TEAM MANUAL

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EUROPEAN ATHLETICS TEAM CHAMPIONSHIPS BRAUNSCHWEIG 21-22 JUNE 2014

> European Athletics Team Championships Braunschweig2014

www.braunschweig2014.com

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1. GENERAL INFORMATION

1.1 HOST CITY BRAUNSCHWEIG

Braunschweig, with its population of around 250,000, is the largest city between Hanover and Berlin. It is an attractive city for shopping, has a lively cultural scene and is the centre of Europe's most concentrated research region. A modern urban lifestyle can be experienced in this pulsing shopping city. Everything is easy to get to, which is characteristic of a big city, while the wonderful parks and nature offer peace, quiet and balance along the banks of the Oker River.

Lower Saxony's number one city for shopping attractively combines traditional and modern elements: owner-run shops, small boutiques and attractive chain stores offer a comprehensive list of choices. Light-flooded indoor malls and modern stores fill the gaps between the historic buildings in the pedestrian zone. The appealing shopping opportunities and a wide range of places to eat invite you to stroll through the city streets. In the summer, the sun and the Lion City can be enjoyed from the seats outside the inviting cafés, bars and restaurants, while one of the most spectacular Christmas Markets in northern Germany is simply a must during the festive season.

The people of Braunschweig are passionate about sports – both as sportsmen and women and as fans. Besides the Bundesliga football team Eintracht Braunschweig, which enjoys an absolute cult status, sporting highlights also include Braunschweig's "Tanz-Sport-Club", which has won several world championships in formation dancing; the New Yorker Lions American football team and the New Yorker Phantoms premier league basketball team. Braunschweig regularly hosts national and international championships in various disciplines. One of Braunschweig's favourite sports is the "Schoduvel" - the longest carnival parade in northern Germany with a tradition that goes back over 700 years.

1.2 BUSINESS HOURS SHOPS, GOVERNMENT OFFICES, BANKS

Regular business hours in Braunschweig are Monday to Friday 10:00 to 18:00, Saturday 10:00 to 16:00 or 18:00. Government offices are open Monday, Tuesday and Friday 09:00 to 16:00, Wednesday 09:00 to 13:00 and Thursday 09:00 to 16:00. Regular business hours in banks are Monday 09:00 to 16:00, Tuesday and Thursday 09:00 to 18:00, Wednesday and Friday 09:00 to 13:00.





2. ORGANISATIONAL STRUCTURE

2.1 EUROPEAN ATHLETICS COUNCIL

President **First Vice President** Vice Presidents

Director General Council Members

Francesco Arese (ITA) Sylvia Barlag (NED) Jonas Egilsson (ISL) Liam Hennessy (IRL) Frank Hensel (GER) Erki Nool (EST) IAAF President (ex officio member) European Athletics Honorary Life President

2.2 EUROPEAN ATHLETICS DELEGATES

Vice President **Technical Delegate Doping Control Delegate** Jury of Appeal

ITOs

International/European Starter International/European Photo Finish Judge Dobromir Karamarinov (BUL) Toralf Nilsson (SWE) Antti Pihlakoski (FIN) Jorge Salcedo (POR) Gabriela Szabo (ROU) Vadim Zelichenok (RUS) Lamine Diack (SEN) Carl-Olaf Homén (FIN) Jean Gracia (FRA) Luis Saladie (ESP) Jan Engström (SWE) John Cronin (IRL) - Chair Jean-Pierre Schoebel (MON)

Hansjörg Wirz (SUI)

Karel Pilny (CZE)

Jean Gracia (FRA)

Christian Milz (SUI)

José Luis de Carlos (ESP)

Yrjö Kelhä (FIN) Ole Petter Sandvig (NOR) - Chief Didier Foulon (BEL) Martin Roald-Arboel (DEN) Roberto Grava (ITA) Ronan O'Hart (IRL) José Paulo Moreira (POR)

Vesa Artman (FIN) Zvonimir Cec (CRO)

2. ORGANISATIONAL STRUCTURE

2.3 EUROPEAN ATHLETICS OFFICE

European Athletic Association Avenue Louis-Ruchonnet 18 1003 Lausanne. Switzerland Tel: +41 21 313 43 50 Fax: +41 21 313 43 51 E-mail: competition@european-athletics.org

2.4 EXECUTIVE BOARD OF GERMAN ATHLETICS FEDERATION

President Vice President Economics Vice President Sport Vice President Athletics Vice President Finance Vice President Associations **General Director** Vice President Competition / Event Management Frank O. Hamm Vice President Youth Vice President Education / Science Athletes' Spokesperson Honorary Presidents

2.5 LOCAL ORGANISING COMMITTEE

President Head of Event Management Group (EMG) EMG - Event Coordinator **EMG - Director Sport** Head of LOC Office **Competition Management** Protocol Hospitality Press/TV Finance Technology Medical / Anti-Doping Transport Accommodation Accreditation Volunteers Promotion Marketing Ceremonies

Frank Hensel Esther Fittko Fred Eberle Nils Winter Prof. Dr. Helmut Digel Theo Rous Dr. Clemens Prokop Stephan Lemke Wilfrid Spronk Frank Kowalski Henning Reimer Manfred Mamontow Otto Schlieckmann Tobias Fath Stefan Thies

FEEL THE

Dr. Clemens Prokop Dagmar Freitag Prof. Dr. Hartmut Grothkopp Dr. Matthias Reick Ernst Burgbacher Anja Wolf-Blanke

Stephan Lemke

Tobias Fath

Simon Hess

Manfred Mamontow Sven Lindemann / Peter Tappe Nina Bierwirth

Rita Girschikofsky Stefan Thies Klaus Cyron / Andreas Kasper Otto Schlieckmann





2. ORGANISATIONAL STRUCTURE

2.6 LOCAL ORGANISING COMMITTEE

Competition Director Meeting Manager Technical Manager **Event Presentation Manager** Call Room Referee Track Referees

Referee Start Start Coordinator Starters

National Photo Finish Judge

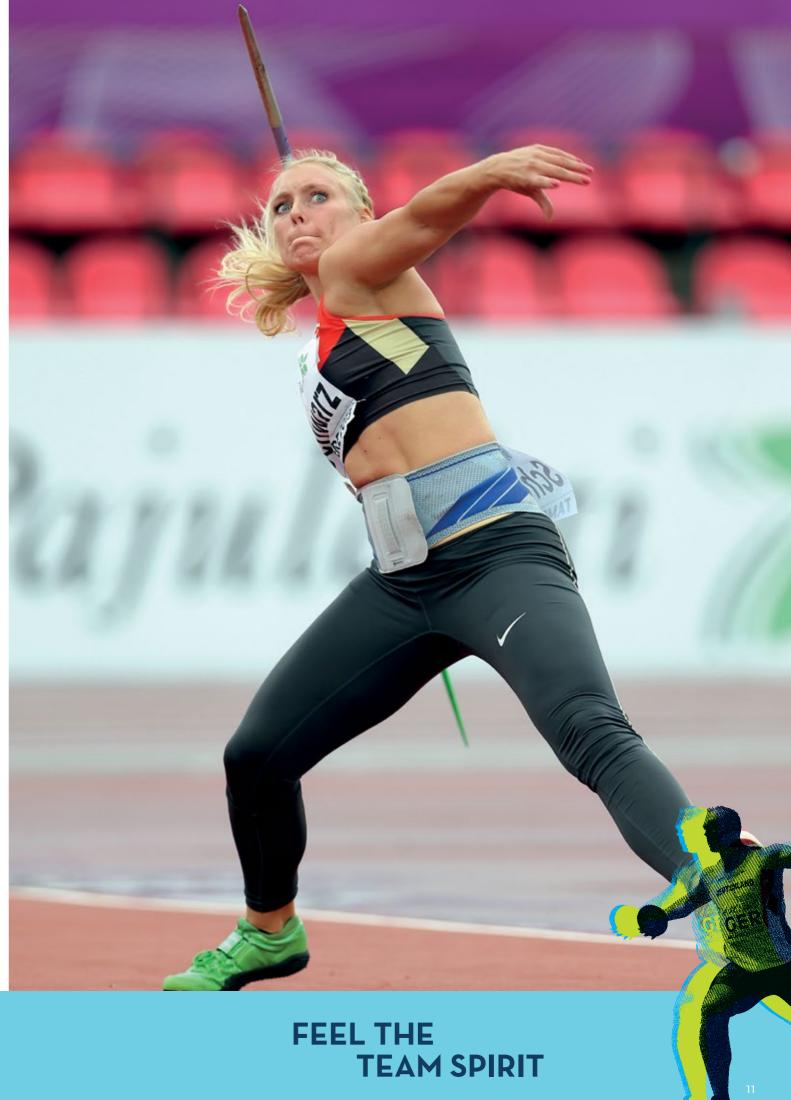
Field Events Referees: Referee Jump (HJ) Referee Jump (PV) Referee Jump (TJ) / Chief Judge (LJ) Referee Throw (DT/SP) Referee Throw (HT/JV) Technical Information Centre Manager Secretary of the Jury of Appeal Marshall

2.7 PARTICIPATING FEDERATIONS

Russia, Germany, Great Britain & N.I., France, Poland, Ukraine, Italy, Spain, Turkey, Czech Republic, Sweden, Netherlands

Frank O. Hamm Klaus Hartz Klaus Schneider Arnd Heiken Uschi Hagn Heike Hartwig Heike Hindenburg Hans-Jürgen Hornen Wilfried Fittko Andrea Schäfer Michael Rudolph Wolf-Ulrich Steube Wolfgang Dannhäuser

Edmund Gödde Karsten Keller Christoph Schulte / Jens Drösel Hans Jürgen David / Marcus Schulz Ulrike Achatz / Sabine Hecker Nicole Hohmann Frank Neuer Lars Ruchel



3. ARRIVALS

3.1 ARRIVAL BY AIR

The official airport is Hannover airport which is situated 55 km from the Eintracht Stadium.

Upon arrival at Hannover airport the teams will be met by their Team Attachés. The Welcome Desk is situated in the arrival area at the airport and will be open presumably from 18 June at 09:00 (depending on travel schedules).

After collecting luggage, team members will be escorted to the official buses by their Team Attachés and taken to the team hotel in approximately 45 minutes from the airport.

3.1.1 TRANSPORTATION OF EQUIPMENT

The transportation of the poles from the airport to stadium and after the event back to the airport will be organised by the LOC. In both locations there will be a secured room for the storage of the poles. Attached to the team manual you find the label templates for the marking of the poles.

3.2 ARRIVAL BY TRAIN

There will be no Welcome Desk at the main railway station in Braunschweig. Teams arriving by train will be met by LOC representatives and taken to the team hotel, according to the arrival times given in the final entry system.

3.3 ARRIVAL BY ROAD

Teams arriving by road are kindly asked to go directly to their hotel, where representatives from the LOC will welcome them.

3.4 VISA REQUIREMENTS

Countries requiring visas to enter Germany should obtain them from the German Embassy or Consulate in their country.

The following countries require visas to enter:

- Russia
- Ukraine
- Turkey

In case of problems please contact the Local Organising Committee: LOC Braunschweig 2014 Henning Reimer / Tobias Fath Email: reimer@stadthalle-braunschweig.de fath@volkswagenhalle-braunschweig.de Phone: +49-171-1479 579

4. TRANSPORT

4.1 TRANSPORTATION INFORMATION

Transportation information will be available at the Information Desk that is located in each hotel lobby (please see below 5.2 for opening dates & hours).

4.2 BUS SERVICE

A regular bus service will be provided between the team hotels, training venues, social functions, the technical meeting and the competition venue. Full details of the schedule will be displayed at the Information Desk in each hotel.

Transfer times between the hotels and the competition venue will be 10 to 25 minutes, depending on the traffic conditions.

4.3 RETURN TO AIRPORT / TRAIN STATIONS

Transport will be arranged according to the flight schedules submitted by the teams. Further information will be available from the hotel information desks.

4.3.1 TRANSPORTATION OF EQUIPMENT

See 3.1.1. - The LOC will transport equipment such as poles to the check-in counter at Hannover airport and hand it over to the athletes or a team representative. LOC will transport the equipment from Hannover airport to the Stadium and for departure back to the announced airport. Teams leaving Braunschweig with their own busses shall pick up the equipment at the Stadium.





5. ACCOMMODATION

5.1 GENERAL INFORMATION

Seven good quality hotels providing full board accommodation are reserved for the teams, with easy accessibility to the centre of Braunschweig, the training and the competition venues.

5.2 INFORMATION DESK

An LOC Information Desk will be located in the lobby of each team hotel with qualified personnel offering relevant information about all aspects of the European Athletics Team Championships 2014.

The Information Desks' opening hours are as follows: 18.06.2014: 10:00 - 18:00 * 19.06.2014: 10:00 - 22:00 *or last team's arrival 20.06.2014: 08:00 - 22:00 21.06.2014: 08:00 - 22:00 22.06.2014: 08:00 - 24:00 23.06.2014: 08:00 - 14:00 * or last team's departure * as required

5.3 OFFICIAL HOTELS

The official hotels for the European Athletics Team Championships 2014 are:

Team Hotels

Arcadia Hotel Playoff Salzdahlumer Str. 137 38126 Braunschweig www.arcadia-hotel.de/braunschweig/das-hotel.html

Best Western Hotel Braunschweig

Dresdenstr. 10 38124 Braunschweig www.bestwestern.de/hotels/braunschweig/best-western-hotel-braunschweig.html

Pentahotel Braunschweig

Auguststr. 6-8 38100 Braunschweig www.pentahotels.com/de/hotels/bweph-braunschweig/everything

Avalon Hotelpark Königslutter Braunschweiger Str. 21A 38154 Königslutter

www.hotelpark-koenigshof.de/

5. ACCOMMODATION

Rilano 24|7 Hotel Wolfenbüttel

Bahnhofstr. 9 38300 Wolfenbüttel www.rilano-247-hotel-wolfenbuettel.de/

Balladins Superior Hotel Braunschweig

Hauptstr. 48B 38110 Braunschweig www.balladins-hotels.com

Balladins Superior Hotel Peine

Ammerweg 1 31228 Peine www.balladins-hotels.com

European Athletics Family and VIP Hotel Steigenberger Parkhotel Braunschweig Nîmes-Str. 2 38100 Braunschweig

5.4 COSTS AND EUROPEAN ATHLETICS QUOTA

According to European Athletics Regulation 610.4 accommodation and full board of participating teams for a maximum of 25 (twenty five) male athletes, 25 (twenty five) female athletes and 13 (thirteen) officials for 4 days will be paid by European Athletics. No contribution shall be made in respect of athletes representing the host European Athletics Member Federation.

The following rates (per person in full board) must be paid by the Member Federation for team members above the previously mentioned quota and for additional days:

GROUP	SINGLE ROOM	DOUBLE/TWIN ROOM
Athletes outside the quota	120 €	110 €
Officials outside the quota	120 €	110 €
Additional nights (Athletes and Officials)	130 €	120 €

All prices include VAT



5. ACCOMMODATION

Each team will be allocated a minimum number of single rooms equivalent to 10% of the total number of athletes and in-quota officials entered in the Final Entries. These rooms will be charged for the price of a double room for up to four (4) days maximum. Additional single rooms can be requested and will be given according to availability.

Cancellation Policy

The final account for accommodation attributable to each Member Federation shall be based on the numbers declared in the Final Entries and this shall be paid in full, no allowance being made for any subsequent reduction in the actual numbers of athletes and/or officials.

Extra Charges

The team leader must settle any extra charges (bar, laundry, telephone etc) at the hotel reception desk, before departure. The team leader will be requested to provide a credit card at the time of checking in at the reception desk to cover any extras. All payments must be made in EUR.

5.4.1 PAYMENT PROCEDURES

The accommodation costs must be paid upon receipt of the final invoice either by bank transfer or on-site upon arrival at the Accreditation Centre.

Payment on site can be made by credit card (Mastercard, Visa) or in cash in Euros.

Payments by bank transfer shall be made in Euro to the following account:

Bank account name: Volksbank Braunschweig Wolfsburg Bank account number: 1698222000 Sort code: 26991066 Berliner Platz; 38102 Braunschweig Bank address: Swift No (BIC): **GENODEF1WOB** DE71269910661698222000 IBAN:

Note: A copy of the bank transfer will be required upon arrival.

5.5 MEALS

All meals will be taken in the team's hotel restaurant. The restaurant opening times in all hotels are:

Thursday 19 Dinner 18:00 - 22:00

5. ACCOMMODATION

Friday 20

Breakfast 06:30 - 10:00 Lunch 12:00 - 14:00 Dinner 18:00 - 22:00

Saturday 21

Breakfast 06:30 - 10:30 Lunch 12:00 - 14:00 Dinner 18:00 - 22:00

Sunday 22 Breakfast

Lunch

Dinner

07:00 - 10:30 12:00 - 14:00 20:00 Closing Banquet at the Volkswagen Halle (no dinner will be provided at the team's hotels)

Monday 23 Breakfast 06:30 - 10:00

Accreditation cards will allow access to meals in the hotel restaurant.

For lunch and dinner, mineral water and one soft drink per person are available free of charge. All other drinks have to be paid for.

On the competition date late serving provisions will be made for those athletes detained at the venue due to doping controls or protests.

5.6 MEETING ROOMS FOR TEAMS

Arrangements can be made for a team meeting room through the Information Desk in the Team hotel. Requests shall be made 12 hours in advance.

5.7 TELEPHONE CALLS

The telephone will be automatically activated to make room-to-room calls. Any athletes or delegation officials requiring the use of the room phone for outgoing calls must make arrangements with the Reception desk at the hotel. The telephone will be made available upon the presentation of a credit card to cover all charges.

All delegations will receive a telephone contact list with important telephone numbers for the European Athletics Team Championships Braunschweig 2014.





6. ACCREDITATION

6.1 GENERAL

Each team member will receive an accreditation card, which must be worn at all times and should be clearly visible. Security personnel will control all areas. The accreditation is not transferable and does not allow the holder to take another person beyond checkpoints. Photos are not required for the accreditation card system.

6.2 ACCREDITATION PROCEDURE

Accreditation cards will be prepared in advance, based on the information provided by the Member Federation through the online entry system. No changes will be accepted after the final entry deadline.

Accreditation cards will be distributed in the Accreditation Centre at the Eintracht Stadium. The Team Leader will be responsible for collecting the accreditation card for all team members.

The Team Leader will settle the payment of accommodation for team members outside the European Athletics quota and confirm the athletes participating in the Championships.

After the payment and confirmation procedures the Team Leader can collect the accreditations cards for the whole team.

6.3 LOSS OF AN ACCREDITATION CARD

Any lost or damaged accreditation cards should be reported to LOC at the Accreditation Centre in the Eintracht Stadium. Duplicate cards can be obtained where proof of identity can be established.

6. ACCREDITATION

6.4 ACCESS AREAS FOR TEAMS

A description of the accreditation system is included on the back of the accreditation card, as per appendix 6.

All team accreditation cards will allow access to the team seating area, warm-up area, changing facilities and physiotherapy rooms. Only athletes who are about to compete will have access to the call room and to the infield.

The Head of Delegation is invited to the VIP Hospitality area and will be given the necessary access number on the accreditation card.

Separate cards will be issued to Team Leaders for access to the Mixed Zone and the information available in the teams' pigeon boxes at the TIC.

Tickets and/or separate cards will also be distributed to the coaches (1 per competing athlete) for the coaching areas.

Access to the Doping Control: 1 pass will be given to the athlete upon notification and an additional pass for an accompanying person. Passes will be collected once they enter the Doping Control Station.





7.1 TECHNICAL INFORMATION CENTRE (TIC)

The main function of the Technical Information Centre is to ensure smooth communication between each Team Delegates and the LOC, the European Athletics Technical Delegate and the Competition Management, regarding technical matters.

The TIC is located at the competition venue (see appendix 4).

Opening hours: Thursday 19 June 16:00 - 19:00

Friday 20 June 10:00 - 19:00

Saturday 21 June 10:00 - 19:00

Sunday 22 June

10:00 - 19:00

The TIC will be linked to all information desks set up for this event and shall be responsible for the following:

- Receipt of written questions to be answered during the Technical Meeting
- · Liaison points concerning technical matters between Team Delegate(s), Technical Delegate(s), European Athletics and LOC
- · Settlement of technical enquiries from delegations
- Competition information (start lists, results, etc)
- Registration and collection of personal implements. (e.g. shot put, etc.)
- Withdrawal of athletes
- Recovery of items confiscated at the Call Room
- Request of documentation for national records or other purposes (additional doping control and photo finish prints)
- Publication of results
- · Receipt of protests and appeals from the teams

All technical information regarding the competition will be distributed to each delegation in a pigeon box given to each team. This information will also be displayed on information boards.

Access to the information to be distributed at the TIC will be controlled by a separate card, not by the accreditation card. TIC cards will be given to each Team Leader (3 TIC cards per team).

7. TECHNICAL INFORMATION

7.2 TECHNICAL MEETING

The Technical Meeting will be held on Friday 20 June at 16:30, at the Eintracht Stadium (West Stand, area third level).

All questions related to the Technical Meeting must be presented in writing in English, at the TIC on Friday 20 June by 12:00 in the appropriate form. The Technical Meeting will be held in English language.

Each team may be represented by a maximum of two team delegates and, if necessary, an interpreter. It is very important that all teams are represented at the Technical Meeting.

A shuttle service from the team hotels will be provided for this meeting - please refer to the Information Desk in the Team Hotel for detailed information.

The Technical Meeting will be chaired by the Technical Delegate and attended by:

- European Athletics President
- European Athletics Vice President
- LOC President
- European Athletics Officials
- Competition Director
- National Competition Officials
- TIC Manager
- European Athletics Staff

7.2.1 AGENDA

The preliminary agenda of the Technical Meeting includes:

- · Welcome by the President of the Local Organising Committee
- Welcome by the European Athletics President or his representative
- Presentation of the International Officials
- Presentation of the National Competition Officials
- Presentation of the competition and warm up sites
- Information briefing by the Technical Delegate on matters not covered by the Team Manual
- Information briefing by the Doping Control Delegate
- Opening & Victory Ceremonies
- Answering of questions submitted in writing by federations





7. TECHNICAL INFORMATION

7.3 IMPLEMENTS

The implements provided by the LOC (see implement list, appendix 1) are selected from those appearing on the current IAAF approved equipment list.

Personal Implements shall also be allowed, providing that:

- They have IAAF certification
- They are not already on the official list
- They are in good conditions and the brand is easily recognised.
- They are made available to all the other competitors until the end of the Final
- They will have to be submitted to the implements check in point

(Technical Information Centre) the day before the event and no later than 18:00. Basic implements will be provided for warm up and training.

Vaulting poles must be delivered to the Technical Information Centre in the stadium by 18:00h the evening before the start of each pole vault event (for teams organising their own transportation). The poles will be kept in a locked store and will be brought to the competition site in due time by the organisers. After the competitions, the organisers will take the poles to the airport or the team hotels and further transportation will be arranged by the organisers as required.

7.4 INSPECTION OF COMPETITION VENUE

Heads of Delegation and team members may visit the venue to inspect access routes and other facilities which will be important to the teams on Friday, 20 June, 10:30 - 11:45 during the official training.

Heads of Delegation are to meet LOC members at the Call Room at 10:30, from where they will be escorted on this visit.

7.5 COMPETITION AREA

The European Athletics Team Championships 2014 will take place at the Eintracht Stadium Braunschweig. A plan of the Stadium and its surroundings is included in this Manual (Appendix 4). The capacity of the Stadium is about 20,000 seats.

The stadium has the following competition sites:

- 8 lanes
- 1 High Jump site
- 1 Pole Vault site
- 1 site for Long/Triple Jump
- 2 Shot Put Circle
- 1 Combined Discus/Hammer Circle
- 2 Javelin sites

7. TECHNICAL INFORMATION

The Warm up area has the following sites:

- 2 lawn fields
- 4 lanes (120 m straight)
- 1 Long Jump / Triple Jump site
- Separate field for throws

Athletes' seats are located in the Grandstand East (near the Call Room).

7.6 TRAINING

Athletes will have the possibility to train in the training venue Braunschweig-Rüningen: 1 lawn field

- 6 lanes (oval and straight)
- 1 High Jump site
- 1 Pole Vault site
- 2 sites for Long/Triple Jump
- 2 Shot Put Circles
- 1 Combined Discus/Hammer Circle

Teams will be allocated training venues as specified below:

Opening hours of this facility will be:

Thursday 19 June 13:00 - 20:00

Friday 20 June 10.00 - 20:00

Saturday 21 June 10:00 - 18.00

Sunday 22 June

10:00 - 17:00

Long Throws detailed training schedules will be available to the teams upon arrival at the information desk, together with the respective transportation schedule. Equipment and implements necessary for training will be available at the training venue. Officials will be present to help in the case of problems or special requirements. Drinks will be available at the training venue. Accreditation must be handed in when borrowing equipment, and will be returned to the athlete when the equipment is handed back in.

The weight training room in the Stadium BS-Rüningen is situated in a tent.

There will be shuttles from the team hotels to the training venue and the transport schedule will be displayed at the Information Desk in each hotel.







7. TECHNICAL INFORMATION

7.6.1 TRAINING AT THE COMPETITION VENUE

Official training for all athletes at the Eintracht Stadium will take place on Friday 20 June, from 10:30 to 12:30. The warm-up area will also be available during this period.

7.6.2 TRAINING WITH OFFICIAL STARTERS

This will take place on Friday 20 June from 11:30 to 12:30.

7.7 DRESSING ROOMS

Dressing rooms with showers are located at the Eintracht Stadium (Grandstand East) (see appendix 4).

8. COMPETITION REGULATIONS

8.1 TEAM COMPOSITION

According to regulation 603.1 each European Athletics Member Federation may enter one team comprising a maximum of 50 (fifty) athletes (25 male and 25 female athletes).

Subject to the exceptions stated below, only athletes aged at least 16 (sixteen) years on 31 December of the year of the competition may participate in the European Athletics Team Championships.

Only athletes aged at least 18 (eighteen) years on 31 December of the year of the competition may participate in the Shot Put (men) and Hammer Throw (men).

8.2 FINAL ENTRIES

Final entries shall be made through the European Athletics Event Management System which will be accessible at the following link: https://arena.european-athletics.org/. Member Federations' entries manager shall use their already known individual and personalised access.

Final entries indicating the names and individual logistical information (detailed travel arrangements, accommodation request and rooming list) of the competitors and of the officials must be received not later than 5 (five) days before the first competition day. According to the regulations the deadlines for the final entries are:

- · Opening of the final entries: Tuesday 3 June
- Deadline for the final entries: Monday 16 June, 24:00 h(CET)

Registration for B races (100m and 4x100m) that will take place on Friday, 20 June will also have to be made through the online system at the same time as the final entries. A maximum of 2 athletes per team and 1 relay team may be entered. Additional participation may be accepted, according to availability.

All Member Federations will be able to consult and print out their entries at any time during the opening period and will receive a pdf report with a status of their entries 24h before the deadline as well as one pdf confirmation after the closing of the system.

Detailed travel and rooming list information will have to be registered for each athlete and official during the final entries process. Amendments and updates will then be possible through the accommodation and transportation modules after the closing of the final entries.





8.3 FINAL CONFIRMATION

Team Leaders or their representatives must confirm the names of those competitors already entered who will actually take part in the competition.

Forms for the final declaration and confirmation will be distributed to each delegation during accreditation. The forms must be completed and returned immediately but no later than Friday 20 June at 10:00 (TIC or Team hotels)

Any team foreseeing to arrive later than this deadline shall confirm the respective athletes' participation via email to competition@european-athletics.org.

Final start lists will be ready for collection together at the TIC after the Technical Meeting.

The final relay team and the running order must be submitted to the TIC using the respective form not later than one hour prior to the first call time for the respective event.

8.3.1 WITHDRAWAL

Withdrawal of any confirmation must be indicated to the TIC at the Stadium in writing on the official withdrawal form.

8.4 SCORING

The European Athletics Team Championships comprises one single competition where men's and women's teams represent as a single team the respective European Athletics Member Federation.

The winner of each individual event and each relay in each match shall score as many points as there are teams competing in the respective League, the second will score one fewer, and so on. Athletes or relay teams with no valid performance, disqualified or not finishing shall not score.

If two or more athletes tie for a place in any event, the attributable points shall be divided equally between them.

In case of heats the results of the two heats are amalgamated, with the athletes' times determining their placings. In case of a tie between athletes in the different heats for races up to 400m inclusively and relays the photo finish judge shall consider the actual times to the 1/1000th of a second. If the tie cannot be broken the attributable points shall be divided equally between them.

The team having the highest aggregate number of points shall be the winner of the European Athletics Team Championships Braunschweig 2014.

8. COMPETITION REGULATIONS

If two or more teams have the same aggregate number of points, the tie shall be decided in favour of the team having the greater number of event winners. If the tie still remains it shall be decided in favour of the team having the greater number of second places, and so on. (Regulation 602.12).

8.5 COMPETITION BIBS

Each competitor will receive 4 competition bibs with the country code. These must be pinned to the front and back of the competition clothing, to the back of the tracksuit, and to the bag. Exceptions are made for High Jumpers and Pole Vaulters: these competitors are permitted to attach the bib only to the front or to the back of their competition clothing (plus their tracksuit and bag).

The competition bibs must not be cut, folded or covered or ruined in any way.

The competition bibs will be delivered to the teams upon accreditation.

8.6 COMPETITION CLOTHING & SHOES

Competitors must wear the Federation's official team clothing. IAAF Rule 8 &143 will be strictly applied. Please make sure to follow the IAAF Advertising Regulations in force, available at http://www.iaaf.org/about-iaaf/documents/rules-regulations#regulations. Clothing and items not conforming to this rule and the current IAAF Advertising Regulations will be removed or taped at the call room.

The European Athletics has a record of the Team vests of all Member Federations, available on European Athletics' Event Management System, Arena, accessible at the following link: https://arena.european-athletics.org/

Member Federations shall confirm their team vests. If the uniform displayed differs from your current official uniform, a full set of photographs must be uploaded by 16 June using the form sent by European Athletics for that specific purpose. Otherwise, the existing records will be used as reference.

Team clothing must be uniform. A competitor wearing any other clothing will have no access to the competition area and will not be allowed to compete.

This rule applies both to competition clothing (vest, shorts and tights) as well as to tracksuits.

The maximum spike lengths in the various events are:

- Track, Long Jump, Triple Jump and Pole Vault: 9mm
- High Jump and Javelin: 12mm





8. COMPETITION REGULATIONS

8.7 SPECIFIC COMPETITION REGULATIONS

8.7.1 FIELD EVENTS EXCEPT VERTICAL JUMPS

There will be a maximum of four trials per competitor in each event. All participating athletes will have three qualification trials (1st, 2nd and 3rd trial). The best 4 athletes after the 3 gualification rounds will compete in the Final (4th round).

The athletes eliminated after the third trial will be ranked by their best performance after the 3rd gualification trial. The remaining 4 athletes will be ranked by their best performance after the Final (4th round). IAAF Rule 180.22 will apply for ties.

8.7.2 VERTICAL JUMPS

In the vertical jumps the IAAF rule 181.2 shall be respected. Furthermore each competitor is limited to a maximum of 4 (four) fouls throughout the whole field event. After the fourth foul he/she may not jump further unless he/she has won the competition.

The winner of the competition is allowed to continue according to IAAF Rule 181.2. The winner will be allowed to continue at the height he/she was not successful. IAAF Rule 181.8 will apply for placings.

The time permitted for each attempt in High Jump and Pole Vault shall be 1 (one) minute except when consecutive attempts are by the same athlete or if only the winner is competing in which case IAAF Rule 180.18 shall apply.

8.7.3. TRACK EVENTS

In the track events no false start will be allowed. Any athlete committing a false start will be disgualified.

The results of the two heats are amalgamated, with the athletes' times determining their placing. In case of a tie between athletes in the different heats for races up to 400m inclusively and relays, the photo finish judge shall consider the actual times to the 1/1000th of a second. If the tie cannot be broken, the attributable points shall be divided equally between them.

8. COMPETITION REGULATIONS

8.8 STARTING ORDER AND DISTRIBUTION OF ATHLETES PER HEAT

The order of attempts in **field events** shall be decided by a draw conducted by European Athletics. Each participating team shall be allocated a letter which shall determine the order of attempts in the field events in accordance with the appropriate chart of the European Athletics Regulations for the European Team Championships (see appendix 3).

In the **horizontal field events** the order of trials in the first round will be kept for the first 3 trials. The order of the trials in the final round will be the reverse order of the ranking after the 3rd round.

In case of 12 teams, races up to 400m inclusively and relays will be staged in two heats of 6 athletes each. The distribution of athletes per heat will be as follows: For the races up to 400m inclusively the heats are being arranged by considering as much information as possible about the performances of all athletes and the heats drawn so that, normally, the best performers compete in the same heat. In principle the distribution will be based on the athletes' season best performances. Previous year's season best, personal best performance and medals achieved at major events can be also considered by the Technical Delegate for the purpose of the distribution per heats. The final distribution is under the discretion of the Technical Delegate.

For the 4x100m and 4x400m relays the teams' distribution per heat will be according to the teams scoring standings 1 (one) hour before the scheduled hour for the event. The best scored teams will compete in the same heat which shall be the last event of the session of track events.

The second heat (B) will contain the top athletes/relays according to the above.

Lanes 1-6 will be used for the 100m, 100m/110m Hurdles:

- Lanes 3-4-5 will be allocated to top three athletes/relay teams.
- Lanes 1-2-6 will be allocated to the remaining athletes.

Lanes 2-7 will be used for the 200m, 400m and relays:

- Lanes 4-5-6 will be allocated to top three athletes/relay teams.
- Lanes 2-3-7 will be allocated to the remaining athletes/relay teams.

On 800m all athletes will start in lanes (2 athletes in lane 2, 4, 6, 8 according to draw).

The Technical Delegate will conduct the draw of the lane allocation after the final confirmations for 100m, 200m, 400m, 110m H, 100m H and 400m H.

For the relay races the Technical Delegate conducts the draw one hour before the races.





9. COMPETITION PROCEDURE

9.1 TIMETABLE

Please refer to Appendix 2 for the competition timetable.

9.2 WARMING UP BEFORE EVENTS

The warm-up area is located at the Eintracht Stadium. There are separate fields for throws (see appendix 6).

9.3 CALL ROOM PROCEDURES

There will be a meeting point in the Warm-up where athletes will be called and gathered and escorted to the Call Room.

The Call Room is located at the south-eastern entrance to the stadium. It is the responsibility of the team managers to ensure that their athletes are aware of the last check-in times for entry to the call room. Athletes arriving late may be excluded from participation in the event.

Athletes must report to the Call Room before each event as follows:

EVENT	ENTRANCE TO CALL ROOM	EXIT FROM CALL ROOM
Running events	20 minutes	10 minutes
Horizontal Jumps & Throwing Events	45 minutes	35 minutes
High Jump	55 minutes	45 minutes
Pole Vault	75 minutes	65 minutes

The following checks will be carried out on equipment that must comply with IAAF Advertising and Competition Rules:

- Competition clothing
- Shoes
- Bags
- That non-authorised equipment (radio, Walkman, mobile phone, camera etc) are not brought infield.

9. COMPETITION PROCEDURE

9.4 EVENT PRESENTATION FORMAT

Track events: At the starting Line for the event, and in the designated lane or order. Field events: The athletes will be presented just before the start of competition.

9.5 COMPETITION PREPARATIONS

9.5.1 FIELD EVENTS

9.5.1.1 TRIALS

In the field events the official trials will be supervised by the judges. Athletes may only use the official markers provided by the LOC for the approach. These will be handed out by the competition officials at the competition area. Once the trial jumps/puts are finished, the participants will be asked to stand in the order

of the competition for the presentation.

9.5.1.2 MEASUREMENTS

All throws will be measured by Omega with Electronic Distance Measurement (EDM), Long and Triple Jump with Video Distance Measurement (VDM) and the vertical jumps will be measured by certified steel bars.

9.5.2 TRACK EVENTS

Tracksuits shall be placed in baskets at the start, to be taken to the kit collection area.

9.5.2.1. STARTER'S COMMANDS

The starter commends will be given in English, as follows:

- For distances up to and including 400m:
- "On your marks"
- "Set"
- Fire of the gun

For distances of 800m and more:

- "On your marks"
- Fire of the gun.





9. COMPETITION PROCEDURE

If for any reason the starter feels it is necessary to interrupt the process he/she will say: "Stand Up"

Omega starting blocks will be used at the European Athletics Team Championships. These blocks have a false start detection system and are linked to the false start console.

9.5.2.2. TIMING

The official timing will be provided by Omega and will be displayed on the official electronic timing instrument and photo finish cameras provided by Omega. For all races of 800m or more, the elapsed time will be displayed on electronic timers located at the end of each straight.

9.6 LEAVING THE STADIUM DURING THE COMPETITION

An athlete may only leave the competition area when accompanied by a judge. The intention has to be communicated to the Referee.

9.7 LEAVING THE STADIUM AFTER THE COMPETITION

After the competition, athletes leave immediately through the north-eastern gate right at the finish line. The exit route passes the interview cameras of the TV, then through the ENG/radio interview zone into the written press mixed zone. Athletes will retrieve their clothing in the kit collection area at the end of the mixed zone.

9.8 DRINKING STATIONS

Water is provided in the infield, Mixed Zone and in the Warm-up Area.

9.9 PROTESTS AND APPEALS

Protests are permitted and will be processed in accordance with IAAF Rule 146.

In the first instance, protests must be made orally to the Referee by the athlete himself/ herself or by a responsible official acting on his/her behalf (Rule 146.3). Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the result of that event (posted on the TIC information board).

Any written appeal to the Jury of Appeal must be signed by a responsible official on behalf of the athlete and submitted to TIC within 30 minutes after the official announcement of the decision made by the Referee.

9. COMPETITION PROCEDURE

When submitting an appeal form, a deposit of EUR 75, as set in the rules, must be paid. If the protest is unsuccessful, the deposit will not be returned. The Jury's decision will be provided in writing.

9.10 INTERVIEWS

Immediately after the competition, the flash interview group will interview the winning athletes. This interview is made available in the Commentator Information System or distributed in information sheets in the Media Tribune. In the mixed zone, all athletes meet the media: first the TV cameras, then the radio and finally the written press. It is for the athlete to decide whether he/she will give an interview.

- Flash Interviews these will be conducted immediately at the beginning of the Mixed Zone following each event. After the television interviews, the athletes will be available for the media.
- · Official Interviews In exceptional circumstances (e.g. major record broken) an athlete or the first athlete in each event may be asked to attend an official interview or press conference. This will take priority over all other interview requirements. It would also be held before doping control testing.







10. MEDICAL SERVICES & DOPING CONTROLS

10.1 MEDICAL SERVICES

The medical service will provide medical information and assistance to teams, organisation personnel, and honorary guests as well as, during the competition, to the spectators in the stadium.

In case of emergency, please contact the nearest medical first aid station or call the 24/7 Medical Emergency number 112.

10.1.1 MEDICAL SERVICES IN THE TEAM HOTELS

Medical assistance for athletes, trainers and other team members is provided by a duty doctor 24 hours a day. The telephone number is indicated at the information desk in the hotel or the Team Attachés.

10.1.2 MEDICAL CARE AT THE COMPETITION VENUE

The stadium medical service is responsible for any problems concerning the athletes' health. There is also a room for medical attention close to the finish line. The team doctor has access to the medical service facilities when an athlete of his/her own team is hurt or is in need of other medical attention.

The stadium medical service is also responsible for first aid in the warming up area.

There is a team of four ambulance men on the infield, supervised by a doctor and marked with red crosses.

10.1.3 PHYSIOTHERAPY

A physiotherapy tent is provided to each team in the Warm Up area. For those teams requiring special physiotherapy services there will be a team of physiotherapists available at the stadium. The Team Attachés will connect the athletes with the physiotherapists.

The team physiotherapists and doctors may use the equipment in the physiotherapy rooms in co-operation with the medical staff.

10.1.4 INSURANCE

According to the Regulation 610.12 the participating Member Federations are responsible for taking out their own insurance to cover the risk of illness or injury of any member of their team when travelling to and from the European Athletics event and during the event itself. Please take the necessary steps to fulfil these requirements well in advance.

10. MEDICAL SERVICES & DOPING CONTROLS

10.2 DOPING CONTROLS

Doping controls will be conducted in accordance with IAAF Rules and Anti-doping regulations under the supervision of the European Athletics Doping Control Delegate. Both urine and blood samples may be collected immediately before, and during, the Championships.

Athletes selected for doping control shall be informed by anti-doping officials. Athletes will be required to sign a confirmation of notification. Athletes must bring to the Doping Control Station an ID card with photo. Athletes who are to be tested may invite a team official to accompany them to the Doping Control Station (DCS).

A selected athlete should report immediately to the DCS unless there are valid reasons for delay. All selected athletes will be accompanied by a trained chaperone or Doping Control Officer from the time of notification until arrival at the DCS. Athletes are reminded that refusal to provide a sample can render them liable to disqualification and may lead to further disciplinary action.

Athletes who are required to use prescribed medication for the treatment of a medical condition should ensure that they have registered their medication, where necessary, through the Therapeutic Use Exemption system prior to attending the Championships.

10.2.1 SELECTION OF ATHLETES

The selection of athletes for control will be made on a final position and/or random basis under the supervision of the European Athletics Doping Control Delegate. In addition, the selection of further athletes may be ordered at the discretion of the European Athletics Doping Control Delegate.

10.2.2 ADDITIONAL CONTROLS

Additional athletes may present themselves for testing. These athletes must report to the TIC where they will have to complete the "Doping Control Request Form". They will then be escorted to the Doping Control Station.

The cost of this control will be paid by the European Athletics and will be deducted from the member federation's European Athletics subvention after the Championships.





11. INFORMATION

STADIUM

TIMING BOARDS

A clock showing the race time is positioned in the in-field near the finish line as well as near the 100m, 200m and 300m start lines.

FIELD EVENTS BOARDS

The result of each trial in field events will be shown on rotating scoreboards. Final and intermediate results of the field events and the respective team points will be indicated on the scoreboards above both of the bends.

The performances in field events will be shown by signs with the respective nation's codes along the sector lines. During the event the boards will be moved in accordance to the actual ranking.

ANNOUNCEMENTS

Official announcements will be made in German and English.

START LISTS

Start Lists will be available for Team Leaders immediately after the Technical Meeting.

RESULT LISTS / INTERMEDIATE SCORES Results will be displayed on the notice boards near the TIC.

COMPLETE SET OF RESULT LISTS

Copies of the results of each day's events will be distributed to each Team Leader at their hotel and at the TIC team mail boxes on each evening of competition. Complete results in the form of a booklet will be issued to Team Leaders at the Closing Banquet and/or made available for download from the event website www.braunschweig2014.com.

12. SECURITY

Instructions given by the LOC, the security personnel and the police must be followed in all areas, as well as during transport from one location to another.

The accreditation card must be worn at all times. If an accreditation is lost, this should be reported immediately to any LOC information desk.

The emergency phone numbers are:

- ・ Police 110
- Ambulance 112
- Fire department 112

If necessary, the police can be contacted through the LOC information desk at your hotel.





13. CEREMONIES & SOCIAL FUNCTIONS

13.1 EUROPEAN ATHLETICS - CITY OF BRAUNSCHWEIG DINNER

A dinner hosted by European Athletics & the Mayor of Braunschweig will take place on Friday 20 June at 20:00 at the "Dornse" (Old City Hall). Two persons from each team will be invited. Invitation cards will be distributed to those having namely confirmed their attendance.

13.2 OPENING CEREMONY

The Opening Ceremony will take place on Friday 20 June at 19:00 in the city centre. Team members are not involved but are welcome to attend.

13.3 VICTORY CEREMONY

The Victory Ceremony for the first three teams will take place on Sunday 22 June after the 4x400m relays. The three teams should assemble the call room. Athletes must wear the official team clothing for the ceremony.

13.4 CLOSING CEREMONY (FLAG HANDOVER)

The Closing Ceremony will consist of the flag handover to the next organiser (Cheboksary/ RUS). It will take place in the Eintracht Stadium immediately after the Victory Ceremony and last for about five minutes.

13.5 CLOSING BANQUET

The Closing Banquet followed by the Closing Party will take place on Sunday 22 June at 20:00 in the Volkswagen Halle Braunschweig. Team transportation will be organised from and to the Team Hotels by shuttle service. Everyone with accreditation is welcome to attend.

14. DEPARTURE

14. DEPARTURE

Teams will be asked to provide full travel details in the final entry system. Teams will also receive a departure form, which should be completed and returned to the LOC Information Desk in the hotel, at least 24hours before departure, especially if there are any changes to the preliminary confirmed details.

Departure times of the shuttle buses from the hotel will be provided and displayed at the hotel Information Desk.

All outstanding fees, charges and possible other expenses must be settled with the cashier. On the day of departure the LOC Hotel Manager checks the rooms together with the team leaders.







15. CONTACT DETAILS

FOR FURTHER DETAILS ABOUT THE EUROPEAN ATHLETICS TEAM CHAMPIONSHIPS, BRAUNSCHWEIG 2014 PLEASE CONTACT:

Mr Henning Reimer Head of LOC Office reimer@stadthalle-braunschweig.de +49-531-7077 117

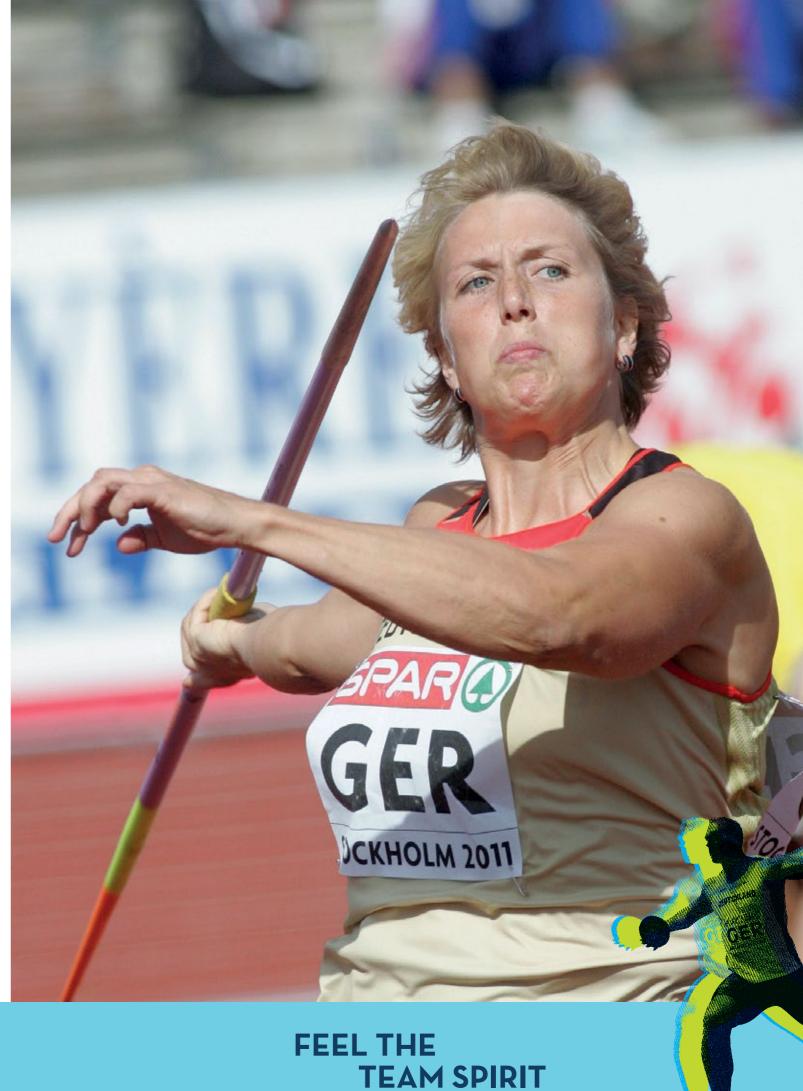
15.1 EUROPEAN ATHLETICS OFFICE (WEST STAND, GROUND FLOOR)

Eintracht-Stadion Hamburger Strasse 210 38112 Braunschweig

See point 2.3. for the European Athletics Headquarters' contact details.

15.2 OFFICE OF THE LOCAL ORGANISING COMMITTEE (WEST STAND, GROUND FLOOR)

Eintracht-Stadion Hamburger Strasse 210 38112 Braunschweig reimer@stadthalle-braunschweig.de +49-171-1479 579



16. APPENDICES

APPENDIX 1 - IMPLEMENT LIST

APPENDIX 2 - TIMETABLE

APPENDIX 3 - EVENT DRAW

APPENDIX 4 - MAP OF STADIUM AND FACILITIES

APPENDIX 5 - COMPETITION VENUE

APPENDIX 6 - ACCREDITATION ZONES/WARM-UP VENUE

APPENDIX 1 – IMPLEMENT LIST

MEN

CATALGUE NO.	MANUFACTURER	DESCRIPTION	COLOUR	CERTIFICATION No.
		SHOT 7.26kg		
F251C	NISHI	Steel, dia: 129mm	Silver	I-99-0083
5131726	Nordic	Olympic Super, turned lac- quered steel, dia: 128 mm	Yellow	I-99-0021
N1118 A	Nelco	Turned iron, dia: 128mm	Yellow	I-99-0093
F251	NISHI	Steel, dia: 125.5mm	Silver	I-99-0087
		DISCUS 2kg		
D2000JSUS	Denfi	Jurgen Schult Ultimate Spin, chrome rim, carbon grey	White/yellow centre	I-99-0098
D2000ST	Denfi	Spacetraveler, black plated steel rim, plastic plates	Black/blue/black center	I-10-0456
N1105GA	Nelco	Gold, brass rim, plastic sides	White/gold	I-99-0095
720-1200	UCS	Orange Flyer Medium Moment, steel rim, fibreglass	Orange	I-99-0122
		HAMMER 7.26kg		
N1122XA/N1125BN	Nelco	Olympic, alloy stainless steel, dia: 110 mm	Silver	l-99-0132
F201/F352/F353	NISHI	Steel, dia: 110mm	Orange	I-99-0079
ZH-7,26-B/UW-115	Polanik	Steel, dia: 110mm, Ziolkowski Black	Black	I-10-0469
		JAVELIN 800g		
800CS90	Nemeth	Classic 90m, aluminium, violet cord	Violet/yellow/green	I-99-0100
800CC95	Nemeth	Classic 95m, hard composite, yellow cord	Violet/yellow/ orange	I-08-0400
7916800c	Nordic	Champion Carbon flex 4.8, carbon, lilac cord	Lilac, white	I-99-0189
7916803c	Nordic	Airglider Carbon flex 4.5, carbon, red cord	White, lilac spiral	1-03-0300





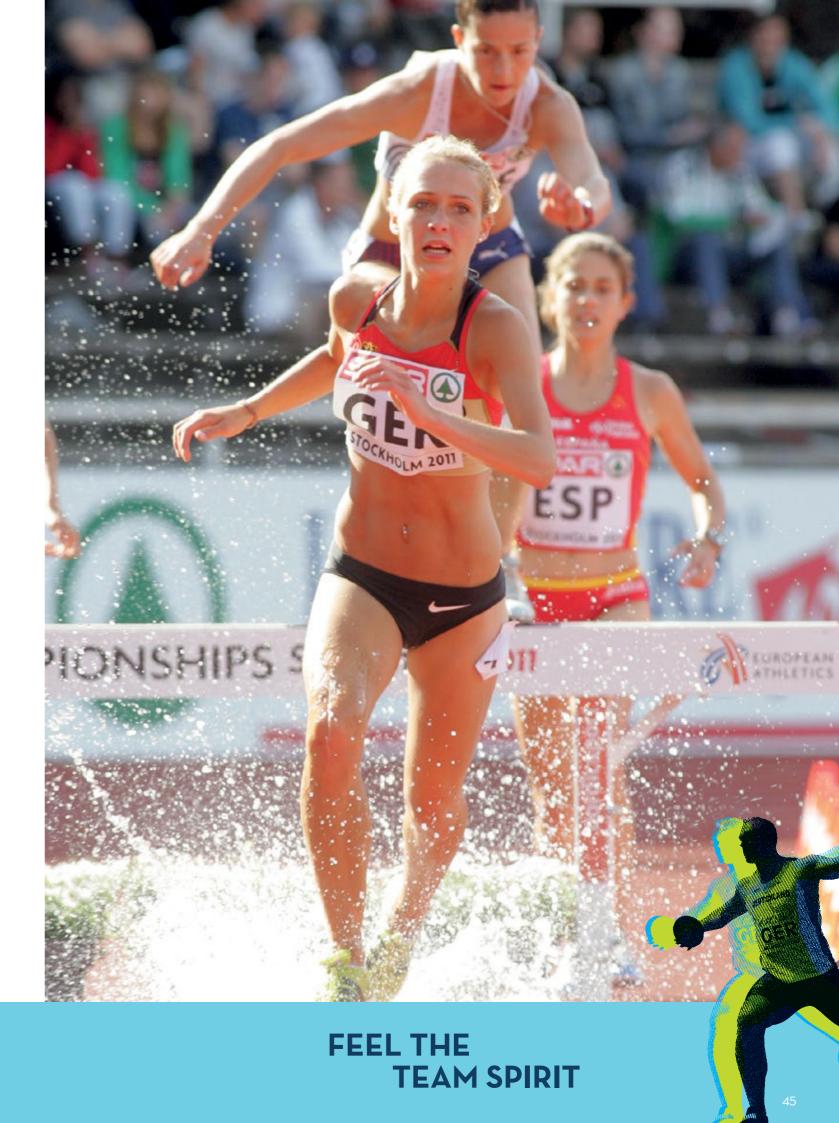
APPENDIX 1 – IMPLEMENT LIST

WOMEN

CATALGUE NO.	MANUFACTURER	DESCRIPTION	COLOUR	CERTIFICATION No.
		SHOT 4kg		
F253C	NISHI	Steel, dia: 109mm	Silver	1-99-0084
5133402	Nordic	Turned steel, dia: 108mm	Red	I-99-0025
N1118 EA	Nelco	Turned iron, dia: 104mm	Black	I-99-0137
		DISCUS 1kg		
D1000JSUS	Denfi	Jurgen Schult Ultimate Spin, chrome rim, carbon grey	White/yellow centre	I-99-0099
N1105GD	Nelco	Gold, brass rim, plastic sides	White/gold	I-99-0096
F333A	NISHI	Super HM, steel rim, FRP sides	Purple/black/white	I-02-0256
6131100	Nordic	Super Spin, brass rim, black fiberglass sides	Black/gold	I-99-0031
		HAMMER 4kg		
N1121D/N1125BN	Nelco	Olympic, brass, dia: 95mm	Gold	I-99-0147
F210A/F352/F353	NISHI	dia: 96mm	Blue	1-99-0080
PH-4-B/UW-110	Polanik	Steel, dia: 95mm, Premium Black	Black	I-10-0466
		JAVELIN 600g		
600CS80	Nemeth	Classic 80m, aluminium, violet cord	Violet/yellow/green	I-99-0102
7917603	Nordic	Diana Steel, steel, blue cord, 80m	Lilac, white	I-99-0018
7917606c	Nordic	Olympia Carbon Flex 5.9	White, green spiral	I-10-0457
600C70	Nemeth	Club Alu 70m, 600 g	Violet/yellow/blue	l-99-0459

Personal Implements shall also be allowed, providing that:

- They have IAAF certification in force
- They are not already on the official list
- They are in good conditions and the brand is easily recognised.
- $\boldsymbol{\cdot}$ They are made available to all the other competitors until the end of the Final
- They will have to be submitted to the TIC the day before the event and no later than 17:00 hours.



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APPENDIX 2 – TIMETABLE

FRIDAY, 20 JUNE 2014			
13:00	100m B-race	W	
13:07	100m B-race	W	
13:14	100m B-race	М	
13:21	100m B-race	М	
14:20	4x100m extra race	W	
14:27	4x100m extra race	М	

SATURDA	Y, 21 JUNE 2014	
12:30	Hammer Throw	М
12:35	Pole Vault	W
12:42	Shot Put	М
13:00	100m	W
13:07	100m	W
13:21	4. Hammer Throw	М
13:27	4. Shot Put	М
13:35	400m H	М
13:42	400m H	М
13:50	Triple Jump	W
13:54	100m	М
14:00	100m	М
14:05	Discus Throw	W
14:10	400m	М
14:16	400m	М
14:22	800m	W
14:29	High Jump	М
14:32	3000m	W
14:47	4. Triple Jump	W
14:53	4. Discus Throw	W
15:01	400m H	W
15:07	400m H	W
15:18	1500m	М
15:29	3000m SC	W

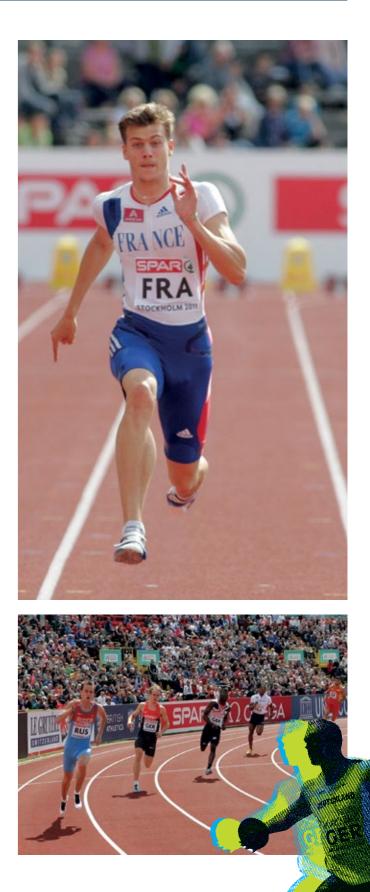
SATURDAY, 21 JUNE 2014						
15:33	Long Jump	М				
15:46	400m	W				
15:52	Javelin Throw	W				
15:54	400m	W				
16:00	5000m	М				
16:20	4 x 100m Relay	W				
16:28	4 x 100m Relay	W				
16:32	4. Long Jump	М				
16:38	4. Javelin Throw	W				
16:45	4 x 100m Relay	М				
16:51	4 x 100m Relay	М				

APPENDIX 2 – TIMETABLE

SUNDAY,	22 JUNE 2014	
12:30	Javelin Throw	М
12:37	Shot Put	W
12:45	High Jump	W
13:00	110m H	М
13:07	110m H	М
13:21	4. Javelin Throw	М
13:27	4. Shot Put	W
13:35	100m H	W
13:42	100m H	W
13:50	Triple Jump	М
13:58	800m	М
14:05	Hammer Throw	W
14:08	1500m	W
14:15	Pole Vault	М
14:22	3000m SC	М
14:38	200m	W
14:44	200m	W
14:47	4. Triple Jump	М
14:55	4. Hammer Throw	W
15:05	200m	М
15:11	200m	М
15:31	5000m	W
15:35	Long Jump	W
15:40	Discus Throw	М
15:55	3000m	М
16:12	4 x 400m Relay	W
16:22	4 x 400m Relay	W
16:29	4. Discus Throw	М
16:34	4. Long Jump	W
16:42	4 x 400m Relay	М
16:51	4 x 400m Relay	М
17:05	Victory Ceremony	

FEEL THE







EUROPEAN ATHLETICS TEAM CHAMPIONSHIPS SUPER LEAGUE 2014

LANE AND STARTING ORDER DRAW

Special Draw for races up to 400m:

Races up to 400m inclusively and relays will be staged in two heats of 6 athletes each. The second heat (B) will contain the top athletes/relays according to European Athletics competition regulations.

Lanes 1-6 will be used for the 100m, 100m/110m Hurdles:

- Lanes 3-4-5 will be allocated to top three athletes/relay teams.
- Lanes 1-2-6 will be allocated to the remaining athletes.

Lanes 2-7 will be used for the 200m, 400m and relays:

- Lanes 4-5-6 will be allocated to top three athletes/relay teams.
- Lanes 2-3-7 will be allocated to the remaining athletes/relay teams.

On 800m all athletes will start in lanes (2 athletes in lane 2, 4, 6, 8 according to draw)

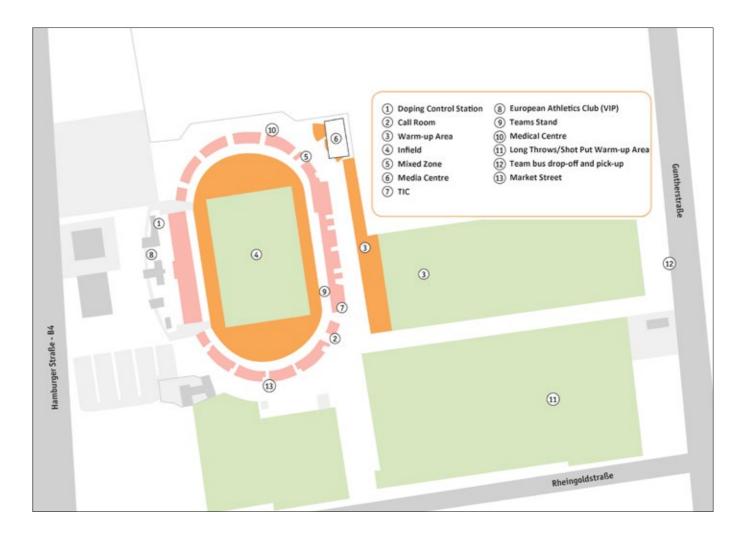
The Technical Delegate will conduct the draw of the lane allocation after the final confirmations for 100m, 200m, 400m, 110m H, 100m H and 400m H.

For the relay races the Technical Delegate conducts the draw one hour before the races.

STARTING ORDER FOR ALL OTHER EVENTS:

EVENTS	ITA	RUS	SWE	UKR	ESP	CZE	FRA	NED	POL	GER	TUR	GBR
	А	В	С	D	E	F	G	Н	I	J	К	L
800	1	2	2	3	4	4	5	6	6	7	8	8
TJ	1	2	3	4	5	6	7	8	9	10	11	12
1500	2	3	4	5	6	7	8	9	10	11	12	1
5000	3	4	5	6	7	8	9	10	11	12	1	2
3000	4	5	6	7	8	9	10	11	12	1	2	3
3000 sc	5	6	7	8	9	10	11	12	1	2	3	4
SP	6	7	8	9	10	11	12	1	2	3	4	5
DT	7	8	9	10	11	12	1	2	3	4	5	6
HT	8	9	10	11	12	1	2	3	4	5	6	7
JT	9	10	11	12	1	2	3	4	5	6	7	8
HJ	10	11	12	1	2	3	4	5	6	7	8	9
PV	11	12	1	2	3	4	5	6	7	8	9	10
LJ	12	1	2	3	4	5	6	7	8	9	10	11

APPENDIX 4 -MAP OF STADIUM AND FACILITIES



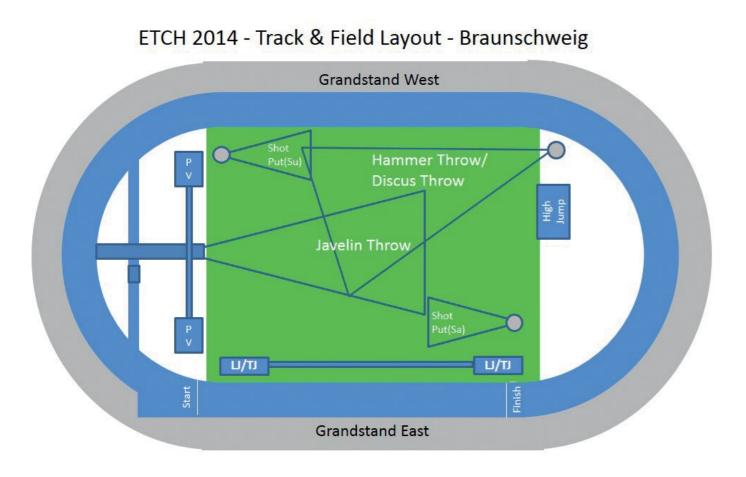
Note: Starting order for throws and horizontal jumps is only applicable for the first three trials.

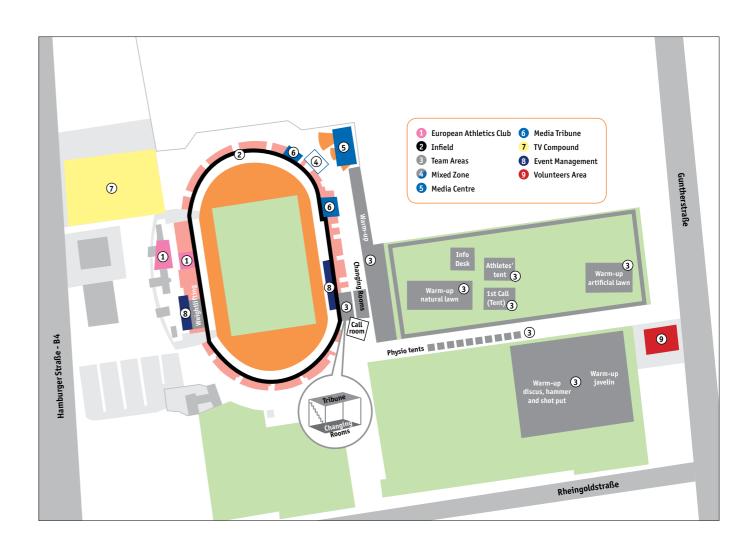




APPENDIX 5 -COMPETITION VENUE

APPENDIX 6 – ACCREDITATION ZONES WARM-UP VENUE











INTERNATIONAL PARTNERS





CONTACT

Local Organising Committee Braunschweig 2014 Stadthalle Braunschweig Leonhardplatz 38102 Braunschweig

phone +49-531-7077-117 fax +49-531-7077-222

www.braunschweig2014.com info@braunschweig2014.com