

OCMG Oran
Organizing Committee
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**19th Mediterranean
Games
ORAN 2022**



Technical Manual

ATHLETICS



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A. GÉNÉRAL INFORMATION



1. Sports on the Program of the XIX Mediterranean Games Oran2022:

1		ATHLETICS	13		KARATE
2		BADMINTON	14		WRESTLING
3		BASKETBALL 3X3	15		SWIMMING
4		BOWLS	16		EQUESTRIAN
5		BOXING	17		TAEKWONDO
6		CYCLING	18		TENNIS
7		FENCING	19		TABLE TENNIS
8		FOOTBALL	20		SHOOTING
9		GYMNASTICS	21		ARCHERY
10		WEIGHTLIFTING	22		SAILING
11		HANDBALL	23		VOLLEYBALL
12		JUDO	24		WATER POLO

2. Sports Calendar of the XIX Mediterranean Games Oran 2022:

SPORT		M/W	VENUE		JUNE					JULY				
OPENING CEREMONY	Olympic Complex Stadium		25	26	27	28	29	30	01	02	03	04	05	
ATHLETICS	M/W									QR/F	QR/F	QR/F	QR/F	05
BADMINTON	M/W				QR	F	QR	QR	F					
BASKETBALL 3X3	M/W								QR	QR	QR	F		
BOWLS	M/W				QR	QR	F	QR						
	M/W				QR	QR	QR/F	F						
	M/W				QR	QR	QR	F						
BOXING	M				QR	QR	QR	QR	F					
CYCLING	M/W								F	F				
FENCING	M/W									QR/F	QR/F	QR/F	QR/F	
FOOTBALL	M		QR	QR	QR	QR	QR	QR	QR	QR	QR	F	F	
GYMNASTICS	M/W						QR	QR	F					
WEIGHTLIFTING	M/W											QR/F	QR/F	
HANDBALL	M				QR	QR	QR	QR	QR	QR	QR			
	W													
	M/W										QR	QR	F	F
JUDO	M/W							QR/F	QR/F					
KARATE	M/W				QR/F	QR/F								
WRESTLING	M/W					QR	QR/F	QR/F	QR/F					
SWIMMING	M/W				QR/F	QR/F	QR/F	QR/F	QR/F					
EQUESTRIAN	M/W									QR/F		QR/F		
TAEKWONDO	M/W											QR/F	QR/F	
TENNIS	M/W					QR	QR	QR	F	F				
TABLE TENNIS	M/W				QR	QR/F	QR	QR	QR/F					
SHOOTING	M/W						QR	QR/F	QR/F	QR/F	QR/F	QR/F		
ARCHERY	M/W				QR	QR/F	QR/F							
SAILING	M/W					QR	QR	QR	QR	QR	F			
VOLLEYBALL	M				QR	QR	QR	QR	QR	QR				
	W				QR	QR	QR	QR	QR	QR				
	M/W									QR			F	
WATER POLO	M									QR	QR	QR	QR	
	W												QR	
	M/W										QR	QR	QR	F
CLOSING CEREMONY														05



3. Abbreviation Table:

Acronym	Definition
ICMG	International Committee of the Mediterranean Games
IOC	International Olympic Committee
IF	International Federation
OCMG	Organizing committee of the Mediterranean Games
NOC	National Olympic Committee
WADA	World Anti-Doping Agency
NF	National Federation
MG	XIX Mediterranean Games Oran 2022
DRM	Delegation Registration Meeting
MV	Mediterranean Village
TIC	Technical Information Center
SIC	Sports Information Center
M	Men
W	Women
M/W	Men/Women
QR	Qualification Round
F	Final
QR/F	Qualification Round / Final
WA	WORLD ATHLETICS FEDERATION
FAA	ALGERIAN ATHLETICS FEDERATION

B. TECHNICAL INFORMATION



1. International Federation

WORLD ATHLETICS FEDERATIONS (WA)

6-8, Quai Antonio 1er, BP359 – MC, 98007, Monaco Cedex

Phone : + 377 93 10 88 88

Website : www.worldathletics.org

E-mail : info@worldathletics.org

President : Lord **Sebastian COE**

Secretary General : Mr. **Jon Ridgeon**

2. National Federation

ALGERIAN ATHLETICS FEDERATION (FAA)

Phone: Phone& Fax 023 27 45 48 Mob. 0561 95 86 75

Website: www.faa.dz

E-mail : alg@mf.worldathletics.org

President : Mr. **LOUAIL Yacine**

Secretary General: Mr. **Abderrahmane BELAID**

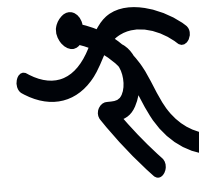
3. Competition Management:

WA Technical Delegate: Mr. **Jose Luis DE CARLOS (ESP)**

Competition Director: Mr. **Abdallah BENARIBA**

3.1 Venue Management:

Venue Director: Mr. **Mohamed ABAIDIA**



4. Events and dates:

4.1 Sports Program:

The Athletics competition of the XIX Mediterranean Games Oran 2022 will include the following events:

Events	Male	Female
100m	X	X
200m	X	X
400m	X	X
800m	X	X
1500m	X	X
5000m	X	X
100m Hurdles		X
110m Hurdles	X	
400m Hurdles	X	X
3000m Steeplechase	X	X
4x100m Relay	X	X
4x400m Relay	X	X
Half Marathon	X	X
Pole Vault	X	X
High Jump	X	
Long Jump	X	X
Triple Jump	X	
Discus Throw	X	X
Hammer Throw		X
Shot Put	X	

4.2 Dates and venue:

The Athletics competition will take place at the Oran Olympic Complex Stadium from:
Friday 1st to Monday 04 July 2022

5. Conditions for the conduct of the competition:

The Athletics competition will take place if a minimum of eight (8) countries for the men's events and six (6) countries for the women's events have registered before **11:59 p.m. (Algerian time) on Friday March 18, 2022.**

Depending on the number of entries, the President of the Technical Commission of the ICMG, assisted by one (1) or two (2) members of this commission appointed by the President of the ICMG, and in the presence of the president of the Commission of the sports organization of the OCMG Oran 2022, will decide, on **Monday May 30, 2022**, the list of canceled events.

Once the progress of a competition has been confirmed, it will take place and the corresponding medals and diplomas will be distributed, regardless of the number of participants.

5.1 Cancellation of events:

The OCMG Oran 2022 will immediately inform each National Olympic Committee (NOC) of the list of events that are canceled because they do not meet the required number of participants.

6. Competition Rules:

The Athletics competition will be held in accordance with the WA regulations in effect on **January 1, 2022**, with special exceptions authorized by the ICMG.

Questions not addressed in this technical manual will be resolved as follows:

- For general questions, the ICMG rules will be applied.
- For technical matters, WA rules will be applied.

7. Technical Organization:

The FAA, under the supervision of the WA Technical Delegate, is responsible for the technical organization and conduct of the Athletics competition during the XIX Mediterranean Games Oran 2022.

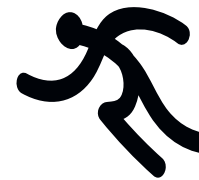
7.1 Special provisions regarding the conduct of the competition:

Any problems that may arise before or during the events will be resolved by the competition management, in accordance with the ICMG and WA regulations in force on **January 1, 2022**, unless special exceptions authorized by the ICMG.

Precise arrangements for the organization of the Athletics competition will be made depending on the number of participants.

7.2 Start lists:

The start lists will be determined on Tuesday **June 28, 2022** before the technical meeting, and after each delegation has confirmed the entries of its athletes.



7.3 Call Room:

There will be one (1) call room and a meeting point.

The meeting point will be located near the warm-up area (near the call room).

The call room will be located on the straight line

The action procedure will be as follows:

a) All athletes must report to the call room before their events and at the time indicated in the list of the first call, which must meet the following criteria:

- For racing events in the stadium, except hurdles and relays: 35 minutes before the official start of the event.
- For hurdles and relay races: 40 minutes before the official start of the event.
- For the long jump, triple jump, throws: 55 minutes before the official start of the event.
- For the high jump: 60 minutes before the official start of the event.
- For the pole vault: 90 minutes before the official start of the event.
- For the half marathon: 40 minutes before the official start of the event.

b) Team captains will be responsible for informing all of their athletes when to report to the call room, and the procedures to be followed in the call room. In accordance with WA rules, athletes who do not appear in the call room may be excluded from the event in question, as well as from the rest of the events in which they are entered.

c) Athletes will be taken from the Meeting Point to the call room where the usual checks will be carried out.

In accordance with WA rules, the judges of the call room will verify the following:

- ✓ Bibs
- ✓ Shoes
- ✓ Uniform
- ✓ Bags
- ✓ Personal Effects (Athletes cannot use VCRs, radios, CD players, radio transmitters, cell phones or other similar devices inside the stadium in accordance with rule 144 of the WA Rules).
- ✓ Advertising

d) The judges will keep any material that does not comply with the rules, with a receipt in return. This material can be collected at the end of the event, upon presentation of the receipt to the Technical Information Center (TIC).

7.4 Competition Area:

After the control carried out in the call room, and at the time determined for their entry into the stadium, the athletes will be accompanied by a judge to the start line or their competition area.

During the course of the event, no athlete may leave the competition area without the permission of the chief judge of the event. If he/she obtains this authorization, the athlete must go out accompanied by a judge.

Athletes will leave the stadium by the exit closest to the finish line and pass through the mixed zone before reporting to the end-of-event checkpoint, where they can collect their personal effects.

In the finals of the high jump and the pole vault, eliminated athletes must leave the competition area at each change of height, provided they are accompanied by a judge. Athletes qualified for first, second and third place must leave together at the end of the event.

7.5 Starting Order:

Starting orders will be given in English.

Up to and including 400m, these orders will be:

- On your marks!
- Set!
- Starting gun

From 800 m, these orders will be:

- On your marks!
- Starting gun

7.6 Post Event Control:

The end-of-race checkpoint will be located next to the mixed zone. The baskets containing the personal effects of the athletes will be there. Athletes will also be able to collect their accreditation cards there and doping control officers will carry out the necessary administrative formalities with the athletes who have been selected for testing. In this area, the first three ranked athletes of each event will receive instructions for the conduct of the medal ceremony.

7.7 Throwing instruments:

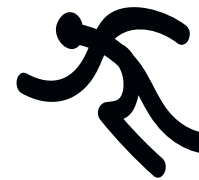
In accordance with WA regulations, the OCMG Oran 2022 will provide athletes with Five (05) gears for the throwing events.

Athletes wishing to bring their own gears should drop them off at the Athletics TIC for verification at least twenty-four (24) hours before the event. These gears must be homologated and certified by WA. During the course of the events, the gears will be made available to the athletes.

7.8 Half marathon:

The end point of the half-marathon of the XIX Mediterranean Games Oran 2022 will be the Olympic Complex Stadium. The route will take place on an urban circuit.

There will be two classifications for this event: men and women.



7.8.1 Supply Points:

There will be supply points located every two and a half kilometers (2.5 km)

Each point will include two (2) zones:

- 1- Personal supply
- 2- Collective supply

Information panels will be placed 100 m before each supply point.

7.8.1.1 Personal Supply:

Half-marathon participants with their own supplies must drop them off at the Mediterranean Village before the race in a place and at a time that will be indicated in due course.

The organization will transport the bottles to the desired supply points. Team officials may also bring supplies to the points indicated above, if they have the access passes to these points. These passes will be distributed at the Sports Information Center (SIC) of the Mediterranean Village, before the competition.

The OCMG Oran 2022 will provide athletes with bottles and labels for their supply.

The bottles and labels will be distributed at the SIC. Athletes will be able to use their own bottles which will not have any commercial identification.

All bottles must be clearly identified with the following information:

- The name of the athlete,
- The athlete's bib,
- The athlete's three-letter NOC code,
- The kilometer where the supply must be deposited.

All tables will be identified with the name of the NOCs.

7.8.1.2 Collective Supply:

In addition to the personal refueling tables, the OCMG Oran 2022 will have collective supply tables which will contain water and isotonic drinks.

This supply will offer:

- Water,
- Isotonic drinks.

7.9 Results announcement:

As soon as they are available, the results will appear on the electronic scoreboard at the Olympic Complex stadium.

An announcement will be made for each new result that appears.

The results will also appear on the Athletics TIC bulletin boards, as well as on the website and any other applications for mobile devices that may be developed. The results will be official from the moment the organization publishes them.

All NOCs which will take part in the Athletics competition, will have a locker at their disposal where the results and various information about the events will be deposited.

These lockers will be inside the Athletics TIC and the SIC of the Mediterranean Village.

The team captains will receive the necessary information on these arrangements during the technical meeting.

8. Competition Venues:

The XIX Mediterranean Games Oran 2022 Athletics competition (except for the half marathon) will take place at the Olympic Complex stadium, 04 kilometers from the Mediterranean Village. The stadium has a capacity of 40,000 seats.

Competition venue	Distance from the Village	Capacity	Municipality
Olympic Complex Stadium	04 Km	40 000 seats	Bir El Djir

8.1 Competition area:

The competition area will consist of one (1) 400m athletics track, with eight (8) turning lanes and ten straight lanes, approved by WA.

8.2 Warm-up area:

Attached to the competition site, athletes will have an athletics stadium for warm-up.

8.3 Changing rooms:

The athletes will have at their disposal male and female changing rooms equipped with showers and toilets.

8.4 Rest room for athletes:

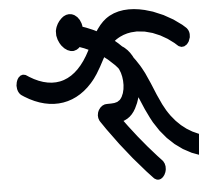
Athletes will have a rest room with water, energy drinks and fruits.

8.5. Press Tribune:

The accredited media will have at their disposal a tribune and a working room.

8.6 Sports equipment:

All sports equipment and technical equipment used during Athletics competitions and training must comply with the standards established in the WA regulations, in force on **January 1, 2022**, except for specific exceptions authorized by the ICMG.



9. Training:

9.1 Training venues:

Athletics training for the XIX Mediterranean Games Oran 2022 will take place at:

Training venues	Distances from the Village	Municipalities	Observations
Olympic Complex stadium	04 Km	Bir El Djir	Competition Stadium
Athletics Stadium Complex Chenior Sidi Larbi Les Castors « Oran »	15,3 Km	Oran	Training Stadium
Athletics Stadium of the Olympic Complex	04 Km	Bir El Djir	Warm-up Stadium
Urban Circuit	////////////////////		

The Athletics Track at the Olympic Complex Stadium will be made available to athletes during the competition. The schedules will be established in order to guarantee its good use as well as the safety of the athletes.

Training venues

Two training groups will be determined: throws; track and jumps.

The specific training schedules will be developed for each group and will be available at the TIC of Athletics at the Olympic Complex Stadium and at the SIC of the Mediterranean Village.

9.1.1 Training calendar and schedule:

Athletes will have the following venues at their disposal, according to the times indicated below:

Dates	Venues	Hours
From 28.06.2022 to 30.06.2022	Olympic Complex Stadium	From 9 a.m. to 7 p.m.
From 26.06.2022	Athletics Stadium Chenior Sidi Larbi Les Castors Complex « Oran »	From 8 a.m.
	Athletics Stadium of the Olympic Complex	From 8 a.m.
	Urban Circuit	////////////////////

9.2 Services in training venues:

9.2.1 Changing Rooms:

The athletes will have at their disposal male and female changing rooms equipped with showers and toilets.

9.2.2 Rest room for athletes:

In the training venues, athletes will have a rest room with water, energy drinks and fruits.

9.3 Media during training:

The training sessions will be open to the media but not to the public. The competition director will be the person empowered to modify this standard whenever necessary.

9.4 Procedure for assignments of training sessions:

The NOCs will receive the program of the training sessions **at the latest Ten (10) Days** before the DRM.

They will need to confirm that they will use the sessions assigned to them during the DRM.

9.4.1 Pre-competition:

In general, the competition management will make available to the athletes, for a daily training session, the venues designated for this purpose, **Three (3) days before** the start of the competition, that is to say, **June 28, 29 and 30, 2022.**

If they have requested them during the DRM, following the established procedure, the delegations may use the venues for training five (5) days before the start of the competition, that is to say, from **Sunday June 26, 2022. Depending on the availability of infrastructure and in accordance with the criteria mentioned in the Manual of Heads of Mission.**

The training sessions will have a maximum duration of 1 hour 30 minutes (1h30).

9.4.2 During the competition:

At the technical meeting on Thursday, **June 30, 2022**, the Organizing Committee will present the training program for the competition phase. During the technical meeting, each NOC will then be able to present its specific training needs, which will be assessed for inclusion in the training program for the competition phase.

10. Participation:

All member NOCs of the ICMG, of which the National Athletics Federation is a member of the WA, will be able to participate in the Athletics competition of the XIX Mediterranean Games Oran 2022.



Athletes who will participate in the competitions must have the nationality of the country they represent and respect the conditions and regulations of the ICMG and the WA.

Each NOC may participate in the individual events of the Athletics competition with a maximum of two (2) male athletes and two (2) female athletes, except for the half marathon.

For the half-marathon, each NOC may participate with three (3) male athletes and three (3) female athletes.

For relays, each NOC may participate with a relay team each composed of a maximum of Eight (8) athletes. Once the starting team of four (4) athletes has been confirmed, the two (2) additional athletes will be considered as reserves.

The precise composition of each titular team and the order of athletes for the relay must be communicated to call room 1, one (1) hour maximum before arriving in said room.

New WA rule: Four (04) Athletes may be used as replacements.

11. Entries:

11.1 General Principles:

The XIX Mediterranean Games Oran 2022 is open to all athletes from NOCs of Mediterranean member countries of the ICMG, according to the standards of the ICMG Charter and the IOC.

All athletes participating in the Games must be citizens of the country they represent, in accordance with the IOC rules.

Prior to the Games, all participating athletes must complete and sign the "consent form" as defined by the World Anti-Doping Agency.

11.2 Procedures:

The delegation registration process is linked to the general accreditation system.

The registration system set up by the OCMG Oran 2022 consists of an online computer application, accessible through the official Games website: www.oran2022.dz

Each delegation will have a user name and a password of their own which will allow them to access the online application in Three Languages: English, Arabic and French.

The online application will allow to print a list of sports entries which, once signed, must be sent, before the deadlines indicated hereafter, to the OCMG Oran 2022: sportsinscription@oran2022.com

11.2.1 Entries by number:

The list of entries with the number of participants per sport and per event must be submitted, through the online application, before **23:59 (Algerian time), on Friday March 18, 2022.**

11.2.2 Preliminary entries by name (Long list):

The list of preliminary entries of participants by name, by sport and by event must be submitted, through the online application, before **23:59 (Algerian time) on Friday, April 01, 2022.**

11.2.3 Final entries by name (Short list):

The NOCs of all participating countries must send to the OCMG Oran 2022, no later than **Thursday May 26, 2022 23:59 (Algerian time)**, the form of the nominative and final entries of their participants, through the online application.

11.3 Confirmation of entries:

Confirmation of entries will take place during the DRM and any subsequent eligible changes will be presented to the SIC and confirmed, at the latest, during the technical meeting.

The specific forms for the confirmation of entries will be given to the head of mission of each NOC.

12. Technical meeting:

The technical meeting will take place on **Thursday, June 30, 2022, at 10:00 a.m.** at the Olympic Complex Stadium.

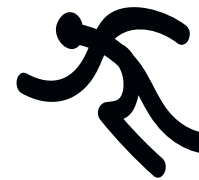
The meeting will be conducted in accordance with WA rules, under the direction of the WA Technical Delegate. The following people should be present at this meeting:

- WA Technical Delegate,
- A member of the ICMG Technical Commission,
- Team leaders (one per country),
- Coaches (one per team),
- Team doctors (one per team),
- The Director of the Athletics competition of the OCMG Oran 2022.

13. Health services:

13.1 Health services available in the Village and at the competition venues:

During the XIX Mediterranean Games Oran 2022, health assistance will be available for any athlete or accredited official who needs it, both in the Mediterranean Village and at all competition venues.



13.1.1 In the Mediterranean Village:

The Mediterranean Village Polyclinic will provide residents with the following health services:

- Sports medicine,
- Physiotherapy,
- First aid,
- 24 hour emergency services.

Ambulance teams will serve as a link between the polyclinic and the main hospitals, in the event that additional care is required.

13.1.2 On the competition venue:

During the course of the events, the competition venue will have the following services available to the athletes:

- Medical services,
- Medical transport service.

Coolers filled with ice cubes will be made available to delegations in all sports venues.

13.2 Doping control:

Anti-doping controls will be carried out during competition or out of competition, under the responsibility of the ICMG Medical and Anti-Doping Commission and with the collaboration of the anti-doping services of the OCMG Oran 2022, in accordance with the rules of the ICMG, the WA and the World Anti-Doping Code.

Each participant subject to a control will receive a written notification of the moment from which the procedure to collect the control sample will begin, and this, within the times and in the manner established by law.

The athlete who refuses to undergo a doping control procedure, or who has a positive analysis of his / her sample, will be excluded from the competition and he / she will be sanctioned (as well as his / her co- team members for relay events) in accordance with the rules of the ICMG and the WA

14. Judges - referees:

14.1 Jury of Appeal:

In accordance with the technical regulations of each event included in the program of the XIX Mediterranean Games Oran 2022, an Jury of Appeal will be set up to resolve the complaints.

If the WA Technical Delegate does not chair the appeal jury, WA will appoint, through him, the President of the jury which will be composed according to the regulations in force.

As a general rule, and except as otherwise provided in the WA, the Jury of Appeal will be composed of one (1) President and two (2) members chosen from the list of six (6) qualified representatives of the participating countries.

The list of members of the Jury of Appeal will be communicated by the Technical Delegate during the technical meeting.

When processing a complaint, the members of the Jury of Appeal who are nationals of the countries concerned will be replaced by another member chosen by the Technical Delegate.

14.2 Officials:

The FAA will appoint all officials for the Athletics competition of the XIX Mediterranean Games Oran 2022.

15.Claims:

All claims will have to comply with WA procedures. Claims must be submitted, by the NOC in question, in a written form, in Arabic, French or English, within the required time limits, accompanied by a deposit in cash, as fixed by the WA regulations.

All claims will be presented to the TIC of Athletics who will in turn forward them to the secretariat of the Jury of Appeal, as well as to the Technical Commission of the ICMG.

If a claim is successful, the deposit will be refunded, but not otherwise.

16. Sports clothing:

Participants in the Athletics competition of the XIX Mediterranean Games Oran 2022 must wear sports clothing in accordance with WA and ICMG regulations.

No advertising marks are permitted on sportswear, accessories or, as a general rule, on any part of the clothing or equipment worn or used by athletes. Only the name of the manufacturer of the corresponding garment or equipment will be allowed, provided that it does not appear exaggeratedly for advertising purposes, in accordance with the rules defined by the ICMG and WA.

The official Medal Ceremony will be subject to the same regulations in terms of sports attire and advertising. Athletes will have to stand on the podium with the official clothing of their NOC.

16.1 Bibs:

The FAA through the OCMG Oran 2022 will distribute, during the technical meeting, five (5) bibs per athlete taking part in the Athletics competition. The team managers will therefore receive: two (2) bibs for the competition t-shirt; two (2) bibs for the tracksuit and one (1) bib for the bag. These bibs must not be cut, folded or covered in any way.

All athletes must wear their bibs on their chest and back, except for jumping events, where they may only wear one (front or back).

All athletes participating in the running events will receive two (2) additional adhesive bibs which they must wear on each side of their shorts or thighs.



17. Medal ceremonies:

Medal ceremonies will take place at the end of each competition and according to the established schedule.

17.1 Medals and diplomas:

The following prizes will be awarded, in accordance with the ICMG regulations:

17.1.1 First place:

Gold medal and diploma to the athlete ranked first in each event.

17.1.2 Second place:

Silver medal and diploma to the athlete placed second in each event.

17.1.3 Third place:

Bronze medal and diploma to the athlete placed third in each event.

17.1.4 Fourth to eighth place:

Diploma to athletes ranked fourth through eighth in each event.

17.2 Medals and diplomas for the relays:

The following prizes will be awarded, in accordance with the ICMG regulations:

17.2.1 First place:

Gold medal and diploma for each member of the team ranked first.

17.2.2 Second place:

Silver medal and diploma for each member of the team ranked second.

17.2.3 Third place:

Bronze medal and diploma for each member of the team placed third.

17.2.4 From fourth to eighth place:

Diploma to the members of each team ranked from fourth to eighth place.

18. Calendar and schedule:

The Athletics competition will take place from **Friday 1st to Monday 04 July 2022**
According to the following schedules:

Friday July 1, 2022**➤ Afternoon**

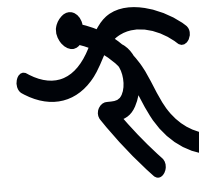
Hours	Events	Gender	Nature
5 p.m.	100m Hurdles	Women	1 st Round
5:20 p.m.	110m Hurdles	Men	1 st Round
5:30 p.m.	Pole vault	Women	Final
5:40 p.m.	100m	Women	1 st Round
6 p.m.	100m	Men	1 st Round
6:10 p.m.	Long jump	Men	Final
6:20 p.m.	800m	Women	1 st Round
6:40 p.m.	800m	Men	1 st Round
7 p.m.	4 X 100	Women	1 st Round
7:20 p.m.	4 X 100	Men	1 st Round
7:40 p.m.	5000m	Women	Final
7:55 p.m.	100m	Women	Final
8:05 p.m.	100m	Men	Final

Saturday July 2, 2022**➤ Afternoon**

Hours	Events	Gender	Nature
5:30 p.m.	400m	Women	1 st Round
5:50 p.m.	400m	Men	1 st Round
6 p.m.	Discus	Men	Final
6:10 p.m.	100m Hurdles	Women	Final
6:30 p.m.	110m Hurdles	Men	Final
6:35 p.m.	Long Jump	Women	Final
6:45 p.m.	800m	Women	Final
7 p.m.	800m	Men	Final
7:15 p.m.	400m	Women	Final
7:30 p.m.	400m	Men	Final
7:45 p.m.	4 X 100	Women	Final
8 p.m.	4 X 100	Men	Final

Sunday July 3, 2020**➤ Morning**

Hours	Events	Gender	Nature
8:30 a.m.	Half Marathon	Women + Men	Final



➤ **Afternoon**

Hours	Events	Gender	Nature
5 p.m.	400m Hurdles	Women	1 st Round
5:20 p.m.	400m Hurdles	Men	1 st Round
5:30 p.m.	High Jump	Men	Final
5:40 p.m.	200m	Women	1 st Round
6 p.m.	200m	Men	1 st Round
6:20 p.m.	1500m	Women	1 st Round
6:30 p.m.	Shot put	Men	Final
6:40 p.m.	1500m	Men	1 st Round
7 p.m.	4 X 400	Women	1 st Round
7:20 p.m.	4 X 400	Men	1 st Round
7:40 p.m.	3000m Steeplechase	Women	Final
7:55 p.m.	5000m	Men	Final

Monday July 4, 2022

➤ **Afternoon Height**

Hours	Events	Gender	Nature
05:00 p.m.	Hammer	Women	Final
5:30 p.m.	200m	Women	Final
5:45 p.m.	200m	Men	Final
5:50 p.m.	Pole Vault	Men	Final
6 p.m.	3000m Steeplechase	Men	Final
6:05 p.m.	Triple Jump	Men	Final
6:10 p.m.	Discus	Women	Final
6:15 p.m.	400m Hurdles	Women	Final
6:30 p.m.	400m Hurdles	Men	Final
6:45 p.m.	1500m	Women	Final
7 p.m.	1500m	Men	Final
7:15 p.m.	4 X 400	Women	Final
7:30 p.m.	4 X 400	Men	Final

(Times are provisional and may change depending on the final number of entries).
The organizers, for justified reasons, will have the right to modify the competition schedules, with the agreement of the Technical Delegate.
Each team or athlete concerned would then be informed at least twenty-four (24) hours in advance.

19. Technical offices:

Two offices will provide information specific to the Athletics competition:

- TIC of athletics, located at the competition site,
- SIC of the Mediterranean Village.

These offices will provide information on competition schedules, training sessions, transport, participant lists and results.

20. Approval of regulations:

In the event of disagreement on the interpretation of the text of this manual with any other related version, the French text shall prevail.
This Technical Manual was approved by the ICMG on June 28, 2021.



COJM Oran
Comité d'Organisation
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