-09-20
9:15.57		7	Yunus Emre	Akkuş	1999	4	Super League	Bursa	20-08-20
9:19.74	PB	8	Onur	Aras	1996	3	Super League	Bursa	29-08-20
9:20.56	PB	9	İbrahim	Karateker	2002	1	NC-U20	İstanbul, E.Kocak	02-09-20
9:32.96		10	Hamza	Aydoğan	1990	6	Super League	Bursa	20-08-20

**2000M SU ENGELLİ/STEEPLECHASE (83.8 cm – U18 IMPLEMENT) – NEW**

5:58.28	NU18R	1	Burak	Ağca	2003	1	U18 Regional	Mersin	06-08-20
6:05.29		2	Yusuf Can	Yiğit	2003	2	U18 Regional	Mersin	06-08-20
6:12.62		3	Savaş	Dayan	2003	2	U18 League	Denizli	11-08-20
6:13.49		4	İbrahim	Karateker	2002	1	U20 League	Denizli	15-08-20
6:14.78		5	Ali	Demir	2003	1	U18 Regional	Trabzon	06-08-20
6:18.99		6	Abdullah	Dağ	2004	3	U18 League	Denizli	11-08-20
6:19.60		7	Baran	Ergüven	2003	1	U18 Regional	Ankara	06-08-20
6:19.82		8	Ömer	Kepek	2003	4	U18 League	Denizli	11-08-20
6:24.72		9	Enbiya	Yazıcı	2003	3	U20 League	Denizli	15-08-20

**110M ENGELLİ/HURDLES**

13.69	1.6	NR	1	Mikdat	Sevler	1998	1	Super League	Bursa	28-08-20
14.49	0.5		2	Batuhan Buğra	Erugun	1991	2	NC-Int	İstanbul, E.Kocak	05-09-20
14.52	1.6		3	Mehmet Emin	Bayram	1998	2	Super League	Bursa	28-08-20
14.69	0.5	PB	4	Tibet	Sancak	2001	4	NC-Int	İstanbul, E.Kocak	05-09-20
14.72	1.6		5	Harun	Akın	1998	4	Super League	Bursa	28-08-20
14.73	0.5		6	Furkan	Aktaş	1998	5	NC-Int	İstanbul, E.Kocak	05-09-20
14.82	0.5	PB	7	Doğukan	Kilcioğlu	2001	6	NC-Int	İstanbul, E.Kocak	05-09-20
14.85	1.9	PB	8	Serhat	Bulut	2001	2h1	NC-Int	İstanbul, E.Kocak	05-09-20
15.32	1.4	PB	9	Latif	Batur	1999	1h2	First League	Trabzon	26-08-20
15.40	1.9		10	İsmail Eren	Adıgüzel	2001	5h1	NC-Int	İstanbul, E.Kocak	05-09-20

**RÜZGAR YARDIMI / WIND ASSISTED PERFORMANCES**

13.55	2.9		x	Mikdat	Sevler	1998	1	Super League	Bursa	19-08-20
14.30	2.9		x	Mehmet Emin	Bayram	1998	2	Super League	Bursa	19-08-20
15.84	2.9		x	Yusuf	Pehlevan	1992	5	Super League	Bursa	19-08-20

**110M ENGELLİ/HURDLES (99.1 cm – U20 IMPLEMENT)**

14.05	0.6	PB	1	Serhat	Bulut	2001	1f2	Balkan U20	İstanbul, E.Kocak	13-09-20
14.19	1.4		2	Tibet	Sancak	2001	2f2	Balkan U20	İstanbul, E.Kocak	13-09-20
14.21	1.4		3	Doğukan	Kilcioğlu	2001	1-u20	Fed Inv	Eskişehir	25-07-20
14.27	1.4		4	Emre	Derya	2001	2-u20	Fed Inv	Eskişehir	25-07-20
14.55	nwi		5	İsmail Eren	Adıgüzel	2001	2-u20	Fed Inv	Ankara	18-07-20
15.21	nwi		6	Ersin	İlhan	2002	3h1-u20	Fed Inv	Ankara	18-07-20
15.22	0.7		7	Batuhan Arda	Erol	2002	Dec	Balkan U20	İstanbul, E.Kocak	13-09-20
15.40	nwi		8	Caner	Bülbül	2002	4h1-u20	Fed Inv	Ankara	18-07-20

**RÜZGAR YARDIMI / WIND ASSISTED PERFORMANCES**

13.99	4.0		x	Serhat	Bulut	2001	1h2	NC-U20	İstanbul, E.Kocak	02-09-20
14.10	2.7		x	Tibet	Sancak	2001	1h3	NC-U20	İstanbul, E.Kocak	02-09-20
14.27	2.7		x	Doğukan	Kilcioğlu	2001	2h3	NC-U20	İstanbul, E.Kocak	02-09-20

**110M ENGELLİ/HURDLES (91.4 cm – U18 IMPLEMENT)**

14.09	0.7		1	Ayetullah	Demir	2004	1-u18	Fed Inv	Eskişehir	25-07-20
14.21	-1.0		2	Yasin	Sosa	2003	2h2-u18	Fed Inv	Eskişehir	25-07-20
14.60	0.7		3	İbrahim Eren	Uzkeser	2004	2-u18	Fed Inv	Eskişehir	25-07-20
14.65	0.7		4	Emir	İlbasan	2003	3-u18	Fed Inv	Eskişehir	25-07-20
15.09	1.0		5	Hakan	Sakallı	2003	2h1-u18	Fed Inv	Eskişehir	25-07-20
15.21	0.6		6	Muhammed	İran	2003	1	U18 Regional	Mersin	06-08-20
15.30	0.7		7	Yusuf	Çiftçi	2003	4-u18	Fed Inv	Eskişehir	25-07-20

**300M ENGELLİ/HURDLES**

34.93	PB	1	Sinan	Ören	1998	1f2	Fed Inv	Ankara	19-07-20
36.76	PB	2	Berke	Akçam	2002	2f2	Fed Inv	Ankara	19-07-20
38.05	PB	3	Atakan	Tiktaş	2000	3f2	Fed Inv	Ankara	19-07-20

38.65	PB	4	Batuhan	Gökgöz	1997	4f2	Fed Inv	Ankara	19-07-20
40.06	PB	5	Cengiz	Orhan	2002	1-u20	Fed Inv	Ankara	19-07-20
40.40	PB	6	Umutcan	Küçüksarıyıldız	2000	1f1	Fed Inv	Ankara	19-07-20
41.26	PB	7	İsmail	Tekbıçak	2000	2f1	Fed Inv	Ankara	19-07-20
41.15	PB	8	Yusuf	Öztürk	1998	3f1	Fed Inv	Ankara	19-07-20
43.73	PB	9	Batuhan Arda	Erol	2002	2-u20	Fed Inv	Ankara	19-07-20

### 300M ENGELLİ/HURDLES (83.8 cm – U18 IMPLEMENT)

38.34	PB	1	Emirhan	Çiftçi	2003	1-u18	Fed Inv	Ankara	19-07-20
40.48	PB	2	Yusuf	Çiftçi	2003	2-u18	Fed Inv	Ankara	19-07-20
40.74	PB	3	İbrahim Eren	Uzkeser	2004	3-u18	Fed Inv	Ankara	19-07-20

### 400M ENGELLİ/HURDLES

TOP 10

49.04		1	Yasmani	Copello	1987	2	Diamond League	Monte Carlo, MON	14-08-20
49.78	NU20R	2	Berke	Akçam	2002	1f2	NC-Int	İstanbul, E.Kocak	04-09-20
50.23	NU23R	3	Sinan	Ören	1998	1	Fed Inv	Mersin	07-08-20
53.75		4	Batuhan	Gökgöz	1997	2f2	Fed Inv	Eskişehir	26-07-20
54.22		5	İlyas	Çanakçı	2001	2	Super League	Bursa	29-08-20
54.68		6	Atakan	Tiktaş	2000	3f2	Fed Inv	Eskişehir	26-07-20
54.82	PB	7	Alihan	Güngör	2001	2f3	NC-U20	İstanbul, E.Kocak	01-09-20
54.84		8	Mehmet Emin	Bayram	1998	3	Super League	Bursa	29-08-20
55.38		9	İsmail	Nezir	2003	1f1	NC-U20	İstanbul, E.Kocak	01-09-20
55.43		10	Hasan	Tuncer	2000	1h2	First League	Trabzon	27-08-20

### 400M ENGELLİ/HURDLES (83.8 cm – U18 IMPLEMENT)

55.90		1	İsmail	Nezir	2003	1	U18 Regional	Denizli	07-08-20
55.55		2	Sefa	Şentürk	2003	1	U18 League	Denizli	12-08-20
56.43		3	Hamit	Gökmen	2004	2	U18 League	Denizli	12-08-20
56.45		4	Mehmet Nuri	Noyan	2003	1	U18 Regional	Mersin	07-08-20
56.62		5	Yunus Emre	Nergiz	2004	3	U18 League	Denizli	12-08-20
56.74		6	Furkan	Alkış	2003	2	U18 Regional	Denizli	07-08-20
57.22		7	Emir	İlbasan	2003	3	U18 Regional	Denizli	07-08-20
57.79		8	İbrahim Eren	Uzkeser	2004	4-u18	Fed Inv	Eskişehir	26-07-20

### 60M ENGELLİ / HURDLES – INDOOR (106.7 cm)

7.79	(i)	NR-i	1	Mikdat	Sevler	1998	1	Fed Inv Indoor	İstanbul	09-02-20
7.93	(i)	PB	2	Furkan	Aktaş	1999	3	Balkan Indoor	İstanbul	15-02-20
8.18	(i)	PB	3	Mehmet Emin	Bayram	1998	2h1	Fed Inv Indoor	İstanbul	12-01-20
8.21	(i)	PB	4	Emrah	Bozkurt	1999	3h1	Fed Inv Indoor	İstanbul	12-01-20
8.32	(i)	PB	5	Atakan	Güneş	2000	3B	İstanbul Indoor Cup	İstanbul	16-02-20
8.46	(i)		6	Serhat	Bulut	2001	4	Fed Inv Indoor	İstanbul	29-12-19
8.50	(i)		7	Yusuf	Pehlevan	1992	Hep	Komple Atlet Indoor 2	İstanbul	26-01-20

### 60M ENGELLİ / HURDLES – INDOOR (99.1 cm – U20 IMPLEMENT)

7.99	(i)	PB	1	Emre	Derya	2001	1-u20	NC-U20-Indoor	İstanbul	02-02-20
8.00	(i)	PB	2	Serhat	Bulut	2001	1f2	Balkan U20 Indoor	İstanbul	09-02-20
8.04	(i)	PB	3	Tibet	Sancak	2001	1-u20	Fed Inv Indoor	İstanbul	26-01-20
8.08	(i)	PB	4	İsmail Eren	Adıgüzel	2001	3-u20	NC-U20-Indoor	İstanbul	02-02-20
8.18	(i)		5	Mert Osman	Bilgin	2001	3-u20	Fed Inv Indoor	İstanbul	26-01-20

### 60M ENGELLİ / HURDLES – INDOOR (91.8 cm – U18 IMPLEMENT)

7.65	(i)	NU18Ri	1	Berke	Akçam	2002	1-u18	Fed Inv Indoor	İstanbul	22-12-19
8.05	(i)	PB	2	Ayetullah	Demir	2004	2-u18	Fed Inv Indoor	İstanbul	22-12-19
8.21	(i)	PB	3	Ersin	İlhan	2002	3-u18	Fed Inv Indoor	İstanbul	22-12-19
8.21	(i)	PB	4	Batuhan	Aşık	2004	2-u18	NC-U18-Indoor	İstanbul	30-01-20
8.28	(i)		5	Hasan	Can	2002	4-u18	Fed Inv Indoor	İstanbul	22-12-19
8.30	(i)	PB	6	Emir	İlbasan	2003	1h3-u18	NC-U18-Indoor	İstanbul	30-01-20
8.30	(i)	PB	7	Muhammed	İran	2003	3-u18	NC-U18-Indoor	İstanbul	30-01-20

### YÜKSEK ATLAMA / HIGH JUMP

TOP 10

2.25			1	Alperen	Acet	1998	1	Fed Inv	Denizli	06-08-20
2.17	(i)		2	Metin	Doğu	1997	1	Fed Inv Indoor	İstanbul	25-01-20
2.15			3	Enes Talha	Şenses	1998	1	Fed Inv	Ankara	18-07-20
2.12		PB	4	Ali Eren	Ünlü	2003	3	Super League	Bursa	19-08-20
2.12		PB	5	Orhan	Baştürk	2001	3	Balkan U20	İstanbul, E.Kocak	12-09-20
2.09	(i)		6	Bedirhan	Alpagu	2002	3	Balkan U20 Indoor	İstanbul	09-02-20
2.08	(i)		7	Serkan	Gözel	1997	1	Fed Inv Indoor	İstanbul	11-01-20
2.05	(i)		8	Batuhan	Önder	2001	3-u20	NC-U20-Indoor	İstanbul	01-02-20
2.05		PB	9	Bartu	Aydoğan	2002	3	NC-U20	İstanbul, E.Kocak	01-09-20
2.04	(i)		10	Furkan	Göksoy	1992	1	TAF Indoor Cup	İstanbul	08-03-20

### SIRIKLA ATLAMA / POLE VAULT

TOP 10

5.60	(i)	NU23R-i	1	Ersu	Şaşma	1999	1	Fed Inv Indoor	İstanbul	23-02-20
5.20	(i)	PB=	2	İlkay	Aydemir	1998	5	Balkan Indoor	İstanbul	15-02-20
5.15	(i)	PB	3	Zekicem	Tenekebüken	1998	2	Ruhi Sarıalp Cup	İstanbul	29-02-20

4.90	(i)	PB	4	Lütfi	Atalay	2003	4	Ruhi Sarıalp Cup	İstanbul	29-02-20
4.80	(i)	PB	5	Yunus Emre	Kızıl	2001	6	Balkan U20 Indoor	İstanbul	09-02-20
4.80			6	Mustafa Berkay	Gürmeriç	1998	4	Super League	Bursa	20-08-20
4.60	(i)		7	Yunus	Pehlevan	1994	Hep	BUL NC-Indoor	Sofia, BUL	23-02-20
4.60			8	Muhammet Hanifi	Tanrıkulu	1999	5	Super League	Bursa	20-08-20
4.50		PB	9	Erdem	Tilki	2004	1	U18 Regional	Mersin	07-08-20
4.50			10	Ömer Faruk	Çanakçı	2000	1	Fed Inv	Trabzon	07-08-20

## UZUN ATLAMA / LONG JUMP

										TOP 10
7.41	(i)	PB-i	1	Yunus Emre	Gümüş	2001	1	Balkan U20 Indoor	İstanbul	09-02-20
7.41	0.1		2	Alper	Kulaksız	1992	2	Super League	Bursa	28-08-20
7.40	(i)		3	Muammer	Demir	1995	1	NC-Indoor	İstanbul	01-02-20
7.39	(i)		4	Emre	Dalkıran	1997	2	NC-Indoor	İstanbul	01-02-20
7.39	(i)	PB-i	5	Musa	Tüzen	1994	1	Fed Inv Indoor	İstanbul	22-02-20
7.33	(i)	PB-i	6	Hüseyin	Ocak	1999	3	NC-Indoor	İstanbul	01-02-20
7.33	1.3	PB	7	Caner	Yağcı	1997	1	Fed Inv	İstanbul	06-08-20
7.30			8	Kaan	Şencan	1993	2	Fed Inv	İstanbul	06-08-20
7.31	(i)		9	Yiğit	Yeşilçiçek	1998	4	NC-Indoor	İstanbul	01-02-20
7.23	1.5	PB	10	Ali	Çolak	2001	2	NC-U20	İstanbul, E.Kocak	02-09-20

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## RÜZGAR YARDIMI / WIND ASSISTED PERFORMANCES

7.66	4.0		x	Muammer	Demir	1995	1	NC-Int	İstanbul, E.Kocak	04-09-20
7.66	3.2		x	Caner	Yağcı	1997	2	NC-Int	İstanbul, E.Kocak	04-09-20
7.55	4.5		x	Musa	Tüzen	1994	3	NC-Int	İstanbul, E.Kocak	04-09-20
7.51	4.3		x	Kaan	Şencan	1993	4	NC-Int	İstanbul, E.Kocak	04-09-20
7.46	3.3		x	Yunus Emre	Gümüş	2001	5	NC-Int	İstanbul, E.Kocak	04-09-20

## ÜÇ ADIM ATLAMA / TRIPLE JUMP

										TOP 10
16.41	0.1		1	Can	Özüpek	1996	1	Super League	Bursa	20-08-20
15.91	(i)	PB-i	2	Musa	Tüzen	1994	1	Fed Inv Indoor	İstanbul	26-01-20
15.90	(i)		3	Mert	Çiçek	1998	1	Ruhi Sarıalp Cup	İstanbul	29-02-20
15.47	0.8	PB	4	Onur	Çaparoğlu	2001	3	Balkan U20	İstanbul, E.Kocak	13-09-20
15.33	(i)		5	Murat	Özbey	1998	4	UKR Indoor CH	Sumy, UKR	22-02-20
15.23	1.2	PB	6	Cem	Şahin	1996	2	Fed Inv	Eskişehir	26-07-20
15.02	-0.1		7	Davut	Kargı	2001	2-u20	Fed Inv	Eskişehir	26-07-20
14.78	0.3		8	Batuhan	Çakır	2001	2-u20	Fed Inv	Ankara	19-07-20
14.74	0.2	PB	9	Ali	Çolak	2001	2	NC-U20	İstanbul, E.Kocak	02-09-20
14.70	(i)	PB-i	10	Fadil	Bombacı	1997	4	NC-Indoor	İstanbul	02-02-20

## GÜLLE ATMA / SHOT PUT (7.26 KG)

										TOP 10
18.51		PB	1	Alperen	Karahan	2000	1	Seyfi Alanya Cup	Mersin	23-02-20
18.47			2	Osman Can	Özdeveci	1995	1	Super League	Bursa	19-08-20
18.21	(i)		3	Murat	Gündüz	1993	1	NC-Indoor	İstanbul	02-02-20
17.06		PB	4	Savaş	Parlak	2002	1	Fed Inv	Ankara	06-08-20
16.78			5	Hüseyin	Atıcı	1986	4	Super League	Bursa	19-08-20
16.54		PB	6	Oğuzhan	Özdayı	1997	3	Seyfi Alanya Cup	Mersin	23-02-20
16.43		PB	7	Fatih	Alparslan	2000	3	NC-Int	İstanbul, E.Kocak	04-09-20
16.31		PB	8	Hasan	Saygı	2000	4	NC-Int	İstanbul, E.Kocak	04-09-20
15.84		PB	9	Muhammet	Polat	1999	6	Super League	Bursa	28-08-20
14.03			10	Murat	Küleççi	1992	1	First League	Trabzon	26-08-20

## GÜLLE ATMA / SHOT PUT (6 KG – U20 IMPLEMENT)

										TOP 10
19.38	(i)		1	Alperen	Karahan	2000	1-u20	Fed Inv Indoor	İstanbul	29-12-19
18.80	(i)	PB	2	Melih	Yersel	2001	2	Balkan U20 Indoor	İstanbul	09-02-20
18.71		PB	3	Savaş	Parlak	2002	1	NC-U20	İstanbul, E.Kocak	01-09-20
17.46			4	Samet	Kutlu	2001	2	Seyfi Alanya Cup	Mersin	23-02-20
17.43			5	Melih	Gökcalp	2002	2	Nurullah İvak Cup	Bursa	26-07-20
16.36			6	Nuh	Bolat	2002	4	NC-U20	İstanbul, E.Kocak	01-09-20
16.32			7	Emirhan	Demir	2001	3	Seyfi Alanya Cup	Mersin	23-02-20
16.21			8	Furkan	Şimşek	2003	5	NC-U20	İstanbul, E.Kocak	01-09-20
15.57			9	Tarik	Özer	2003	6	NC-U20	İstanbul, E.Kocak	01-09-20
15.30			10	Berk	Sansoy	2002	6	Seyfi Alanya Cup	Mersin	23-02-20

## GÜLLE ATMA / SHOT PUT (5 KG – U18 IMPLEMENT)

										TOP 10
17.97	(i)	PB	1	Melih	Gökcalp	2002	1-u18	Fed Inv Indoor	İstanbul	29-12-19
17.23			2	Furkan	Şimşek	2003	1	U18 Regional	İstanbul	06-08-20
16.85			3	Emirhan	Fidan	2003	1	Seyfi Alanya Cup	Mersin	23-02-20
16.79			4	Ali	Peker	2005	1	U18 League	Denizli	12-08-20
16.77			5	Tarik	Özer	2003	2	Seyfi Alanya Cup	Mersin	23-02-20
16.63	(i)		6	Lütfü	Demir	2003	3	U18 Indoor Match	İstanbul	07-03-20
16.00			7	Behnan	Satılmış	2003	1	U18 Regional	Trabzon	06-08-20
15.55	(i)		8	Mustafa Efe	Kuru	2004	3-u18	NC-U18-Indoor	İstanbul	30-01-20
15.31			9	Veysel Tunahan	Ülker	2004	1	U18 Regional	Denizli	06-08-20



15.29	10	Utku	Köse	2004	2	U18 Regional	Denizli	06-08-20	
<b>DİSK ATMA / DISCUS THROW (2.00 KG)</b>								<b>TOP 10</b>	
56.83	1	İrfan	Yıldırım	1988	1	Super League	Bursa	29-08-20	
56.48	2	Ömer	Şahin	1995	1	NC-Int	İstanbul, E.Kocak	05-09-20	
56.28	3	Yusuf	Yalçınkaya	1995	2	NC-Int	İstanbul, E.Kocak	05-09-20	
53.77	4	Berke	İnalöğlü	1998	2	Nurullah İvak Cup	Bursa	25-07-20	
52.95	PB	5	Osman	Kul	2000	3	Nurullah İvak Cup	Bursa	25-07-20
51.88	PB	6	Fatih	Alparslan	2000	4	NC-Int	İstanbul, E.Kocak	05-09-20
51.83	PB	7	Burak	Dertli	2000	3	Super League	Bursa	29-08-20
50.58	PB	8	Oğuzhan	Özdayı	1997	4	Super League	Bursa	29-08-20
49.90	10	Talat	Erdoğan	1987	3	Fed Inv	Ankara	19-07-20	
<b>DİSK ATMA / DISCUS THROW (1.75 KG – U20 IMPLEMENT)</b>								-	
51.71	1	Delil Dilovan	Bal	2002	1	U20 League	Denizli	16-08-20	
51.17	2	Aslan Kağan	Kalıntaş	2001	1	Seyfi Alanya Cup	Mersin	23-02-20	
49.14	3	Tarık	Özer	2003	1	NC-U20	İstanbul, E.Kocak	02-09-20	
48.14	4	Lütfü	Demir	2003	3	NC-U20	İstanbul, E.Kocak	02-09-20	
47.80	5	Berk	Sansoy	2002	3	Seyfi Alanya Cup	Mersin	23-02-20	
47.14	6	Furkan	Çeken	2001	4	Seyfi Alanya Cup	Mersin	23-02-20	
46.74	7	Semih	Bastı	2001	5	Seyfi Alanya Cup	Mersin	23-02-20	
46.00	8	Yasin	Taslak	2001	6	Seyfi Alanya Cup	Mersin	23-02-20	
45.75	9	Mustafa	Yorgun	2002	4	NC-U20	İstanbul, E.Kocak	02-09-20	
<b>DİSK ATMA / DISCUS THROW (1.5 KG – U18 IMPLEMENT)</b>								-	
55.66	1	Lütfü	Demir	2003	1	Nurullah İvak Cup	Bursa	25-07-20	
52.68	2	Tarık	Özer	2003	2	U18 League	Denizli	12-08-20	
46.23	3	Metin Mert	Ataman	2003	3	Seyfi Alanya Cup	Mersin	22-02-20	
45.74	4	Mustafa	Aktaş	2004	4	Seyfi Alanya Cup	Mersin	22-02-20	
45.59	5	Yasin Mehmet	Yılmaz	2003	3-u18	Fed Inv	Ankara	19-07-20	
45.38	6	Furkan	Uzuner	2004	3	Nurullah İvak Cup	Bursa	25-07-20	
<b>ÇEKİÇ ATMA / HAMMER THROW (7.26 KG)</b>								<b>TOP 10</b>	
77.56	1	Eşref	Apak	1982	1	Seyfi Alanya Cup	Mersin	22-02-20	
77.33	2	Özkan	Baltacı	1994	1	Super League	Bursa	28-08-20	
67.38	PB	3	Batuhan	Hızal	2000	2	Seyfi Alanya Cup	Mersin	22-02-20
63.14	PB	4	Halil	Yılmaz	2001	3	NC-Int	İstanbul, E.Kocak	04-09-20
61.69	5	Tolgahan	Yavuz	1995	1	Nurullah İvak Cup	Bursa	26-07-20	
58.37	6	Mahmut Sami	Duru	1995	4	NC-Int	İstanbul, E.Kocak	04-09-20	
55.65	PB	7	Yusuf	Güneş	2001	5	Super League	Bursa	28-08-20
54.86	PB	8	Mehmet	Kaş	2001	5	NC-Int	İstanbul, E.Kocak	04-09-20
54.77	PB	9	Emirhan	Şipşak	2002	1	Fed Inv	Trabzon	06-08-20
52.64	10	Hakan Mert	Sözüdiri	1998	7	NC-Int	İstanbul, E.Kocak	04-09-20	
<b>ÇEKİÇ ATMA / HAMMER THROW (6 KG – U20 IMPLEMENT)</b>								-	
70.60	1	Halil	Yılmaz	2001	1-u20	Fed Inv	Ankara	18-07-20	
65.71	2	Yusuf	Güneş	2001	2	NC-U20	İstanbul, E.Kocak	01-09-20	
63.36	3	Mehmet	Kaş	2001	2	Seyfi Alanya Cup	Mersin	22-02-20	
64.78	4	Emirhan	Şipşak	2002	3	NC-U20	İstanbul, E.Kocak	01-09-20	
59.12	5	Yiğitcan	Koç	2003	5	NC-U20	İstanbul, E.Kocak	01-09-20	
56.26	6	Fırat	Al	2003	6	NC-U20	İstanbul, E.Kocak	01-09-20	
55.87	7	Canib	Özcan	2002	4	Seyfi Alanya Cup	Mersin	22-02-20	
<b>ÇEKİÇ ATMA / HAMMER THROW (5 KG – U18 IMPLEMENT)</b>								-	
65.36	1	Yiğitcan	Koç	2003	1	U18 League	Denizli	11-08-20	
65.09	2	Fırat	Al	2003	1	U18 Regional	İstanbul	06-08-20	
58.59	3	Fevzi Can	Şahin	2004	2	Seyfi Alanya Cup	Mersin	22-02-20	
56.75	4	Yusuf Furkan	Görüç	2004	3	Seyfi Alanya Cup	Mersin	22-02-20	
53.44	5	Emre	Çiftçi	2004	2	U18 League	Denizli	11-08-20	
51.06	6	Yunus	Altuntaş	2003	3	U18 League	Denizli	11-08-20	
<b>CİRİT ATMA / JAVELIN THROW (800 G)</b>								<b>TOP 10</b>	
80.00	1	Emin	Öncel	1997	1	Seyfi Alanya Cup	Mersin	23-02-20	
77.96	PB	2	Ümmet	Değermenci	1998	2	Super League	Bursa	29-08-20
73.04	3	Ahmet Talha	Kılıç	1996	3	Super League	Bursa	29-08-20	
71.16	4	Toygar İsmet	Pekbak	1999	3	Super League	Bursa	20-08-20	
64.58	5	Ömer Faruk	Avan	2000	5	Super League	Bursa	20-08-20	
63.11	6	Metehan	Acar	2001	6	Super League	Bursa	20-08-20	
61.23	7	Ahmet	Toyran	2001	4	Balkan U20	İstanbul, E.Kocak	13-09-20	
60.48	PB	8	Ali Rıza	Karakuş	2002	5	Balkan U20	İstanbul, E.Kocak	13-09-20
60.45	9	Hakan	Yağcı	1988	1	First League	Trabzon	27-08-20	
59.30	PB	10	Muhammed Kaan	Toklu	1997	1	Fed Inv	Ankara	07-08-20
<b>CİRİT ATMA / JAVELIN THROW (700 G – U18 IMPLEMENT)</b>								-	
59.48	1	Burak	Demirkesen	2004	1	U18 Regional	Ankara	07-08-20	

56.72		<b>2</b>	Efe	Safi	2003	2	U18 Regional	Ankara	07-08-20
56.48		<b>3</b>	İsmail	Ağca	2004	1	U18 Regional	Mersin	07-08-20
54.24		<b>4</b>	Anıl	Tekiner	2003	2	Seyfi Alanya Cup	Mersin	23-02-20
53.57		<b>5</b>	Mustafa	Yunak	2004	2-u18	Fed Inv	Ankara	19-07-20
53.32		<b>6</b>	Muhammet Hanifi	Zengin	2004	2	U18 League	Denizli	12-08-20
53.11		<b>7</b>	Oktay	Dudank	2003	3	Seyfi Alanya Cup	Mersin	23-02-20
53.01		<b>8</b>	Caner	Karaca	2003	3	U18 League	Denizli	12-08-20
52.74		<b>9</b>	Şafak	Demircioğlu	2003	4-u18	Fed Inv	Ankara	19-07-20

## DEKATLON

6153	PB	<b>1</b>	Yavuz	Şalkacı	1999	4	Balkan CH	Cluj-Napoca, ROU	19-20/09-20
11.42 – 6.40 – 9.58 – 1.90 – 51.89 / 15.84 – 25.45 – 4.10 – 46.06 – 5:10.33									

## DEKATLON U20 (100H – 99cm, SP – 6 KG, DT 1.75 KG)

5541		<b>1</b>	Batuhan Arda	Erol	2002	6	Balkan U20	İstanbul, E.Kocak	12-13/09-20
11.66 – 6.55 – 10.55 – 1.71 – 54.18 / 15.22 – 24.93 – 2.60 – 36.52 – 4:59.00									
5216		<b>2</b>	Osman	Mercimek	2001	8	Balkan U20	İstanbul, E.Kocak	12-13/09-20
11.92 – 6.18 – 9.89 – 1.74 – 56.60 / 16.23 – 24.37 – 4.00 – 32.34 – 5:46.96									
4710		<b>3</b>	Kadir	Demirer	2001	3	NC-U20	İstanbul, E.Kocak	01-02/09-20
11.71 – 6.59 – 10.66 – NM – 55.85 / 16.17 – 21.16 – 3.00 – 40.74 – 5:35.07									
4693		<b>4</b>	Barça	Düşünceli	2002	4	NC-U20	İstanbul, E.Kocak	01-02/09-20
12.41 – 4.93 – 10.00 – 1.65 – 55.02 / 17.91 – 24.75 – 2.40 – 37.88 – 4:47.05									

## HEPTATHLON – INDOOR

5179	PB	<b>1</b>	Yunus	Pehlevan	1994	1	Komple Atlet Indoor 2	İstanbul	25-26/01-20
7.31 – 6.89 – 12.13 – 1.89 / 8.71 – 4.50 – 2:53.85									
5122	NU23R-i	<b>2</b>	İlkay	Aydemir	1998	1-u23	Komple Atlet Indoor 2	İstanbul	25-26/01-20
7.27 – 6.74 – 9.85 – 1.98 / 8.75 – 4.90 – 3:02.96									
5014		<b>3</b>	Ahmet Mustafa	Yılmaz	1994	2	Komple Atlet Indoor 2	İstanbul	25-26/01-20
7.39 – 6.43 – 13.12 – 1.83 / 8.52 – 4.40 – 2:59.49									
4938	PB	<b>4</b>	Yusuf	Pehlevan	1992	3	Komple Atlet Indoor 2	İstanbul	25-26/01-20
7.15 – 6.37 – 11.75 – 1.98 / 8.50 – 3.80 – 3:02.31									
4317		<b>5</b>	Abdülşamet	Ankan	1997	3	Komple Atlet Indoor 1	İstanbul	04-05/01-20
7.55 – 6.46 – 8.93 – 1.92 / 9.09 – 3.20 – 3:01.80									
4073		<b>6</b>	Yavuz	Şalkacı	1999	2-u23	Komple Atlet Indoor 2	İstanbul	25-26/01-20
7.23 – 6.54 – 10.37 – NM / 8.79 – 4.00 – 3:01.92									

## HEPTATHLON U20 – INDOOR (60H – 99cm, SP – 6 KG)

4754		<b>1</b>	Serhat	Bulut	2001	1-u20	Komple Atlet Indoor 2	İstanbul	25-26/01-20
7.46 – 6.31 – 9.96 – 1.89 / 8.05 – 3.40 – 2:50.65									
4228		<b>2</b>	Kadir	Demirer	2001	1-u20	Komple Atlet Indoor 1	İstanbul	04-05/01-20
7.36 – 6.02 – 11.74 – 1.74 / 8.90 – 3.50 – 3:22.62									
4159		<b>3</b>	Batuhan Arda	Erol	2002	2-u20	Komple Atlet Indoor 2	İstanbul	25-26/01-20
7.54 – 6.26 – 10.41 – 1.74 / 8.68 – 2.50 – 2:59.66									
4005		<b>4</b>	Osman	Mercimek	2001	3-u20	Komple Atlet Indoor 2	İstanbul	25-26/01-20
7.49 – 5.89 – 10.70 – 1.56 / 9.07 – 3.70 – 3:17.95									

## HEPTATHLON U18 – INDOOR (60H – 91cm, SP – 5 KG)

4351	PB	<b>1</b>	Mustafa Anıl	Korkmaz	2003	1-u18	Komple Atlet Indoor 2	İstanbul	25-26/01-20
7.46 – 6.21 – 12.23 – 1.68 / 8.78 – 2.80 – 2:52.34									
4337	PB	<b>2</b>	Muhammed	İran	2003	2-u18	Komple Atlet Indoor 2	İstanbul	25-26/01-20
7.55 – 5.95 – 11.60 – 1.56 / 8.44 – 3.30 – 2:52.15									

## RACE WALKING – 5000M TRACK

19:13.59	(i)	NR-i	<b>1</b>	Salih	Korkmaz	1997	1	NC-Indoor Walking	İstanbul	11-01-20
19:45.12	(i)		<b>2</b>	Şahin	Şenoduncu	1994	2	NC-Indoor Walking	İstanbul	11-01-20
20:06.21	(i)		<b>3</b>	Selman	İlhan	2000	3	NC-Indoor Walking	İstanbul	11-01-20
20:20.3	m		<b>4</b>	Abdülşelam	İmuk	1999	3	Race Walking League	Diyarbakır	16-09-20
20:44.05	(i)		<b>5</b>	Serhat	Güngör	2002	1-u20	NC-Indoor Walking	İstanbul	11-01-20
20:55.25			<b>6</b>	Mustafa	Özbek	1997	2	Fed Inv	Bursa	29-08-20
20:44.1	m		<b>7</b>	Mert	Atlı	1993	4	Race Walking League	Diyarbakır	16-09-20
20:56.6	m		<b>8</b>	Serkan	Doğan	1992	5	Race Walking League	Diyarbakır	16-09-20
22:20.90	(i)		<b>9</b>	Hamza	Bayraktar	2003	1-u18	NC-Indoor Walking	İstanbul	11-01-20
22:21.4	m		<b>10</b>	Mert	Kahraman	2003	2-u20	Race Walking League	Diyarbakır	16-09-20

## RACE WALKING - 10 KM

39:20	+	NR	<b>1</b>	Salih	Korkmaz	1997	-	NC-Walking INT	Antalya	16-02-20
43:09		PB	<b>2</b>	Serhat	Güngör	2002	2-u20	Balkan Walking	Ivano Frankivsk, UKR	14-03-20
43:19		PB	<b>3</b>	Mazlum	Demir	2003	1-u18	Balkan Walking	Ivano Frankivsk, UKR	14-03-20
44:06			<b>4</b>	Özgür	Topsakal	2001	3-u20	Balkan Walking	Ivano Frankivsk, UKR	14-03-20

44:07		5	Mert	Kahraman	2003	2-u18	Balkan Walking	Ivano Frankivsk, UKR	14-03-20
46:17		6	Hayrettin	Yıldız	2004	3-u18	NC-Walking INT	Antalya	16-02-20
47:08		7	Umut	Temel	2001	3-u20	NC-Walking INT	Antalya	16-02-20
47:09		8	Meriç	Atlı	2001	4-u20	NC-Walking INT	Antalya	16-02-20
47:48		9	Hamza	Bayraktar	2003	4-u18	NC-Walking INT	Antalya	16-02-20
47:48		10	Mert	Arslan	2002	5-u20	NC-Walking INT	Antalya	16-02-20

## RACE WALKING – 10,000m TRACK

TOP 10

39:26.92	NR	1	Salih	Korkmaz	1997	1	NC	İstanbul, E.Kocak	05-09-20
41:08.01		2	Şahin	Şenoduncu	1994	2	NC	İstanbul, E.Kocak	05-09-20
42:23.11		3	Mert	Atlı	1993	3	TAF Walking Cup	Ankara	09-08-20
45:31.29		4	Mustafa	Özbek	1997	4	TAF Walking Cup	Ankara	09-08-20
46:17.93		5	Cumali	Arslan	2000	3	NC	İstanbul, E.Kocak	05-09-20
47:35.58		6	Mazlum	Demir	2003	6	TAF Walking Cup	Ankara	09-08-20
48:46.17		7	Serhat	Güngör	2002	7	TAF Walking Cup	Ankara	09-08-20
50:12.95		8	Oğulcan	Polat	2000	8	TAF Walking Cup	Ankara	09-08-20
50:38.21		9	İsa	Arslan	2002	9	TAF Walking Cup	Ankara	09-08-20
50:50.45		10	Murat	Güda	2004	10	TAF Walking Cup	Ankara	09-08-20

## RACE WALKING – 20 KM

TOP 10

1:19:31	NR	1	Salih	Korkmaz	1997	1	NC-Walking INT	Antalya	16-02-20
1:21:47	PB	2	Şahin	Şenoduncu	1994	2	NC-Walking INT	Antalya	16-02-20
1:23:46	PB	3	Abdülselem	İmuk	1999	3	Balkan Walking	Ivano Frankivsk, UKR	14-03-20
1:25:20	PB	4	Selman	İlhan	2000	4	Balkan Walking	Ivano Frankivsk, UKR	14-03-20
1:35:09		5	Bayram	İzciak	1997	4	NC-Walking INT	Antalya	16-02-20
1:35:12		6	Cumali	Arslan	2000	5	NC-Walking INT	Antalya	16-02-20
1:36.57		7	Oğulcan	Polat	2000	6	NC-Walking INT	Antalya	16-02-20

### Abbreviations / Kısaltmalar

<b>NR</b>	National Record / Ulusal rekor
<b>NU20R</b>	National U20 Record / Ulusal U20 rekoru
<b>NU18R</b>	National U18 Record / Ulusal U18 rekoru
<b>(i)</b>	Indoor performance / Salon performansı
<b>Att.</b>	Attempt / Atlayış hakkı
<b>R</b>	Round / Tur
<b>h</b>	Heats / Seçme serisi
<b>q</b>	Qualifications / Elemeler
<b>Dec</b>	Decathlon / Dekatlon içinde yapılmış derece
<b>Hep</b>	Heptathlon / Heptatlon içinde yapılmış derece
<b>OC</b>	Out of Competition / Tasnif dışı yarışma
<b>+</b>	Split time / Geçiş zamanı



# 2020 TURKISH ATHLETICS TOP 10 LIST (Women)

(Starting from 14 December 2019) – LAST UPDATE: 24/09/2020

Compiled by **Sevket F. ERBAY** – For all corrections and suggestions: [sferbay@gmail.com](mailto:sferbay@gmail.com)

U23	Under-23 level (born in 1998-00)
U20	Under-20 level (born in 2001-02)
U18	Under-18 level (born 2003 and after)
	Recorded before 1 Jan 2020

Mark	Wind	Note	No	Name	Surname	DOB	Place	Competition	Venue	Day/Mo
<b>60 METRES INDOOR</b>										
<b>TOP 10</b>										
7.32	(i)	NU23R-i	1	Mizgin	Ay	2000	1A	NC-Indoor	İstanbul	01-02-20
7.46	(i)	PB	2	Burcu	Erdemir	1996	2A	NC-Indoor	İstanbul	01-02-20
7.60	(i)	PB	3	Zülha	Armutçu	2002	3	Balkan U20 Indoor	İstanbul	09-02-20
7.62	(i)	PB	4	Simay	Özçiftçi	2003	1h2-u18	Fed Inv Indoor	İstanbul	04-01-20
7.63	(i)	PB	5	Elif	Polat	1999	4A	NC-Indoor	İstanbul	01-02-20
7.68	(i)		6	Yudum	İliksiz	1997	1	Fed Inv Indoor	İstanbul	22-02-20
7.81	(i)	PB	7	Aysun	Akay	1994	1h1	NC-Indoor	İstanbul	01-02-20
7.87	(i)	PB	8	Helin Nur	Cengiz	2004	2-u18	NC-U18-Indoor	İstanbul	29-01-20
7.89	(i)	PB	9	Habibe	Okçu	2003	3-u18	NC-U18-Indoor	İstanbul	29-01-20
7.91	(i)		10	Eda Nur	Kılıç	1999	3	Fed Inv Indoor	İstanbul	19-01-20
<b>100 METRES</b>										
<b>TOP 10</b>										
11.79	1.1	PB	1	Hilal	Durmaz (AUS)	2004	1	U18 Meet	Nathan, AUS	25-01-20
11.81	1.7	PB	2	Simay	Özçiftçi	2003	1	Super League	Bursa	28-08-20
11.85	1.7		3	Mizgin	Ay	2000	2	Super League	Bursa	28-08-20
11.94	0.6	PB	4	Zülha	Armutçu	2002	2	Balkan U20	İstanbul, E.Kocak	12-09-20
11.97	1.7	PB	5	Yudum	İliksiz	1997	1-ex	Super League	Bursa	29-08-20
11.97	0.0		6	Elif	Polat	1999	4	Balkan CH	Cluj-Napoca, ROU	19-09-20
12.06	1.1	PB	7	Ecenaz	Kara	2000	1	Fed Inv	Eskişehir	25-07-20
12.26	0.8		8	Melike	Malkoç	2000	2h2	Fed Inv	Ankara	18-07-20
12.27	0.8		9	Edanur	Kılıç	1999	2	Fed Inv	Ankara	18-07-20
12.27	0.8		10	Burcu	Erdemir	1996	3	Fed Inv	Ankara	18-07-20
* RÜZGAR YARDIMI / WIND ASSISTED PERFORMANCES										
11.88	2.7		x	Elif	Polat	1999	1	NC-Int	İstanbul, E.Kocak	04-09-20
12.43	2.7		x	Beyzanur	Seylan	2004	4	NC-Int	İstanbul, E.Kocak	04-09-20
12.45	4.3		x	Tuana Begüm	Apay	2001	2h4	NC-Int	İstanbul, E.Kocak	04-09-20
12.65	4.3		x	Yaren	Yıldırım	2003	3h4	NC-Int	İstanbul, E.Kocak	04-09-20
12.92	3.2		x	Zeynep	Kuran	2002	3h2	NC-Int	İstanbul, E.Kocak	04-09-20
<b>200 METRES</b>										
<b>TOP 10</b>										
24.04	(i)	NU23R-i	1	Mizgin	Ay	2000	1	Fed Inv Indoor	İstanbul	02-02-20
24.35	0.7		2	Elif	Polat	1999	3	Balkan CH	Cluj-Napoca, ROU	20-09-20
24.46	1.6	PB	3	Hilal	Durmaz (AUS)	2004	1	U18 Meet	Brisbane, AUS	01-02-20
24.53	(i)	PB-i	4	Simay	Özçiftçi	2003	1h1	Fed Inv Indoor	İstanbul	12-01-20
24.84		PB	5	Şevval	Ayaz	2000	1	Super League	Bursa	20-08-20
24.88	-0.4	PB	6	Ecenaz	Kara	2000	1	Fed Inv	Ankara	19-07-20
24.93	-0.4	PB	7	Büşra	Yıldırım	1996	2	Fed Inv	Ankara	19-07-20
24.98			8	Edanur	Kılıç	1999	3	Fed Inv	Ankara	19-07-20
25.06	-0.6		9	Berfe	Sancak	1994	3	NC-Int	İstanbul, E.Kocak	05-09-20
25.19	(i)		10	Burcu	Erdemir	1996	1	Fed Inv Indoor	İstanbul	05-01-20
* RÜZGAR YARDIMI / WIND ASSISTED PERFORMANCES										
24.34	2.4		x	Elif	Polat	1999	1h4	NC-Int	İstanbul	05-09-20
24.83	2.8		x	Berfe	Sancak	1994	1h1	NC-Int	İstanbul	05-09-20
25.31	2.7		x	Hatice Ceren	Palalı	2004	1h2	U18 League	Denizli	12-08-20
<b>300 METRES</b>										
<b>TOP 10</b>										
39.36	(i)	NR-i	1	Simay	Özçiftçi	2003	1	Fed Inv Indoor	İstanbul	22-01-20
39.55		PB	2	Büşra	Yıldırım	1996	1	Fed Inv	Ankara	18-07-20
40.52	(i)	PB	3	Zehra	Oral	2003	2	Fed Inv Indoor	İstanbul	22-01-20
41.51	(i)	PB	4	Ecem	Ece	2000	3	Fed Inv Indoor	İstanbul	22-01-20
41.60	(i)	PB	5	Ezgi	Kol	2004	2-u18	Fed Inv	Ankara	18-07-20
41.89		PB	6	Gizem Duygu	Güney	2002	1-u20	Fed Inv	Ankara	18-07-20
<b>400 METRES</b>										
<b>TOP 10</b>										
53.81	(i)	PB-i	1	Emel	Şanlı-Kırçın	1993	2fB	Balkan Indoor	İstanbul	15-02-20
54.61	(i)	PB-i	2	Derya	Yıldırım	1994	2	NC-Indoor	İstanbul	02-02-20
55.89			3	Büşra	Yıldırım	1996	1	Fed Inv	Mersin	06-08-20
55.94		PB	4	Nevin	İnce	2004	3	Balkan CH	Cluj-Napoca, ROU	19-09-20
56.20			5	Berfe	Sancak	1994	1	Super League	Bursa	19-08-20
56.83	(i)	PB-i	6	Zehra	Oral	2003	1h3-u18	Fed Inv Indoor	İstanbul	25-01-20

56.92	(i)	PB-i	7	Zeynep	Kuran	2002	1f2	Balkan U20 Indoor	İstanbul	09-02-20
56.93			8	Zeynep	Baş	1996	1	Fed Inv	İstanbul	06-08-20
57.73	(i)		9	Ezgi	Kol	2004	4	U18 Indoor Match	İstanbul	07-03-20
57.93			10	Sudenaz	Kazanççı	2003	4	Super League	Bursa	28-08-20

## 800 METRES

TOP 10

2:08.51			1	Aslı	Arık	1995	1	Super League	Bursa	20-08-20
2:08.91		PB	2	Burcu	Subatan	1997	1	Fed Inv	Eskişehir	25-07-20
2:09.67	(i)	PB-i	3	Tuğba	Toptaş	2000	1	Fed Inv Indoor	İstanbul	22-12-19
2:09.67	(i)		4	Rahime	Tekin	1998	1	NC-Indoor	İstanbul	02-02-20
2:10.12	(i)	PB-i	5	Damla	Çelik	1997	2	NC-Indoor	İstanbul	02-02-20
2:10.71		PB	6	Süreyya	Yıldız	2004	1	U18 League	Denizli	12-08-20
2:10.97	(i)	PB	7	Şevval	Özdoğan	2002	2	Fed Inv Indoor	İstanbul	22-12-19
2:11.01	(i)	PB	8	Nevin	İnce	2004	1	U18 Indoor Match	İstanbul	07-03-20
2:11.53		PB	9	Nazire	Güleç	2002	3	Super League	Bursa	20-08-20
2:11.88	(i)	PB	10	Aleyna	Tok	2003	1	Fed Inv Indoor	İstanbul	26-01-20

## 1500 METRES

TOP 10

4:15.51			1	Yasemin	Can	1996	1	Super League	Bursa	28-08-20
4:19.17			2	Meryem	Akdağ	1992	1	Super League	Bursa	19-08-20
4:17.79		PB	3	Burcu	Subatan	1997	3	Balkan CH	Cluj-Napoca, ROU	20-09-20
4:24.51	(i)	PB	4	Rahime	Tekin	1998	3	Balkan Indoor	İstanbul	15-02-20
4:25.76			5	Semra	Karaslan	1998	3	Super League	Bursa	28-08-20
4:26.97	(i)		6	Fatma	Arık	1997	5	Istanbul Indoor Cup	İstanbul	16-02-20
4:28.60		PB	7	Fatma	Demir	1996	1	First League	Trabzon	26-08-20
4:29.78	(i)		8	Tuğba	Toptaş	2000	1	Fed Inv Indoor	İstanbul	21-12-19
4:31.47		PB	9	Şevval	Özdoğan	2002	4f2	NC-Int	İstanbul, E.Kocak	05-09-20
4:31.68	(i)		10	Damla	Çelik	1997	1	Fed Inv Indoor	İstanbul	14-12-19

## 1 MİL / MILE

5:02.63		PB	1	Ayça	Fidanoğlu	2006	1	Invitational	Eskişehir	25-07-20
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## 3000 METRES

TOP 10

8:57.64			1	Yasemin	Can	1996	1	Super League	Bursa	19-08-20
9:11.26			2	Meryem	Akdağ	1992	1	NC-Int	İstanbul, E.Kocak	04-09-20
9:17.34		PB	3	Burcu	Subatan	1997	2	NC-Int	İstanbul, E.Kocak	04-09-20
9:18.02	(i)	PB-i	4	Fatma	Arık	1997	2	Balkan Indoor	İstanbul	15-02-20
9:18.34	(i)	PB	5	Yayla	Kılıç	1997	1	NC-Indoor	İstanbul	02-02-20
9:30.28		PB	6	Derya	Kunur	1999	2	Super League	Bursa	19-08-20
9:41.63		PB	7	Rümeysa	Coşkun	2003	1	NC-U20	İstanbul, E.Kocak	01-09-20
9:42.77	(i)	PB	8	Meltem	Yaşar	1997	1	John Thomas Terrier Classic	Boston, USA	24-01-20
9:46.47	(i)		9	Emine	Akbingöl	2000	5	NC-Indoor	İstanbul	02-02-20
9:48.24			10	Esmâ	Aydemir	1992	1	Super League	Bursa	28-08-20

## 5000 METRES

TOP 10

14:40.70			1	Yasemin	Can	1996	3	Zlata Tretra	Ostrava, CZE	08-09-20
16:18.94			2	Yayla	Kılıç	1997	1	First League	Trabzon	27-08-20
16:46.96		PB	3	Emine	Akbingöl	2000	2	Super League	Bursa	19-08-20
16:54.39		PB	4	Fatma	Arık	1997	1	NC-Int	İstanbul, E.Kocak	05-09-20
16:55.01		PB	5	Tuğçe	Özkan	2003	1	NC-U20	İstanbul, E.Kocak	02-09-20
17:00.65			6	Sümeyye	Erol	1996	2	NC-Int	İstanbul, E.Kocak	05-09-20
17:05.85		PB	7	Derya	Kunur	1999	4	Balkan CH	Cluj-Napoca, ROU	20-09-20
17:42.22		PB	8	Berfin	Barışer	2001	2	NC-U20	İstanbul, E.Kocak	02-09-20
17:56.19		PB	9	Emine	Baydili	1999	4	NC-Int	İstanbul, E.Kocak	05-09-20
17:59.22		PB	10	Gamze	Altuntaş	2004	3	NC-U20	İstanbul, E.Kocak	02-09-20

## HALF MARATHON

TOP 10

1:13:00			1	Sevilay	Eytemiş	1993	3	Trabzon HM	Trabzon	23-02-20
1:13:30			2	Fadime	Suna-Çelik	1986	4	Trabzon HM	Trabzon	23-02-20
1:13:47		PB	3	Fatma	Demir	1996	1	Vodafone İstanbul HM	İstanbul	20-09-20
1:14:44			4	Yasemin	Can-Arslan	1992	6	5 Ocak HM	Adana	05-01-20
1:14:49			5	Meryem	Erdoğan	1990	3	9 Eylül HM	İzmir	06-09-20
1:15:40			6	Bahar	Atalay	1998	5	Trabzon HM	Trabzon	23-02-20
1:15:40			7	Esmâ	Aydemir	1992	3	Vodafone İstanbul HM	İstanbul	20-09-20
1:17:14			8	Semra	Karaslan	1998	6	5 Ocak HM	Adana	05-01-20
1:19:21			9	Emine Hatun	Tuna-Mechaal	1995	4	Vodafone İstanbul HM	İstanbul	20-09-20
1:20:32			10	Meryem	Kılınç-Gündoğdu	1984	4	9 Eylül HM	İzmir	06-09-20

## 50M ENGELLİ / HURDLES – INDOOR (83.8 cm)

7.12	(i)	NR-i	1	Özge	Soylu	1996	1	Fed Inv Indoor	İstanbul	29-02-20
7.46	(i)		2	Beyza	Tilki	1994	2	Fed Inv Indoor	İstanbul	18-01-20

## 60M ENGELLİ / HURDLES – INDOOR (83.8 cm)

TOP 10

8.30	(i)	PB	1	Özge	Soylu	1995	1fB	Balkan Indoor	İstanbul	15-02-20
8.36	(i)		2	Şevval	Ayaz	2000	2	NC-Indoor	İstanbul	02-02-20

8.71	(i)	3	Nefise	Karatay	2000	3	NC-Indoor	İstanbul	02-02-20
8.88	(i)	4	Beyza	Tilki	1994	4	Fed Inv Indoor	İstanbul	26-01-20
9.00	(i)	5	Beyzanur	Yavuz	2000	4	NC-Indoor	İstanbul	02-02-20
9.01	(i)	6	Yaren	Yıldırım	2003	1-u20	NC-U20-Indoor	İstanbul	02-02-20
9.02	(i)	7	Cansu Nimet	Sayın	2003	2-u20	NC-U20-Indoor	İstanbul	02-02-20
9.08	(i)	8	Ezgi	Şayir	1993	Pen	Komple Atlet Indoor 2	İstanbul	26-01-20
9.12	(i)	9	Şerife	Uysal	2000	5	NC-Indoor	İstanbul	02-02-20
9.14	(i)	10	Hayriye Nur	Arı	2002	3-u20	NC-U20-Indoor	İstanbul	02-02-20

### 60M ENGELLİ / HURDLES – INDOOR (76.2 cm – U18 IMPLEMENT)

TOP 10

8.69	(i)	PB	1	Yaren	Yıldırım	2004	2	U18 Indoor Match	İstanbul	07-03-20
8.93	(i)		2	Cansu Nimet	Sayın	2003	1h4-u18	NC-U18-Indoor	İstanbul	30-01-20
9.12	(i)		3	Bahar	Öztürk	2004	5	U18 Indoor Match	İstanbul	07-03-20
9.18	(i)		4	Eslem	Tüm	2004	2-u18	NC-U18-Indoor	İstanbul	30-01-20
9.20	(i)		5	Sudenaz	Şahin	2003	3-u18	NC-U18-Indoor	İstanbul	30-01-20
9.27	(i)		6	Elif	Aydın	2006	1(06-08)	NC-U16-Indoor	İstanbul	19-01-20
9.30	(i)		7	İrem	Yiğit	2006	1h3	NC-U16-Indoor	İstanbul	19-01-20
9.31	(i)		8	Miray	Aktop	2004	2h4-u18	NC-U18-Indoor	İstanbul	30-01-20
9.37	(i)		9	Esin	Öner	2003	3h4-u18	NC-U18-Indoor	İstanbul	30-01-20
9.41	(i)		10	Nihan	Akaman	2003	3h3-u18	NC-U18-Indoor	İstanbul	30-01-20

### 100M ENGELLİ/HURDLES

TOP 10

13.44	1.1	PB	1	Özge	Soylu-Can	1995	1	Super League	Bursa	28-08-20
13.49	1.5		2	Şevval	Ayaz	2000	1	Super League	Bursa	19-08-20
14.03	1.9	PB	3	Yaren	Yıldırım	2003	2	Balkan U20	İstanbul, E.Kocak	13-09-20
14.46	1.8		4	Beyzanur	Yavuz	2000	1h1	First League	Trabzon	26-08-20
14.65	0.3	PB	5	Hayrunisa	Kapar	2001	2	NC-U20	İstanbul, E.Kocak	02-09-20
14.95	0.0		6	Nefise	Karatay	2000	2	Fed Inv	Ankara	18-07-20
15.09	0.0	PB	7	Hayriye Nur	Arı	2002	2-u20	Fed Inv	Ankara	18-07-20
15.14	0.3	PB	8	Cansu Nimet	Sayın	2003	3	NC-U20	İstanbul, E.Kocak	02-09-20
15.23	1.5		9	Ezgi	Şayir	1993	Hep	NC-Multi	İstanbul, E.Kocak	04-09-20
15.31	0.3	PB	10	Sudenaz	Şahin	2003	4	NC-U20	İstanbul, E.Kocak	02-09-20

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### RÜZGAR YARDIMI / WIND ASSISTED PERFORMANCES

14.47	3.0		x	Hayriye Nur	Arı	2002	2-u20	Fed Inv	Eskişehir	25-07-20
14.54	3.0		x	Hayrunisa	Kapar	2001	3-u20	Fed Inv	Eskişehir	25-07-20
14.80	3.0		x	Nefise	Karatay	2000	2	Fed Inv	Eskişehir	25-07-20
14.79	2.8		x	Beyza	Tilki	1994	2	Fed Inv	İstanbul	06-08-20

### 100M ENGELLİ/HURDLES (76.2 cm – U18 IMPLEMENT)

13.91	-1.1		1	Yaren	Yıldırım	2003	1	U18 League	Denizli	12-08-20
14.86	nwi		2	Cansu Nimet	Sayın	2003	2-u18	Fed Inv	Ankara	18-07-20
15.52	-2.1		3	Bahar	Öztürk	2004	1	U18 Regional	Denizli	06-08-20
15.69	1		4	Bilge	Aydın	2004	1	U18 Regional	Mersin	06-08-20
15.83	nwi		5	Sudenaz	Şahin	2003	3-u18	Fed Inv	Ankara	18-07-20

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### RÜZGAR YARDIMI / WIND ASSISTED PERFORMANCES

15.03	3.4		x	Miray	Aktop	2004	1-u18	Fed Inv	Eskişehir	25-07-20
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### 300M ENGELLİ/HURDLES

45.03			1	Ezgi	Kol	2004	1-u18	Fed Inv	Ankara	19-07-20
45.26			2	Gizem Duygu	Güney	2002	1-u20	Fed Inv	Ankara	19-07-20
48.60			3	Goncagül	Apay	2001	2-u20	Fed Inv	Ankara	19-07-20
49.60			4	Hatice	Okay	2002	3-u20	Fed Inv	Ankara	19-07-20

### 400M ENGELLİ/HURDLES

TOP 10

58.25			1	Emel	Şanlı-Kırçın	1993	1	Super League	Bursa	20-08-20
59.92			2	Büşra	Yıldırım	1996	2	Super League	Bursa	20-08-20
1:01.54		PB	3	Meryem	Aygün	2001	2f2	Balkan U20	İstanbul, E.Kocak	12-09-20
1:01.56		PB	4	Büşra	Altınbaş	2002	1	NC-U20	İstanbul, E.Kocak	02-09-20
1:03.35			5	Gizem Duygu	Güney	2002	3f2	NC-Int	İstanbul, E.Kocak	04-09-20
1:04.49			6	Ezgi	Kol	2004	4f2	NC-Int	İstanbul, E.Kocak	04-09-20
1:04.68			7	Berfin	Boduç	2000	3	Super League	Bursa	20-08-20
1:05.90			8	Edanur	Yaşar	2003	4	Super League	Bursa	20-08-20
1:06.05		PB	9	Goncagül	Apay	2001	5	Super League	Bursa	20-08-20
1:06.90			10	Elif	Polat	2002	3-u20	Fed Inv	Eskişehir	26-07-20

### 3000M SU ENGELLİ/STEEPLECHASE

TOP 10

9:57.83			1	Özlem	Kaya	1990	1	Super League	Bursa	20-08-20
10:01.79			2	Semra	Karaslan	1998	2	Super League	Bursa	20-08-20
10:02.93		PB	3	Derya	Kunur	1999	1	NC-Int	İstanbul, E.Kocak	04-09-20
10:11.65			4	Sümeyye	Erol	1997	2	NC-Int	İstanbul, E.Kocak	04-09-20
10:36.60		PB	5	Urkuş	İşık	2002	3	NC-Int	İstanbul, E.Kocak	04-09-20
10:37.65			6	Şevval	Özdoğan	2002	1	NC-U20	İstanbul, E.Kocak	01-09-20
10:56.74			7	Ezgi	Kaya	2001	3	NC-U20	İstanbul, E.Kocak	01-09-20

10:58.51	PB	8	Demet	Dinç	1990	1	First League	Trabzon	27-08-20
11:02.27		9	Dilan	Atak	1998	4	Super League	Bursa	20-08-20
11:04.75		10	Berfin	Barışer	2001	4	NC-U20	İstanbul, E.Kocak	01-09-20

## 2000M SU ENGELLI/STEEPLECHASE

6:55.89		1	Berfin	Barışer	2001	1	U20 League	Denizli	16-08-20
6:58.10		2	Esra	Doğan	2003	1	U18 Regional	Trabzon	06-08-20
7:04.59		3	Pelinsu	Şahin	2003	2	U20 League	Denizli	16-08-20
7:17.73		4	Goncagül	Apay	2001	3	U20 League	Denizli	16-08-20

## YÜKSEK ATLAMA / HIGH JUMP

TOP 10

1.79	(i)	1	Kadriye	Aydın	1995	1	NC-Indoor	İstanbul	02-02-20	
1.79	(i)	PB	2	Buse	Savaşkan	1999	2	Ruhi Sarıalp Cup	İstanbul	29-02-20
1.76	(i)		3	Merve	Menekşe	1998	2=	NC-Indoor	İstanbul	02-02-20
1.76	(i)	PB	4	Senanur	Akgün	2002	3	Ruhi Sarıalp Cup	İstanbul	29-02-20
1.75	(i)		5	Rümeysa	Ökdem	2000	1	Fed Inv Indoor	İstanbul	26-01-20
1.74	(i)	PB	6	Doğa Olga	Özbaki	2003	2-u20	NC-U20-Indoor	İstanbul	02-02-20
1.73	(i)		7	Esmanur	Alkaç	1996	5	NC-Indoor	İstanbul	02-02-20
1.73			8	Miray	Akbulut	1998	3	NC-Int	İstanbul, E.Kocak	05-09-20
1.71	(i)		9	Emine Selda	Kırdemir	1998	Pen	Komple Atlet Indoor 2	İstanbul	26-01-20
1.71	(i)		10	Sibel	Çınar-Yasa	1987	3	Fed Inv Indoor	İstanbul	26-01-20

## SIRIKLA ATLAMA / POLE VAULT

TOP 10

4.31		NU23R	1	Mesure Tutku	Yılmaz	2000	1	Super League	Bursa	19-08-20
4.30	(i)		2	Demet	Parlak	1996	1	Zymni Pracka Tycka	Prague, CZE	19-02-20
4.30	(i)		3	Buse	Ankazan	1994	1	Ruhi Sarıalp Cup	İstanbul	29-02-20
4.00			4	Büşra	Pekşirin	1998	3	Super League	Bursa	28-08-20
3.60	(i)	PB-i	5	Sümeyye	Kınar	2001	1-u20	Fed Inv Indoor	İstanbul	25-01-20
3.40	(i)	PB-i	6	Sude Elif	Serdar	2003	1-u18	NC-U18-Indoor	İstanbul	29-01-20
3.40		PB	7	Beyza	Baş	2003	1	NC-U20	İstanbul, E.Kocak	02-09-20
3.40		PB=	8	Sıla Simay	Harman	2004	2	NC-Int	İstanbul, E.Kocak	04-09-20
3.30	(i)	PB	9	Cemile	Güner	2006	1(06-08)	NC-U16-Indoor	İstanbul	19-01-20
3.30	(i)	PB	10	Hatice Nur	Aydoğdu	1998	3	Ruhi Sarıalp Cup	İstanbul	29-02-20

## UZUN ATLAMA / LONG JUMP

TOP 10

6.16	(i)	NU23Ri=	1	Tuğba	Danışmaz	1999	1	Fed Inv Indoor	İstanbul	23-02-20
6.13	(i)		2	Ecem	Çalağan	1998	2	Ruhi Sarıalp Cup	İstanbul	29-02-20
5.99	2.0	PB	3	Gizem	Akgöz	2001	2	Balkan U20	İstanbul, E.Kocak	13-09-20
5.97	1.1		4	Tuğba	Aydın	1994	1	NC-Int	İstanbul, E.Kocak	05-09-20
5.83	0.8		5	Beyza	Tilki	1994	3	NC-Int	İstanbul, E.Kocak	05-09-20
5.81	(i)	PB	6	Yasemin Zehra	Börekçi	2002	5	U20 Indoor Match	İstanbul	26-02-20
5.75	(i)		7	Ezgi	Şayir	1993	3	NC-Indoor	İstanbul	02-02-20
5.75	(i)		8	Serpil	Koçak	1984	4	NC-Indoor	İstanbul	02-02-20
5.72	(i)	PB	9	Fatmanur	Akça	2000	1-u20	Fed Inv Indoor	İstanbul	22-12-19
5.65	1.2		10	Cemre	Bitgin	1996	1	Fed Inv	Eskişehir	26-07-20

## ÜÇ ADIM ATLAMA / TRIPLE JUMP

TOP 10

13.81	1.3		1	Tuğba	Danışmaz	1999	1	NC-Int	İstanbul, E.Kocak	04-09-20
13.44	0.9	PB	2	Tuğba	Aydın	1994	3	Balkan CH	Cluj-Napoca, ROU	20-09-20
13.36	1.4		3	Esra	Yılmaz	2000	2	NC-Int	İstanbul, E.Kocak	04-09-20
13.30	0.3		4	Beyza	Tilki	1994	3	NC-Int	İstanbul, E.Kocak	04-09-20
13.01	(i)	PB	5	Gizem	Akgöz	2001	3	Balkan U20 Indoor	İstanbul	09-02-20
12.67	(i)	PB	6	Özge	Soylu	1995	5	Ruhi Sarıalp Cup	İstanbul	29-02-20
12.46	(i)	PB	7	Ela Alina	Atam	2003	2-u20	NC-U20-Indoor	İstanbul	01-02-20
12.23	(i)		8	Elif	Şen	1995	4	NC-Indoor	İstanbul	01-02-20
12.19	1.6	PB	9	Nazlıcan	İnaltekin	2003	2	NC-U20	İstanbul, E.Kocak	01-09-20
11.98	1.8	Att.3	10	Hayriye Nur	Arı	2002	-	NC-U20	İstanbul, E.Kocak	01-09-20

## RÜZGAR YARDIMI / WIND ASSISTED PERFORMANCES

13.83	2.2		x	Tuğba	Danışmaz	1999	1	Fed Inv	Ankara	18-07-20
12.92	2.4		x	Cemre	Bitgin	1996	4	Fed Inv	Eskişehir	25-07-20

## GÜLLE ATMA / SHOT PUT (4 KG)

TOP 10

17.85	(i)		1	Emel	Dereli	1996	1	Fed Inv Indoor	İstanbul	01-02-20
16.33	(i)	PB	2	Pınar	Akyol	2003	1	Balkan U20 Indoor	İstanbul	09-02-20
15.46		PB	3	Aysel	Yılmaz	1999	1	Nurullah İvak Cup	Bursa	26-07-20
15.00	(i)	PB	4	Sinem	Yıldırım	1998	2	NC-Indoor	İstanbul	01-02-20
13.39		PB	5	Büşra Hatun	Ekinci	2003	2	NC-U20	İstanbul, E.Kocak	02-09-20
12.88			6	İlayda	Ertunç	2000	2	Seyfi Alanya Cup	Mersin	23-02-20
12.58		PB	7	Berivan	Yiğit	2003	5	Super League	Bursa	20-08-20
12.55		PB	8	Nisa Nur	Yenilmez	2003	1-u20	Nurullah İvak Cup	Bursa	26-07-20
12.52		PB	9	Zeynep Hilal	Adıgüzel	2003	3	NC-U20	İstanbul, E.Kocak	02-09-20

12.36			10	Zeynep	Uzun	1991	6	Super League	Bursa	20-08-20
<b>GÜLLE ATMA / SHOT PUT (3 KG – U18 IMPLEMENT)</b>										<b>TOP 10</b>
17.95	(i)	PB	1	Pınar	Akyol	2003	1-u18	NC-U18-Indoor	İstanbul	29-01-20
16.05			2	Büşra Hatun	Ekinci	2003	1	U18 Regional	Ankara	07-08-20
15.83	(i)		3	Ece	Narttürk	2003	1	U18 Indoor Match	İstanbul	07-03-20
14.16			4	Zeynep Hilal	Adıgüzel	2003	2	U18 Regional	Ankara	07-08-20
14.08			5	Berivan	Yiğit	2003	1	U18 Regional	Ankara	07-08-20
13.76			6	Nisa Nur	Yenilmez	2003	3-u18	Fed Inv	Ankara	19-07-20
13.33			7	Özlem	Tohumcu	2004	3	Seyfi Alanya Cup	Mersin	23-02-20
13.05			8	Ceren	Küçükosman	2003	2	U18 League	Denizli	12-08-20
12.98			9	Mine	Kahraman	2003	5	Seyfi Alanya Cup	Mersin	23-02-20
12.92			10	Gökçe	Erken	2003	4	Nurullah İvak Cup	Bursa	26-07-20

<b>DİSK ATMA / DISCUS THROW (1 KG)</b>										<b>TOP 10</b>
58.09		NU20R	1	Özlem	Becerek	2002	1-u20	Fed Inv	Mersin	23-02-20
53.56		PB	2	Semra	Türk	1990	2	Super League	Bursa	19-08-20
50.95			3	Nurten	Mermer	1995	1	Nurullah İvak Cup	Bursa	25-07-20
47.98		PB	4	Edanur	Şimşek	2003	1-u18	Fed Inv	Mersin	23-02-20
43.49			5	Handenur	Güler	1998	1	First League	Trabzon	26-08-20
42.16		PB	6	Gülcan	Uzun	2003	2-u18	Fed Inv	Mersin	23-02-20
41.85		PB	7	İrem	Aydın	2003	2	NC-U20	İstanbul, E.Kocak	01-09-20
40.41		PB	8	Menekşe Nur	Fırat	2001	3	NC-Int	İstanbul, E.Kocak	04-09-20
39.58			9	Didem Berfin	Konuk	2002	3	NC-U20	İstanbul, E.Kocak	01-09-20
39.31		PB	10	Rabia	İçli	1999	5	Super League	Bursa	28-08-20

<b>ÇEKİÇ ATMA / HAMMER THROW (4 KG)</b>										<b>TOP 10</b>
67.15			1	Kıvılcım	Kaya-Salman	1992	1	Seyfi Alanya Cup	Mersin	22-02-20
67.07			2	Tuğçe	Şahutoğlu	1988	2	Seyfi Alanya Cup	Mersin	22-02-20
59.96			3	Deniz	Yaylacı	1998	2	Super League	Bursa	20-08-20
57.48			4	Dünya Ezgi	Sayan	2000	4	Seyfi Alanya Cup	Mersin	22-02-20
55.68			5	Merve	Yılmaz	1998	1	Fed Inv	Ankara	07-08-20
53.09			6	Beyzanur	Bozlak	2002	1-u20	Fed Inv	Ankara	19-07-20
52.93		PB	7	Vildan	Kelek	2002	1-u20	Nurullah İvak Cup	Bursa	25-07-20
51.22		PB	8	Gizem	İlgar	2001	2	Fed Inv	Ankara	07-08-20
46.54		PB	9	Yağmur	Erdoğan	2004	4	NC-U20	İstanbul, E.Kocak	02-09-20
45.06			10	Damla	Gönen	1991	5	Super League	Bursa	20-08-20

<b>ÇEKİÇ ATMA / HAMMER THROW (3 KG – U18 IMPLEMENT)</b>										<b>TOP 10</b>
60.06			1	Ece	Narttürk	2003	1	U18 Regional	Mersin	07-08-20
53.93			2	Ece Su	Kobal	2003	1	Fed Inv	Eskişehir	26-07-20
53.09			3	Yağmur	Erdoğan	2004	1	Fed Inv	Ankara	19-07-20
52.96			4	Fatma	Sünbül	2004	2	Seyfi Alanya Cup	Mersin	22-02-20
52.78			5	Hira	Öztoprak	2004	2	Fed Inv	Ankara	19-07-20
51.71			6	Sıla	Alaçam	2004	2	U18 Regional	İstanbul	07-08-20

<b>ÇİRİT ATMA / JAVELİN THROW (600 G)</b>										<b>Cut: 35.00</b>
60.38			1	Eda	Tuğsuz	1997	1	Super League	Bursa	29-08-20
55.90		PB	2	Esra	Türkmen	2002	1	NC-U20	İstanbul, E.Kocak	01-09-20
54.62		PB	3	Münevver	Hancı	2001	1	Balkan U20	İstanbul, E.Kocak	12-09-20
52.11			4	Selene	Durna	1992	2	Super League	Bursa	19-08-20
47.78			5	Rabia	Karaman	1998	1	First League	Trabzon	26-08-20
47.77		PB	6	Selma	Davulcu	2003	2	NC-Int	İstanbul, E.Kocak	04-09-20
46.66		PB	7	Arzu	Atlı	2003	3	NC-Int	İstanbul, E.Kocak	04-09-20
46.16		PB	8	Damla Nur	Anar	2004	2	U20 League	Denizli	15-08-20
45.18		PB	9	Gönül	Demir	2001	1-u20	Nurullah İvak Cup	Bursa	26-02-20
42.44			10	Cansu	Tekçam	2002	1-u20	Seyfi Alanya Cup	Mersin	23-02-20

<b>ÇİRİT ATMA / JAVELİN THROW (500 G – U18 IMPLEMENT)</b>										<b>-</b>
52.23			1	Arzu	Atlı	2004	1	Nurullah İvak Cup	Bursa	26-07-20
51.21			2	Selma	Davulcu	2003	1	Seyfi Alanya Cup	Mersin	23-02-20
44.75			3	Damla Nur	Anar	2004	2	U18 League	Denizli	11-08-20
43.36			4	Helin	Önen	2003	2	U18 Regional	Mersin	06-08-20
42.08			5	Medine	Amoca	2004	2	Nurullah İvak Cup	Bursa	26-07-20

<b>PENTATHLON – INDOOR</b>										<b>-</b>
3530	(i)		1	Emine Selda	Kırdemir	1998	1-u23	Komple Atlet Indoor 2	İstanbul	26-01-20
9.47 – 1.71 – 10.21 – 5.50 – 2:37.13										
3348	(i)		2	Ezgi	Şayır	1993	1	Komple Atlet Indoor 2	İstanbul	26-01-20
9.08 – 1.38 – 11.24 – 5.62 – 2:36.15										
3128	(i)	PB	3	Seda	Albayrak	2001	1-u20	Komple Atlet Indoor 2	İstanbul	26-01-20
9.59 – 1.56 – 7.75 – 5.28 – 2:35.30										
3084	(i)		4	İpek Melisa	Manço	1998	2-u23	Komple Atlet Indoor 2	İstanbul	26-01-20



3081	(i)	9.62 - 1.59 - 8.16 - 5.15 - 2:40.78	5	Gülse Beyza	Usta	2002	2-u20	Komple Atlet Indoor 2	İstanbul	26-01-20
		9.57 - 1.53 - 10.25 - 5.26 - 2:50.86								

## U18 PENTATHLON – INDOOR

Cut: 3000

3535	NU18R-i	1	Yaren	Yıldırım	2003	1-u18	Komple Atlet Indoor 2	İstanbul	26-01-20
			8.79 - 1.53 - 1.210 - 5.17 - 2:33.31						
3012		2	Siyabe Ecenur	Türkay	2003	4	U18 Indoor Match	İstanbul	08-03-20
			9.68 - 1.40 - 9.89 - 4.73 - 2:28.04						
3003		3	Aleyna	Karaca	2003	2-u18	Komple Atlet Indoor 2	İstanbul	06-01-20
			10.01 - 1.59 - 9.51 - 4.78 - 2:40.10						

## HEPTATHLON

4620	1	Beyzanur	Yavuz	2000	1	NC-Multi	İstanbul, E.Kocak	04/05-09-20
		14.53 - 1.50 - 10.70 - 27.05 / 5.14 - 34.99 - 2:34.11						
4522	2	Ezgi	Şayir	1993	2	NC-Multi	İstanbul, E.Kocak	04/05-09-20
		15.23 - 1.41 - 10.51 - 26.94 / 5.65 - 33.35 - 2:35.64						
4470	3	Emine Selda	Kırdemir	1998	3	NC-Multi	İstanbul, E.Kocak	04/05-09-20
		15.75 - 1.65 - 10.27 - 28.35 / 5.44 - 31.68 - 2:38.65						
4246	4	Zeynep	Çaylak	2002	1	NC-U20	İstanbul, E.Kocak	01/02-09-20
		15.9m - 1.62 - 9.84 - 27.51 - 5.21 - 26.19 - 2:39.48						
3855	5	Seda	Albayrak	2001	4	Balkan U20	İstanbul, E.Kocak	12/13-09-20
		16.49 - 1.53 - 7.03 - 28.94 / 5.15 - 21.77 - 2:27.35						
3844	6	Gülse Beyza	Usta	2002	3	NC-U20	İstanbul, E.Kocak	01/02-09-20
		17.3m - 1.41 - 10.17 - 29.05 - 5.16 - 40.04 - 3:05.54						

## 3000M TRACK WALKING

TOP 10

12:31.08	(i)	NR-i	1	Meryem	Bekmez	2000	1	NC-Indoor-Walking	İstanbul	11-01-20
13:00.31	(i)		2	Evin	Demir	2001	1-u20	NC-Indoor-Walking	İstanbul	11-01-20
13:10.25	(i)		3	Kader	Dost	2000	2	NC-Indoor-Walking	İstanbul	11-01-20
13:26.65	(i)		4	Leyla	Işık	2003	2-u20	NC-Indoor-Walking	İstanbul	11-01-20
13:46.96	(i)		5	Songül	Koçer	2002	3-u20	NC-Indoor-Walking	İstanbul	11-01-20
14:00.02	(i)		6	Ayşe	Kılıç	2001	4-u20	NC-Indoor-Walking	İstanbul	11-01-20
14:14.14	(i)		7	Şükran	Ayaz	2003	1-u18	NC-Indoor-Walking	İstanbul	11-01-20
14:20.33	(i)		8	Ayşenur Buse	Günaşlan	2004	2-u18	NC-Indoor-Walking	İstanbul	11-01-20
14:23.68	(i)		9	Elifnur	Özbey	2004	3-u18	NC-Indoor-Walking	İstanbul	11-01-20
14:45.45	(i)		10	Nesibe	Yaşar	2004	4-u18	NC-Indoor-Walking	İstanbul	11-01-20

## 3 KM RACE WALKING

14:54	+		1	Elifnur	Özbey	2004	-	NC-Walking INT	Antalya	16-02-20
15:01			2	Tulin	Ek	2005	1-u16	NC-Walking INT	Antalya	16-02-20
15:03	+		3	Ayşenur Buse	Günaydın	2004	-	NC-Walking INT	Antalya	16-02-20
15:24			4	Esmâ	Öztekin	2005	2-u16	NC-Walking INT	Antalya	16-02-20
15:28			5	Sudenaz	Güç	2005	3-u16	NC-Walking INT	Antalya	16-02-20
15:43	+		6	Nasibe	Yaşar	2004	-	NC-Walking INT	Antalya	16-02-20
15:49			7	Oruç Eyiül	Yılmaz	2005	4-u16	NC-Walking INT	Antalya	16-02-20

## 5 KM RACE WALKING

25:00	PB		1	Elifnur	Özbey	2004	1-u18	NC-Walking INT	Antalya	16-02-20
25:04	PB		2	Şükran	Ayaz	2003	3-u18	Balkan Walking	Ivano Frankivsk, UKR	14-03-20
25:50			3	Leyla	Işık	2003	3-u18	NC-Walking INT	Antalya	16-02-20
25:57			4	Esra	Bingöl	2005	4-u18	NC-Walking INT	Antalya	16-02-20
26:03			5	Ayşenur Buse	Günaydın	2004	5-u18	NC-Walking INT	Antalya	16-02-20
26:40			6	Ganime	Çataltaş	2004	6-u18	NC-Walking INT	Antalya	16-02-20
26:46			7	Sultan	Uğurkan	2003	7-u18	NC-Walking INT	Antalya	16-02-20

## 5000M TRACK WALKING

TOP 10

22:01.10	+	PB	1	Evin	Demir	2001	-	NC	İstanbul, E.Kocak	06-09-20
23:55.0	m		2	Meryem	Bekmez	2000	1	Race Walking League	Diyarbakır	16-09-20
24:25.3	m		2	Kader	Dost	2000	2	Race Walking League	Diyarbakır	16-09-20
25:39.2	m		3	Ayşe	Tekdal	1999	3	Race Walking League	Diyarbakır	16-09-20
26:02.7	m		4	Esra	Sağlam	1996	4	Race Walking League	Diyarbakır	16-09-20
26:29.40			5	Leyla	Işık	2003	2	TAF Walking Cup	Ankara	09-08-20
26:52.2	m		6	Elif Nur	Özbey	2004	1-u18	Race Walking League	Diyarbakır	16-09-20
26:55.67			7	Seçil	Akpınar	1999	3	TAF Walking Cup	Ankara	09-08-20
27:06.4	m		8	Emine	Ceylan	2004	2-u18	Race Walking League	Diyarbakır	16-09-20
27:09.3	m		9	Ayşe	Kılıç		2-u20	Race Walking League	Diyarbakır	16-09-20
27:13.1	m		10	Ayşenur Buse	Günaşlan	2004	3-u18	Race Walking League	Diyarbakır	16-09-20

## 10,000M TRACK WALKING



44:43.85	PB	1	Evin	Demir	2001	1	NC	İstanbul, E.Kocak	06-09-20
54:49.44		2	Seçil	Akpınar	2003	2	NC	İstanbul, E.Kocak	06-09-20
58:50.71		3	Selin	Çadır	1999	3	NC	İstanbul, E.Kocak	06-09-20

## 10 KM RACE WALKING

47:39	PB	1	Songül	Koçer	2002	2-u20	Balkan Walking	Ivano Frankivsk, UKR	14-03-20
50:13	PB	2	Bedriye	Tekin	2001	4-u20	Balkan Walking	Ivano Frankivsk, UKR	14-03-20
51:26		3	Ayşe	Kılıç	2001	3-u20	NC-Walking INT	Antalya	16-02-20
57:08		4	Melek	Savcı	2002	4-u20	NC-Walking INT	Antalya	16-02-20
57:21		5	Dilan	Çakmak	2002	5-u20	NC-Walking INT	Antalya	16-02-20

## 20 KM RACE WALKING

1:29:24	NR	1	Meryem	Bekmez	2000	1	NC-Walking INT	Antalya	16-02-20
1:33:26	PB	2	Evin	Demir	2001	2	NC-Walking INT	Antalya	16-02-20
1:41:25	PB	3	Kader	Dost	2000	5	Balkan Walking	Ivano Frankivsk, UKR	14-03-20
1:53:19		4	Merve	Çetin	2000	3	NC-Walking INT	Antalya	16-02-20
1:55:45		5	Gürcan Kardelen	Erdoğan	2000	4	NC-Walking INT	Antalya	16-02-20
1:57:48		6	Seçil	Akpınar	1999	5	NC-Walking INT	Antalya	16-02-20

### Abbreviations / Kısaltmalar

<b>NR</b>	National Record / Ulusal rekor
<b>NU23R</b>	National U23 Record / Ulusal U23 rekoru
<b>NU20R</b>	National U20 Record / Ulusal U20 rekoru
<b>NU18R</b>	National U18 Record / Ulusal U18 rekoru
<b>(i)</b>	Indoor performance / Salon performansı
<b>Att.</b>	Attempt / Atlayış hakkı
<b>R</b>	Round / Tur
<b>h</b>	Heats / Seçme serisi
<b>q</b>	Qualifications / Elemeler
<b>Dec</b>	Decathlon / Dekatlon içinde yapılmış derece
<b>Hep</b>	Heptathlon / Heptatlon içinde yapılmış derece
<b>OC</b>	Out of Competition / Tasnif dışı yarışma
<b>+</b>	Split time / Geçiş zamanı

## 2020 TURKISH ATHLETICS RELAY LIST

Compiled by Sevkettin F. ERBAY – For all corrections and suggestions: sferbay@gmail.com

### 4x100 METRES – MEN

39.40	<b>1 ENKA</b>	TUR	1	Super League	Bursa	28-08-20
	<i>Aykut Ay, Jak Ali Harvey, Emre Zafer Barnes, Umut Uysal</i>					
39.63	<b>2 Turkey</b>	TUR	1	Balkan CH	Cluj-Napoca, ROU	19-09-20
	<i>Kayhan Özer, Jak Ali Harvey, İzzet Safer, Ertan Özkan</i>					
40.58	<b>3 Fenerbahçe</b>	TUR	2	Super League	Bursa	28-08-20
	<i>Oğuz Uyar, Aşkın Sadi Aşkın, Kayhan Özer, Ramil Guliyev</i>					
40.83	<b>4 Fenerbahçe</b>	TUR	1	Super League	Bursa	19-08-20
	<i>Oğuz Uyar, Aşkın Sadi Aşkın, Kayhan Özer, Ramil Guliyev</i>					
41.56	<b>5 Fenerbahçe U20</b>	TUR	1	U20 League	Denizli	15-08-20
	<i>Halil Oğurlu, Burak Karataş, Emre Derya, Oğuz Uyar</i>					
41.61	<b>6 İstanbul BBSK</b>	TUR	3	Super League	Bursa	28-08-20
	<i>Kaan Şencan, Caner Yağcı, Berk Deniz Çelen, Ertan Özkan</i>					
41.77	<b>7 Turkey U20</b>	TUR	2	Balkan U20	İstanbul	12-09-20
	<i>Tibet Sancak, Oğuz Uyar, Berk Deniz Çelen, Umut Uysal</i>					
41.81	<b>8 Galatasaray</b>	TUR	4	Super League	Bursa	28-08-20
	<i>Berkay Özkum, Oğuzhan Kaya, Kubilay Ençü, Furkan Yıldırım</i>					
42.19	<b>9 İstanbul BBSK</b>	TUR	2	Super League	Bursa	19-08-20
	<i>Halil Oğurlu, Burak Karataş, Emre Derya, Oğuz Uyar</i>					
42.81	<b>10 İstanbul BBSK U20</b>	TUR	2	U20 League	Denizli	15-08-20
	<i>Ersin İlhan, Orkun Şefik, Hasan Çağrı Akan, Berk Deniz Çelen</i>					
42.88	<b>11 Seyhan Belediyespor</b>	TUR	5	Super League	Bursa	28-08-20
	<i>Bedirhan Aras, Umut Şahbaz, Mehmet Nuri Noyan, Serkan Karaaslan</i>					
43.25	<b>12 Seyhan Belediyespor</b>	TUR	3	Super League	Bursa	19-08-20
	<i>Bedirhan Aras, Umut Şahbaz, Mehmet Nuri Noyan, Serkan Karaaslan</i>					
43.79	<b>13 Mardin Atletizm</b>	TUR	1h2	First League	Trabzon	26-08-20
	<i>Yener Aras, Ali Dinler, Yusuf Aytan, Emre Sökük</i>					
44.76	<b>14 Samsun Asarcık SK</b>	TUR	2h2	First League	Trabzon	26-08-20
	<i>Kamil Bayrı, Tolga Yılmaz, Ahmet Zeki Kodalak, Soner Dursun</i>					
44.80	<b>15 Jandarmagücü</b>	TUR	3h2	First League	Trabzon	26-08-20
	<i>Ahmet Tüzemen, Yusuf Öztürk, Hamza Çolak, Abdurrahman Al Dandan</i>					

### 4x200 METRES – MEN

1:27.16	NR-i	<b>1 Fenerbahçe U20</b>	TUR	1	Fed Inv Indoor	İstanbul	28-12-19
		<i>Aşkın Sadi Aşkın, Burak Karataş, Oğuz Uyar, İlyas Çanakçı</i>					
1:29.13	NU18Ri	<b>2 ENKA U18</b>	TUR	2	Fed Inv Indoor	İstanbul	28-12-19
		<i>Şafak Karsavran, Emirhan Çiftçi, Berke Akçam, Umut Uysal</i>					
1:29.79	NR-i	<b>3 Konya Selection</b>	TUR	1	Fed Inv Indoor	İstanbul	21-12-19
		<i>Kaan Gacar, Gökdeniz Göçmen, Fatih Arslanpınar, İlyas Çanakçı</i>					
1:39.64		<b>4 Adana</b>	TUR	1	NC-U16-Indoor	İstanbul	19-01-20
		<i>Metin Aras, Alperen Kara, Cihangir Tuman, Demirhan Özmen</i>					
1:39.96		<b>5 Gaziantep A</b>	TUR	2	NC-U16-Indoor	İstanbul	19-01-20
		<i>Batuhan Akkuş, Cemal Polat, Turabi Toprak Bozkurt, Ömer Faruk Esen</i>					

### SWEDISH RELAY – MEN

2:04.07		<b>1 Fenerbahçe U18</b>	TUR	1h2	U18 League	Denizli	12-08-20
		<i>Şükrü İpek, Hakan Sakallı, Mert Taşçı, Murat Can Baş</i>					
2:05.01		<b>2 Konya BŞB U18</b>	TUR	2h2	U18 League	Denizli	12-08-20
		<i>Seyit Ali Vakkas Şerefoğlu, Hüseyin Uyan, İzzet Furkan Kara, Hamit Gökmen</i>					
2:05.71		<b>3 Şirnak İdil Omelka Spor</b>	TUR	1h1	U18 League	Denizli	12-08-20
		<i>Engin Miroğlu, Hasan Şimşek, Murat Benek, Mikail Al</i>					
2:05.75		<b>4 İstanbul BBSK U18</b>	TUR	3h2	U18 League	Denizli	12-08-20
		<i>Orkun Şefik, Ebubekir Doğan, Yunus Emre Nergis, Barış Duran</i>					

## 4x400 METRES - MEN

3:06.35	<b>1</b>	<b>Turkey</b>	TUR	1	Balkan CH	Cluj-Napoca, ROU	20-09-20
		<i>Batuhan Altıntaş, Yavuz Can, Berke Akçam, İlyas Çanakçı</i>					
3:08.80	<b>2</b>	<b>ENKA</b>	TUR	1	Super League	Bursa	20-08-20
		<i>Akın Özyürek, Batuhan Altıntaş, Sinan Ören, Berke Akçam</i>					
3:09.75	<b>3</b>	<b>ENKA</b>	TUR	1	Super League	Bursa	29-08-20
		<i>Batuhan Altıntaş, Sinan Ören, Akın Özyürek, Berke Akçam</i>					
3:14.07	<b>4</b>	<b>Turkey U20</b>	TUR	2	Balkan U20	İstanbul	13-09-20
		<i>Muhammed Gönen, Emirhan Koş, Gökdeniz Göçmen, Kubilay Ençü</i>					
3:14.87	<b>5</b>	<b>Galatasaray</b>	TUR	2	Super League	Bursa	29-08-20
		<i>İsmail Nezir, Muzaffer Altındaş, Batuhan Gökgöz, Kubilay Ençü</i>					
3:15.40	<b>6</b>	<b>Fenerbahçe</b>	TUR	2	Super League	Bursa	20-08-20
		<i>Gökdeniz Göçmen, Mahsum Korkmaz, Emirhan Koş, İlyas Çanakçı</i>					
3:16.98	<b>7</b>	<b>Fenerbahçe</b>	TUR	3	Super League	Bursa	29-08-20
		<i>Gökdeniz Göçmen, Mahsum Korkmaz, Emirhan Koş, Atakan Tiktaş</i>					
3:17.89	<b>8</b>	<b>Galatasaray</b>	TUR	3	Super League	Bursa	20-08-20
		<i>İsmail Nezir, Muzaffer Altındaş, Kubilay Ençü, Oğuzhan Kaya</i>					
3:20.49	<b>9</b>	<b>İstanbul BBSK</b>	TUR	4	Super League	Bursa	20-08-20
		<i>Mehmet Emin Bayram, Tolga İpek, Berk Deniz Çelen, Oğuz Akgül</i>					
3:23.61	<b>10</b>	<b>İstanbul BBSK</b>	TUR	4	Super League	Bursa	29-08-20
		<i>Mehmet Emin Bayram, Berk Deniz Çelen, Alihan Güngör, Oğuz Akgül</i>					

## 4x100 METRES – WOMEN

45.81	<b>1</b>	<b>Fenerbahçe</b>	TUR	1	Super League	Bursa	28-08-20
		<i>Melike Malkoç, Şevval Ayaz, Yudum İliksiz, Mizgin Ay</i>					
45.98	<b>2</b>	<b>ENKA</b>	TUR	2	Super League	Bursa	28-08-20
		<i>Berfe Sancak, Simay Özçiftçi, Eda Nur Kılıç, Elif Polat</i>					
46.06	<b>3</b>	<b>ENKA</b>	TUR	1	Super League	Bursa	19-08-20
		<i>Berfe Sancak, Simay Özçiftçi, Eda Nur Kılıç, Elif Polat</i>					
46.78	<b>4</b>	<b>Fenerbahçe</b>	TUR	2	Super League	Bursa	19-08-20
		<i>Melike Malkoç, Şevval Ayaz, Yudum İliksiz, Zülha Armutçu</i>					
47.84	<b>5</b>	<b>Turkey U20</b>	TUR	4	Balkan U20	İstanbul	12-09-20
		<i>Beyzanur Seylan, Zülha Armutçu, Hatice Ceren Palalı, Simay Özçiftçi</i>					
48.42	<b>6</b>	<b>Fenerbahçe U20</b>	TUR	1	U20 League	Denizli	15-08-20
		<i>Miray Aktop, Gizem Duygu Güney, Büşra Altınbaş, Zülha Armutçu</i>					
48.77	<b>7</b>	<b>Beşiktaş U20</b>	TUR	2	U20 League	Denizli	15-08-20
		<i>Yaren Yıldırım, Tuana Begüm Apay, Ecem Dursun, Hatice Ceren Palalı</i>					
49.00	<b>8</b>	<b>Beşiktaş</b>	TUR	3	Super League	Bursa	19-08-20
		<i>Yaren Yıldırım, Tuana Begüm Apay, Ecem Dursun, Hatice Ceren Palalı</i>					
49.13	<b>9</b>	<b>Beşiktaş</b>	TUR	3	Super League	Bursa	28-08-20
		<i>Yaren Yıldırım, Tuana Begüm Apay, Ecem Dursun, Hatice Ceren Palalı</i>					
49.16	<b>10</b>	<b>Fenerbahçe U18</b>	TUR	1	U18 League	Denizli	11-08-20
		<i>Miray Aktop, Elif Ilgaz, Bahar Öztürk, Beyzanur Seylan</i>					
49.43	<b>11</b>	<b>Gazimir Belediyesi</b>	TUR	4	Super League	Bursa	28-08-20
		<i>Zeynep Limon, Şerife Uysal, B.Katya Orhonsayın, Ecenaz Kara</i>					

## 4x200 METRES – WOMEN

1:42.02	NU20R-i	<b>1</b>	<b>ENKA U18</b>	TUR	1	Fed Inv Indoor	İstanbul	26-01-20
			<i>Zehra Oral, Ezgi Kol, Helin Nur Cengiz, Simay Özçiftçi</i>					
1:46.79		<b>2</b>	<b>Sakarya Selection</b>	TUR	1	Fed Inv Indoor	İstanbul	28-12-19
			<i>Zeynep Sude Ertek, Sudenaz Şahin, Ezgi Kol, Zehra Oral</i>					
1:50.47		<b>3</b>	<b>Bayrampaşa Demir Spor</b>	TUR	2	Fed Inv Indoor	İstanbul	28-12-19
			<i>Sahra Çeper, Zeynep Eşin, Rojin Selgi, Zeynep Ceren Bal</i>					
1:52.92		<b>4</b>	<b>FMV Işıkspor</b>	TUR	1	NC-U16-Indoor	İstanbul	19-01-20
			<i>Deniz Sönmez, Miray Kesim, Nehir Şit, Duru Alper</i>					
1:52.96		<b>5</b>	<b>İstanbul Selection</b>	TUR	1	Fed Inv Indoor	İstanbul	21-12-19
			<i>Sahra Çeper, Gaye Özcan, Irmak Ayşe Gündoğdu, Zeynep Eşin</i>					
1:53.90		<b>6</b>	<b>Balikesir</b>	TUR	1	NC-U16-Indoor (06-08)	İstanbul	19-01-20
			<i>Yeşim Begüm Özbek, İrem Akan, Melis Çoban, Hatice Zehra Yıldız</i>					
1:53.93		<b>7</b>	<b>Kayseri</b>	TUR	1	NC-U16-Indoor (06-08)	İstanbul	19-01-20
			<i>Aleyna Karabulut, Elif Feyza İlhan, Aleyna Çiftçi, Aleyna Günbay</i>					

1:54.33 **8 İstanbul Dostluk Karması** TUR 2 NC-U16-Indoor İstanbul 19-01-20  
*Sahra Çeper, Sudenaz Güzelbaş, Meryem Çiftçi, Gaye Özcan*

### 4x400 METRES - WOMEN

3:42.60 **1 Fenerbahçe** TUR 1 Super League Bursa 29-08-20  
*Mizgin Ay, Nevin İnce, Derya Yıldırım, Emel Şanlı-Kırçın*

3:43.40 **2 Fenerbahçe** TUR 1 Super League Bursa 20-08-20  
*Derya Yıldırım, Nevin İnce, Süreyya Yıldız, Emel Şanlı-Kırçın*

3:43.53 **3 Turkey U20** TUR 3 Balkan U20 İstanbul 13-09-20  
*Sudenaz Kazanççı, Zeynep Kuran, Zehra Oral, Nevin İnce*

3:43.96 **4 ENKA** TUR 2 Super League Bursa 20-08-20  
*Zehra Oral, Berfe Sancak, Büşra Yıldırım, Zeynep Baş*

3:44.36 **5 ENKA** TUR 2 Super League Bursa 29-08-20  
*Zeynep Baş, Aslı Arık, Elif Polat, Berfe Sancak*

3:54.78 **6 Fenerbahçe U20** TUR 1 U20 League Denizli 16-08-20  
*Gizem Duygu Güney, Süreyya Yıldız, Büşra Altınbaş, Nevin İnce*

3:58.53 **7 Gazimир Belediyesi** TUR 3 Super League Bursa 29-08-20  
*Ecenaz Kara, Berfin Boduç, Rahime Tekin, Merve Yıldırım*

3:59.31 **8 Beşiktaş** TUR 4 Super League Bursa 29-08-20  
*Tuana Begüm Apay, Yağmur Alkan, Şilan Ayyıldız, Sudenaz Kazanççı*

4:00.43 **9 Beşiktaş U20** TUR 2 U20 League Denizli 16-08-20  
*Sudenaz Kazanççı, Nazire Güleç, Yağmur Alkan, Tuana Begüm Apay*

### SWEDISH RELAY – WOMEN

2:18.96 **1 Fenerbahçe U18** TUR 1h2 U18 League Denizli 12-08-20  
*Miray Aktop, Elif İlğaz, Süreyya Yıldız, Nevin İnce*

2:20.41 **2 Beşiktaş U18** TUR 2h2 U18 League Denizli 12-08-20  
*Nehir Temel, Mira Akan, Hatice Ceren Palalı, Sudenaz Kazanççı*